Emotional and Social Intelligence Elements

Based on Primal Leadership p. 29 - 31



Self Management
Self Control
Self Awareness
Self Awareness

Awareness of own emotions and accurate self-assessment of strengths, weaknesses and blindside

Competence in these areas builds a capacity for the tasks of:

- 1. Generating excitement, optimism and passion for the work
- 2. Cultivating a atmosphere of cooperation and trust