THE RENEWAL - APOSTOLATE CYCLE
As Related to Eucharistic Spirituality

The Renewal - Apostolate Cycle is a way of describing a central dynamic of Christian life. The primary task and central process of a congregation can be seen as enabling people in a faithful and effective movement between renewal and apostolate.

RENEWAL
- Renewal in baptismal identity and purpose
  - In worship, study, and being equipped for Christian action

APOSTOLATE
- Participation in the work of Christ in, evangelization, service and stewardship
  - In areas of:
    - Workplace
    - Family
    - Civic Life
    - Church

A Cycle
The cycle is between a conscious and intentional attention to God and Christian formation and a subconscious reliance upon God as members of the Body of Christ, in the workplace, family, civic life and congregational life.

In that Cycle:
- We Need:
- Which is Helped By:
  - To accept our dependence on God
    - Openness to spiritual guidance
  - To accept responsibility for ordering our spiritual life
    - Establishing a rule of life
  - To accept our interdependence with others in the Church
    - Life in Christian community, a congregation

What we bring to the Eucharist

Our Weekday Prayer Life
The extent to which we have participated in offering:
- the daily prayer of the church (some form of the Daily Office) and/or
- our personal devotions (e.g., contemplation, intercession, adoration, etc.)
The particular type of personal devotions we make use of is properly related to our personality and calling

Our Daily Life
Our work, friends & family, civic involvements and political passions, our work in the church; all of the joy and pain that comes with those involvements

It is important to note that:
1. There is something organic about this cycle in relation to the Eucharist. By just showing up at the Eucharist, we bring ourselves – our daily life, our prayer life, etc. Even in those times of a weary, half-hearted participation, God may act. Our being present is our offering and God may use that toward our transformation.
2. If we seek a more powerful experience of Eucharistic prayer – we can be more intentional in our weekday prayer life and we can, at the Offertory, offer a specific intention that rises out of our daily life.

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