

Overview

A. This weekend retreat/workshop

1. Individual Spiritual Life - Tonight
- Sat morning
- Sunday morning
2. Parish - common spiritual life

B. Follow through

- Michelle + Bob with + thru Liz
- Liz with others in parish

C. Weekend Two

D. Follow Through

Inquiring + discerning heart

Courage to will + to persevere

Spirit to know + love you

Gift of joy + wonder—

Renewal - Apostolate Cycle

BOTH AND

RENEWAL

APOSTOLATE

Worship,
Formation,
participation
in the parish's
social life

family, work,
volunteer,
civic life
church
mostly sub-
conscious

conscious &
intentional

HE

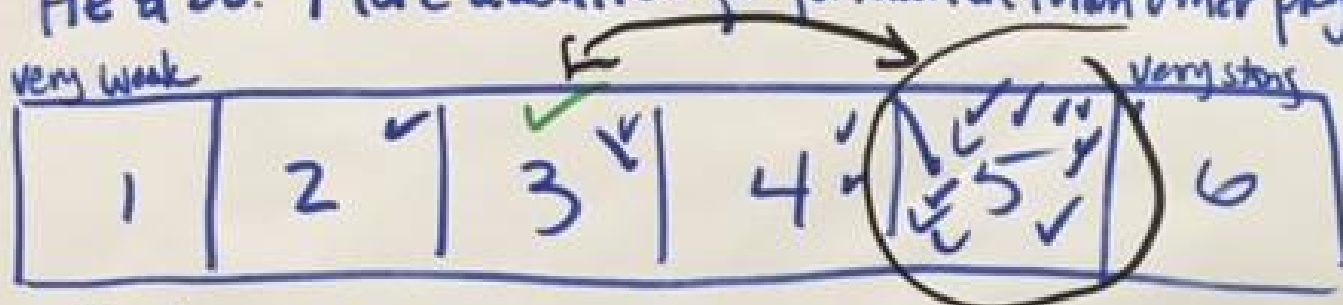
PO
Office

PO
Reflection

R-A Cycle - Parish Assessment

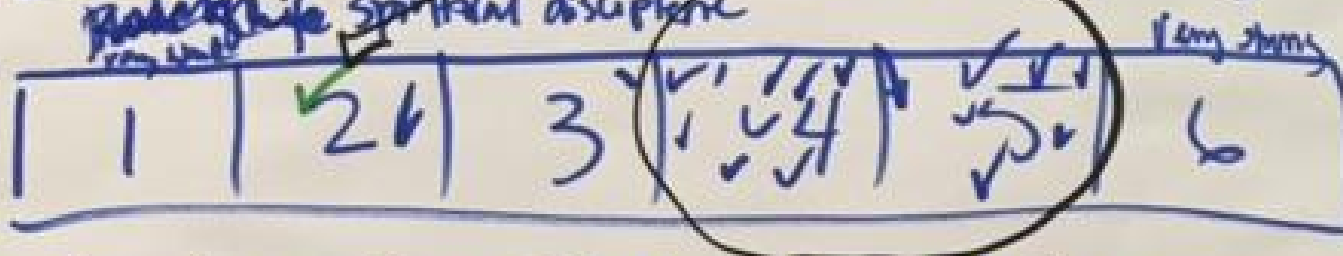
1. Need to accept our dependence on God.

Helped by: Emphasis on worship; nothing before HE & DO. More attention for formation than other programs



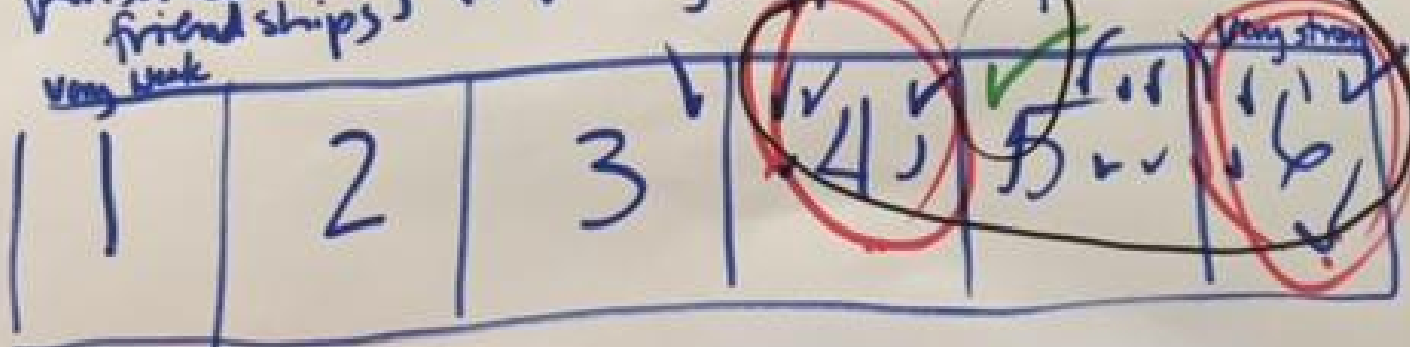
2. Need to accept responsibility for ordering our spiritual life.

Helped by: offering guidance in creating, experimenting, renewing ~~spiritual~~ spiritual discipline

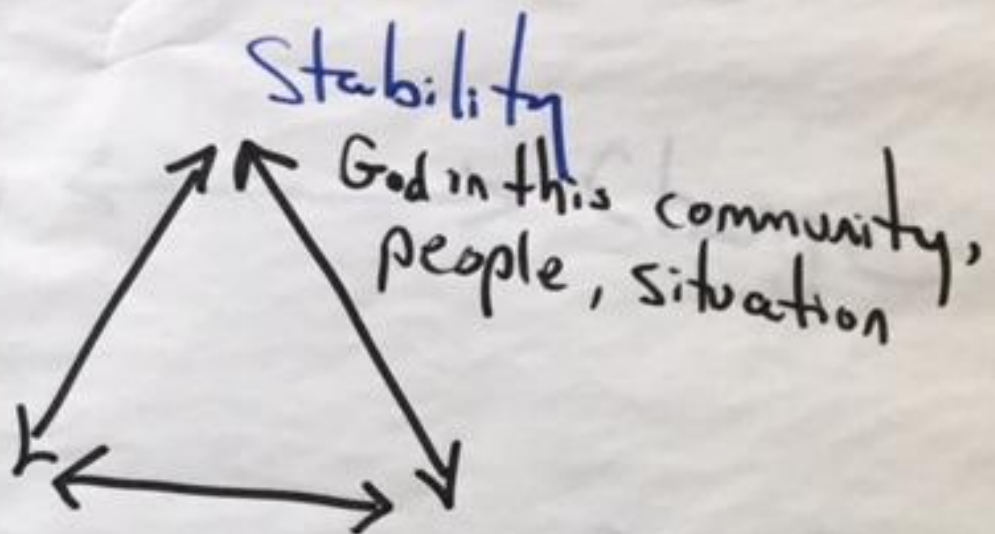


3. Need to accept our interdependence w/ others

Helped by: Being healthy & faithful; helping people relate to parish community appropriately; opportunities for social life & friendships



The Benedictine Promise



Conversion
of Life

God in the new
community, these
new people, this
new situation

Obedience

Listening + responding

Standard issue in life - for
individuals, families + organizations

Stability \longleftrightarrow Change

Maintaining
integrity +
identity

\longleftrightarrow Adequate
adaption to
survive + have
meaning in current
world

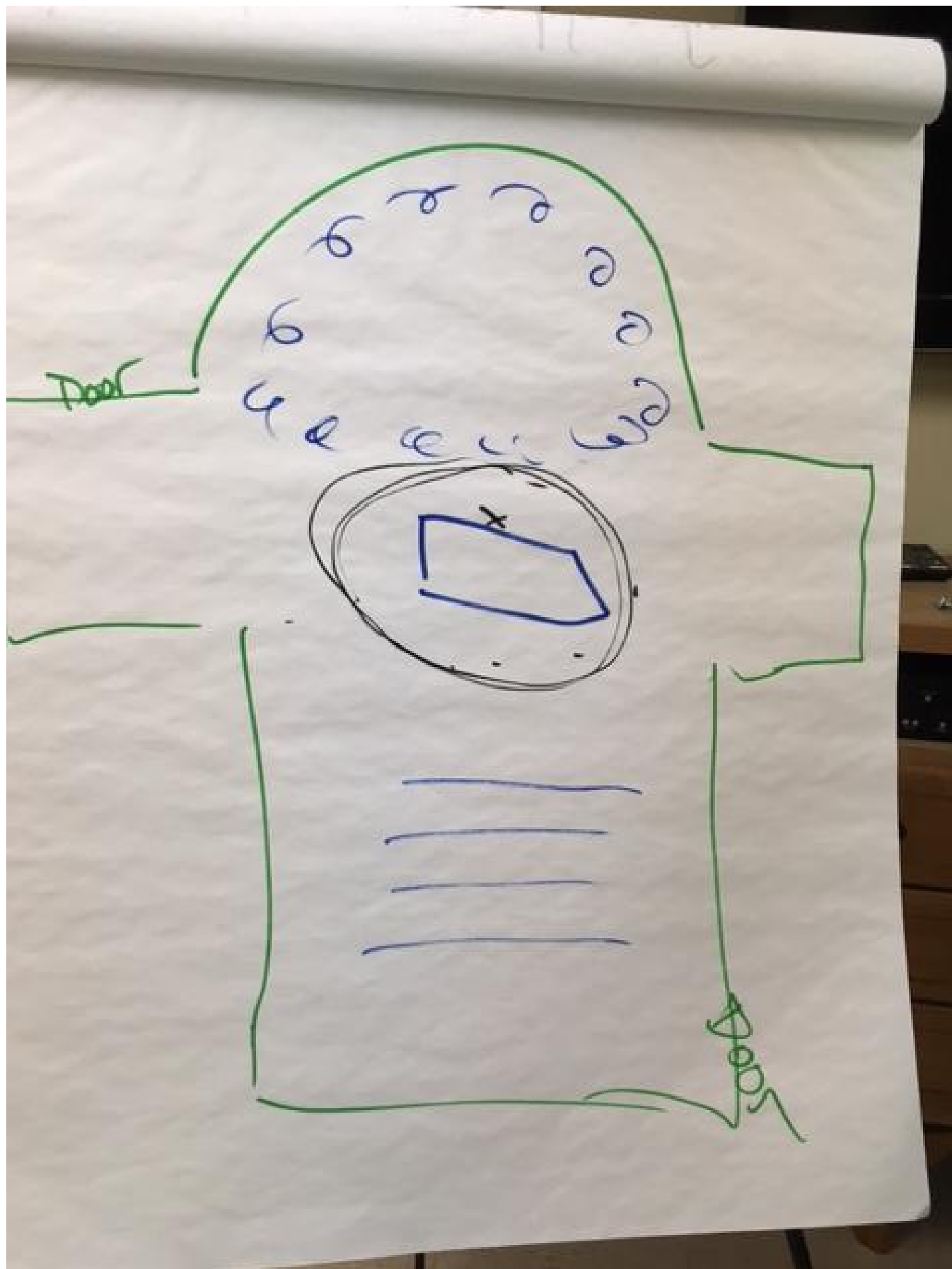
St Andrew's

8 AM Eucharistic Community

- older, long term, in pews
- Rite One

9:30 AM Eucharistic Community

- Rite Two modified
- younger Black/white
Gay/Straight
Very liberal → moderate
conservative
- In circle
- Shared homily (think Quakers)
- Silence + Stillness
- Communal dance



Fishbowl - 1-14-17 afternoon

①

What are you hearing?
What might that suggest?

- Q about interest in learning about DD - noticed people aren't signing up.
- Different ways of doing it
- Different way of sign-up - clip board is the tradition in parish
- Type of interaction at retreat doesn't happen @ coffee hour. Learned more/deeper connection at retreat.
- Formation may not need to happen on Sunday - may need more time. Existing group may continue to attend Sunday forum.
- Need to consider space & child care needs
- Themes this weekend were same as cottage meetings
 - wanting to build community, have the stability, sense of isolation as Episcopalians - helpful to hear from others

- Fishbowl (Pg 2)
- Cottage meeting themes - children, space, isolation geographically and as Episcopalian
 - ~~Impact of~~ Liz is unique as female church leader

Leader comments:

Healthy congregation that needs to go deeper

More understanding/ ease with being in Episcopal skin

Things that would have big impact:

Depth - Daily Office - teach individual use, consider expanding public office

Don't prioritize your schedule; Schedule your priorities.

Formation of adults - deepening & going further
Measure is whether people come to more in-depth offerings, not whether they're offered

More clarity & strength about

Go with strength - Sunday Eucharist & coffee hour, avoid other activities on Sunday morning

Foundations course Series

Manage energy competing priorities keeping primary text central

Overall Parish Assessment - Benedictine Promise

Developing a parish culture marked by:

STABILITY

1	2	3	4	5	6
---	---	---	---	---	---

OBEDIENCE

1	2	3	4	5	6
---	---	---	---	---	---

CONVERSION OF LIFE

1	2	3	4	5	6
---	---	---	---	---	---

Prayer Book Spirituality

<https://gregorians.org/office>

Eucharist

- 1 - Experiment
- 2 - Congruence
- 3 - Pattern/Rule
not rules

4 - Fault vs Sin

Reflection

- Thinking about experience
- Practices of silence
- Lectio practice

Personal Devotions

Intercession
Meditation
Etc

Daily
Office

[Daily Prayer
of the Church]

Psalm
Reading
The Prayers