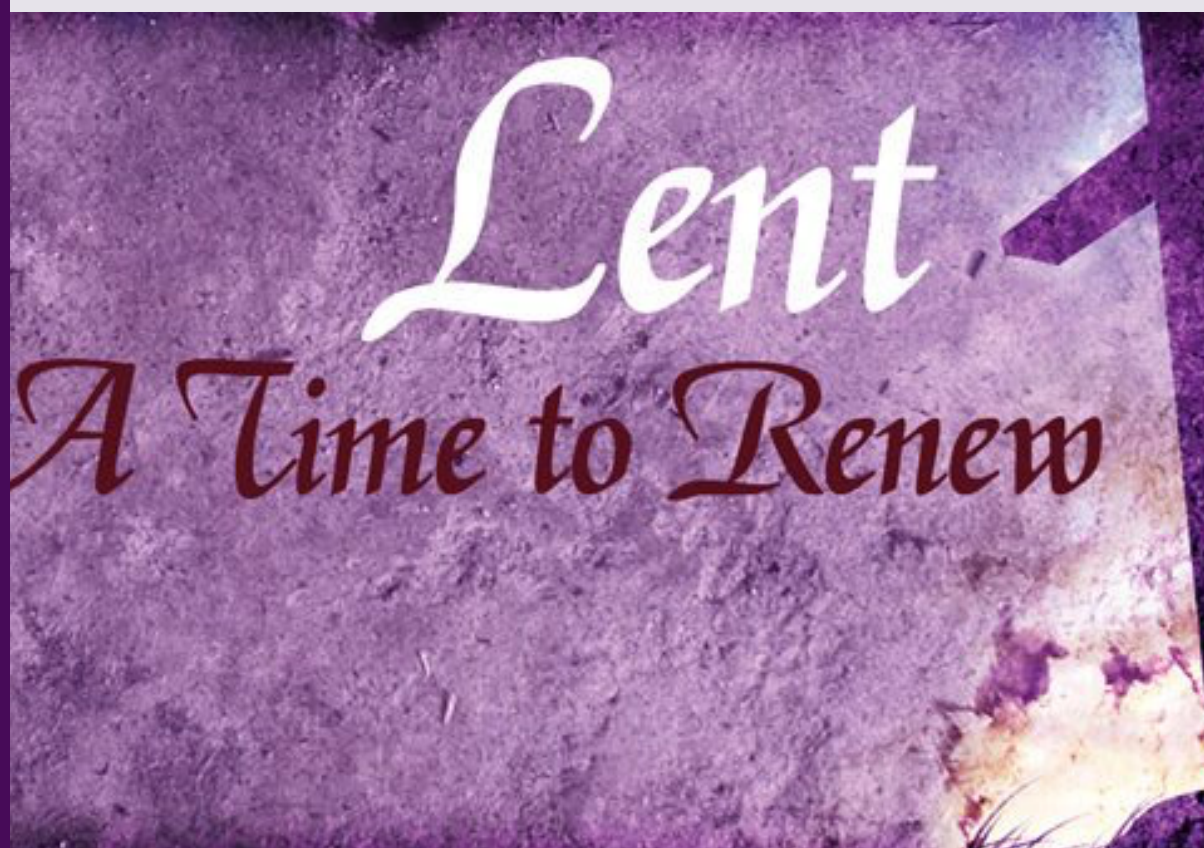


saint columba's episcopal church

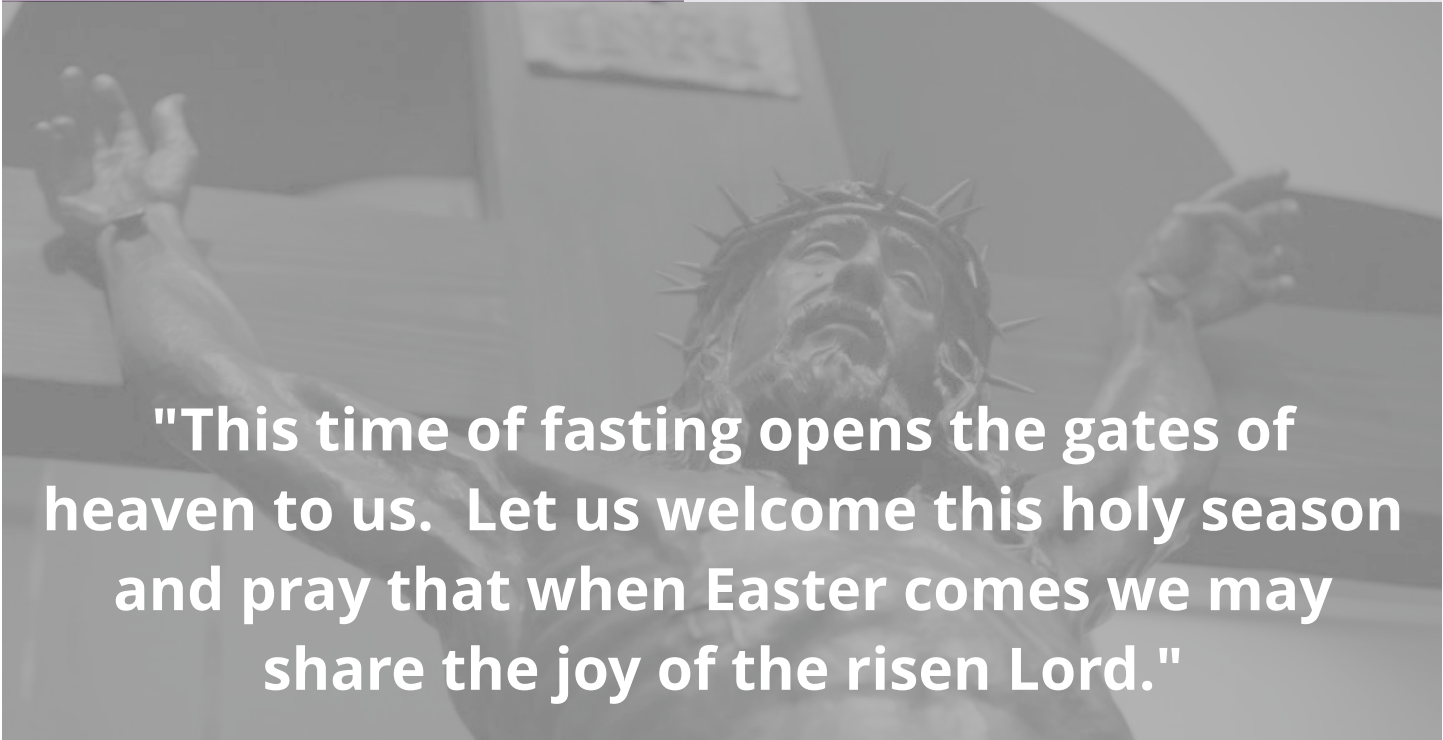
A Forty-Day Journey In Faith



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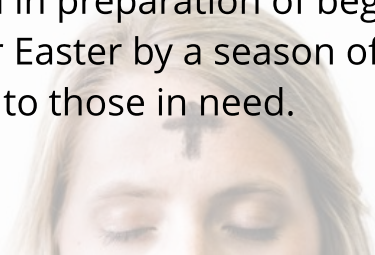
What Is Lent?



"This time of fasting opens the gates of heaven to us. Let us welcome this holy season and pray that when Easter comes we may share the joy of the risen Lord."

Lent is a season of prayer and penitence when Christ wants to lead us back to our baptismal promises of dying to sin and living for God. Lent begins on Ash Wednesday and continues until the afternoon on Maundy Thursday. It runs for 40 days, excluding Sundays and the feast day of St. Joseph (March 19) and the feast of the Annunciation (March 25).

WHY IS LENT 40-DAYS? The 40-day period is reflective of both the 40-year exodus when Moses led the people out of Egypt and the 40-days Jesus spent in the wilderness after his baptism in preparation of beginning his ministry. So we spend 40 days preparing for Easter by a season of penitence, prayer, fasting, and almsgiving and service to those in need.



Opportunities For Prayer, Study & Fellowship This Lent

WORSHIP

Sundays

8.30 a - Rite I Mass
10.30 a - Choral Mass

Wednesdays

6.45 p - Stations of the Cross
8.00 p - Candlelight Compline

Thursdays

12.00 n - Rosary

PRAYER & STUDY

Sundays

9.30 a - The Anglican Way
9.30 a - Lectio Divina
5.00 p - Meeting Jesus in the Gospel
of St John
7.00 p - Book Discussion: Crazy
Christians by Bishop
Michael Curry

Wednesdays

7.15 p - Station to Station:
Contemplative Journey
In the Passion of Jesus

Thursdays

12.30 p - Bible Study: The Prophets
of the Old Testament

+

*A full description of each of these
offerings can be found on the
next two pages.*

FELLOWSHIP

Sundays

► 3rd Sunday Breakfast

The Knights of Columba, our men's ministry, provide a delicious parish breakfast on the 3rd Sunday of the month from 8:30-10:30 am.

► Coffee Hour

Every Sunday after each Mass coffee, doughnuts, hot tea is provided at the Coffee Bar in the Narthex.

► Sunday Dinner

At 6pm, tasty supper is offered for those participating in the Sunday evening small groups. Dinner between the two groups allows for some great fellowship. This meal is served in Cottage #302a where the groups meet.

Wednesdays

► Lenten Supper

From 6:00-6:45pm each Wednesday in Lent, a hearty meatless soup and robust salad is served "drop-in" style. This gives those coming for the Lenten program a great night out of the kitchen and time to relax a bit after the evening commute.

Thursdays

► English High Tea

Each Thursday from 1:30-2:30 pm, we host an English High Tea that follows Bible Study. Delicious tea sandwiches, a pot of Earl Grey, and delightful conversation round out a great week at St. Columba's.



GROWING IN FAITH THIS LENT

STATIONS OF THE CROSS

WEDNESDAYS, 6:45PM

One of the principal liturgies associated with Lent is walking the Stations of the Cross. Stations marks 14 moments of Jesus' Passion: beginning with his being condemned to death by Pilate and being forced to carry the cross to Golgotha; pausing for him to encounter his Mother and the beloved disciple, Simon of Cyrene who was ordered to help Jesus carry the cross, the women of Jerusalem, and Veronica, a young girl who steps up to wipe the sweat and blood from Jesus' face; and ending with the description of the reactions of the Centurion and Joseph of Arimathea after Jesus' death. This "Way of Sorrows" helps us grasp in a very real way the depth of God's love for us and the cost of human suffering in our own day and time. This year we will have two different liturgies for Stations: the first being the traditional format inside and the second utilizing a more contemplative liturgy at the outdoor stations of the cross.

STATION TO STATION: A JOURNEY IN THE PASSION OF JESUS

WEDNESDAYS, 7:15 PM

After Stations, we will have the opportunity to reflect and discuss the ways in which each station can be a pathway for a spiritual awakening and renewal for Christians each Lent. We will explore questions like "Why does God allow suffering?" or "Why am I suffering?" as well as how we are each called to respond to suffering we see in the world around us. We will be challenged to use our imagination in

our Lenten prayers to grow closer to God and to hear God speaking in answer to our prayers and personal struggles.

LECTIO DIVINA

SUNDAYS, 9:30 AM (COTTAGE 302)

Each Sunday morning in Cottage #302, we will have the opportunity to enter into the ancient spiritual practice of Lection Divina, or a contemplative reflecting on the Sunday morning Gospel reading. The goal is to hear and see with our heart and mind Christ speaking to us from the Gospel text. This will be a great opportunity to grow this Lent, in addition to our ongoing Rector's forum (The Anglican Way).

THE ANGLICAN WAY

SUNDAYS, 9:30 AM (NARTHEX)

The Rector's forum continues to explore the gifts of our Episcopal (Anglican) faith and heritage. We will continue our discussion of how we read Scripture through the lens of our liturgy and community of prayer, how our way of sacramental worship reveals the depth of mystery and love of God's abiding presence in the world today, and how our call to be a living witness to Jesus resurrection can renew the face of the earth. This class also serves as the instruction for those preparing to be confirmed or received into the Episcopal Church during Bishop Wright's visit to St. Columba's this spring.



SUNDAY SMALL GROUPS: MEETING JESUS IN THE GOSPEL OF JOHN & CRAZY CHRISTIAN BOOK STUDY

SUNDAY EVENINGS, 5PM & 7PM

Two small group gatherings each Sunday will allow for fellowship, study, and prayer to all come together in a delightful way. The first group that meets will read together the Gospel of St. John and discover how this text's rich images and teaching about discipleship can help us live out the faith Jesus calls us to - loving one another the way God loves us all. The second group will read the wonderful book written by Bishop Michael Curry, [Crazy Christians](#). Bishop Curry opens up the parables and teachings of Jesus in a way that inspires us to "join the Jesus movement" and spread the message of love and hope.

THE PROPHETS OF THE OLD TESTAMENT

THURSDAYS, 12:30 PM

During Lent, our Thursday afternoon Bible study will be exploring the writings of the twelve "minor prophets" of Israel (the books that make up the latter part of the Old Testament (Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, and Malachi. The prophets message can be summed up in the famous line found in the book of Amos, "*Let justice roll down like waters, and righteousness like an ever-flowing stream,*" and the great line from Micah 6:8, "He has told you what is good and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God." These words from the prophets are the perfect focus for us all during this holy season of Lent.





HOLY WEEK & THE SACRED TRIDUUM

The Week We Call Holy

April 14-21, 2019

Lent concludes our pilgrim journey with some of the most moving and profound liturgies the Church possesses. The Sunday of the Passion (Palm Sunday) we hear how the people's cheering for Jesus enters Jerusalem quickly turns to shouts of anger and betrayal that produce some of the most violent and hate-filled actions ever recorded.

Holy Week leads us through the last week of Jesus' public ministry and placing us firmly on the steps of the *Sacra Triduum* (Latin for holy three days): Maundy Thursday, Good Friday, and Easter.

Please plan to be part of as much of this holy week as you can, especially Maundy Thursday, Good Friday, and Easter.

Maundy Thursday gives us a unique opportunity to stay and pray in the church all night at the Altar of Repose (9pm Thursday through 12n on Good Friday). Also this year our Lenten journey will end with the service of Compline and Benediction of the Blessed Sacrament - a bridge of sorts between the events of Jesus commandment of love and the gift of the Eucharist to His Church

HOLY WEEK SCHEDULE

Palm Sunday: April 14

8:30 am - Blessing & Distribution of Palms
& Rite I Mass

9:30 am - Sunday School (all ages)

10:30 am - Blessing & Distribution of Palms
& Solemn Mass

Monday in Holy Week: April 15

7:00 pm - Low Mass (Chapel)

Tuesday in Holy Week: April 16

7:00 pm - Low Mass (Chapel)

Wednesday in Holy Week: April 17

7:00 pm - Sung Compline & Benediction of
the Blessed Sacrament

Maundy Thursday: April 18

7:00 pm - Solemn Mass, Footwashing,
& Stripping of the Altar

9:00 pm - All Night Vigil Begins (Chapel)

Good Friday: April 19

12:00 n - Good Friday Liturgy, Veneration of the
Cross, & Mass of the Presanctified

Holy Saturday: April 20

8:30 pm - The Great Vigil & 1st Mass of Easter

Easter Sunday: April 21

7:45 am - Rite I Mass

9:00 am - Festival Eucharist

10:15 am - Easter Egg Hunt

11:15 am - Festival Eucharist

DAILY IN LENT



Lenten Calendar & Mite Box

Adopting a daily routine of prayer combined with reading a short lesson from Scripture and applying those to the other disciplines of Lent can make this season fruitful. Sally Ulrey, our Director of Christian Formation & Youth Ministry, has developed a phenomenal tool that can help us get the most out of Lent.

The Lenten Calendar Sally created focuses the five "disciplines" of Lent (prayer, Scripture reading, serving in the Name of Christ, fasting, and alms-giving) and will open up Lent's meaning in new and refreshing ways.

Mite Boxes should be returned at the Easter Vigil, Easter Sunday Masses, or the Sunday following Easter. These donations will be sent to Episcopal Relief & Development, a ministry of the Episcopal Church that assists people locally and around the world after natural disasters, epidemic outbreaks, and other calamities.

Read more about the mission of Episcopal Relief & Development online at **www.episcopalrelief.org**

OUR PARISH MISSION

*To be a holy place where love is found, where all are named,
and where hearts are freed to change the world.*



ST COLUMBA'S CHURCH
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SUWANEE, GA 30024

AN ANGLO-CATHOLIC PARISH OF THE EPISCOPAL DIOCESE OF ATLANTA