

# Free Motion Quilting with a Starter Scrap

## Jenny Bowker



This class bridges the gap between scribbling on cheap cream fabric and starting free motion quilting on a precious quilt. It uses ideas from an existing fabric to develop quilting patterns which compliment your quilt. It is fun, and simple. You will also learn some easy quilting patterns to use as filler stitching between your main designs.

### All fabric sizes are cut sizes

One 8 1/2 inch by 6 1/2 inch scraps of strongly printed fabric with a large and slightly untidy print - leaves and flowers or geometrics are easiest, and Kaffe Fasset's style of fabric prints are always good, but not essential. Look for something with nice clear overlapping shapes and outlines. Main shapes should be at **least** 5 – 8 centimetres across. Do not cut your pieces so that major elements are nicely centered – they are best if only 2/3 to 1/3 is on the piece.



**In a light color to tone with your fabric - a plain, hand dye, or tone on tone cut:**

2 pieces 2 ½ x 6 ½ inches

2 pieces 2 ½ inches x 12 ½ inches

**In quilters' muslin or cream fabric cut:**

1 piece 12 ½ x 6 ½ inches

2 pieces 8 ½ inches x 16 1/2 inches

1 piece 20 ½ inches x 28 ½ inches

In class we will make these up as a small 'quilt' to work on, assembling the centre piece as shown and adding the larger cream pieces around it.



One 'back' in quilter's muslin 32 x 38 inches

Low loft batting the same size as the back

#### **Practice quilt Sandwich**

**In Quilter's Muslin** or cream fabric cut two 2 pieces each about 20 inches square in quilter's muslin and piece of low loft batting to match. The shape is not important – this could be left over pieces of roughly the same area.

4 reels of good quality **cotton thread**:

1 strong colour to stitch 'features like the red one my first sample

2 in a softer colour for the rest of the quilting practice.

1 in cream or whatever light colour is your background and practice pieces

**Safety pins** for pinning the quilt. I like them about 1 ¼ inches long.

**Thread snippers, spare bobbins, scissors**

Your usual machine **sewing equipment and accessories**

**Sewing machine** in good condition and manual

¼ inch foot for your machine

**ESSENTIAL for this class: free motion quilting foot for your machine. Please check that you have this item as it is not standard for all machines.**

If you have a Bernina which comes with a BSR bring your BSR, if not bring a #29 foot.

Contact me on [jenny.bowker@gmail.com](mailto:jenny.bowker@gmail.com) if you have questions