

2017 Counselor in Training-CIT Application Packet

Lake Wenatchee YMCA Camp

Tim McElravy, Camp Director
(509) 763-9622 • Fax (509) 763-5200
e-mail tmcelravy@lwycamp.org
web page: www.lwycamp.org

*The mission of the **Wenatchee Valley YMCA** is to strengthen youth, families, and communities by promoting Christian principles and putting them into practice through leadership and programs that build healthy spirit, mind, and body for all.*

Because Character Counts ...

At the Wenatchee Valley YMCA we have believed for over 90 years that character counts. Character development starts at an early age and continues throughout our lives, and the development of character begins with teaching of Christian values. The values we emphasize are those shared by people from almost all cultures, faiths, and belief systems. They are the values of Caring, Honesty, Respect, and Responsibility. We believe that the Lake Wenatchee YMCA Camp offers unique opportunities for the development of character in youth.

The Lake Wenatchee YMCA Camp is located 20 miles west of the Bavarian village of Leavenworth, in Washington State's beautiful Cascade Mountains. The camp owns 26 acres with one half mile of shoreline on Lake Wenatchee. We utilize our natural setting to offer a wide variety of traditional camp activities for our campers. Summer programs include resident camps for elementary and middle school campers and teen leadership programs.

The YMCA Purpose

We are committed to providing a safe environment where children can make new friends, experience diversity in a positive setting and learn more about themselves and their place in God's beautiful world. YMCA Camp programs are challenging, fun, age appropriate, and help campers to grow in Spirit, Mind and Body.

SPIRIT - The YMCA was founded on Christian principles in 1844, and the values of Caring, Honesty, Respect, and Responsibility are stressed in daily chapels, cabin devotions and every other activity at the Lake Wenatchee YMCA Camp. Campers also have the opportunity to participate in the YMCA Rag and Leather program, which gives them the chance to make an individual commitment for personal growth over the next year.

MIND - Initiative activities give campers the opportunity to creatively solve problems and develop teamwork and communication skills. Arts and crafts, songs and skits allow for

creative expression, while nature study and ecology teach respect for creation.

BODY - Camp promotes physical fitness through a variety of activities including swimming, fishing, canoeing/kayaking, archery, and hiking. Large and small group games develop coordination and provide exercise. The low ropes course is physically challenging and increases flexibility.

This emphasis on Christian principles and the development of the whole person is what makes YMCA Camp so special!

The Campers

The Lake Wenatchee YMCA Camp is a facility of the Wenatchee Valley YMCA, which serves the greater Wenatchee area in Central Washington. Our campers range in age from Mini Campers entering first grade to Teen Leadership Campers who will be seniors in high school. The majority of our campers come to camp from the Wenatchee Valley and surrounding communities. We also have campers from all over Washington State and out of state.



... and We Build Character!

What We're Looking For

We are looking for mature young adults who want to learn how to role model healthy living and the YMCA's four character values of Caring, Honesty, Respect, and Responsibility. We expect our CIT's to have a genuine liking for youth and a character that fits our camp values.

Camp is for people who love working with kids and roughing it in the outdoors. The ideal CIT enjoys hiking, camping, cooking over a fire, doesn't mind insects or rodents, feels comfortable working as a part of a team, pitches in wherever needed, can follow rules and policies for the good of the cause, stays positive, and wants a challenging and rewarding summer experience. Camp is an alcohol, tobacco and drug-free living environment.

What to Expect At Camp

CIT's will spend 3 weeks volunteering at Lake Wenatchee YMCA Camp. Each CIT will live in cabins with 5-8 campers, and a Cabin Leader. Throughout each one-week session, CIT's will act as mentors, teachers, and role models for campers with unbelievable opportunities to have a positive impact on campers' lives. During their time at camp, CIT's will be trained as if they were paid Cabin Leaders and will be given the opportunity to shadow a Cabin Leader and possibly lead a cabin of their own under the direction of a senior cabin leader.

The Camp Facilities and Site

Camp is a rustic living environment, with several modern conveniences. Most cabins sleep 8 people and have electric lights. While all cabins have windows and doors, small critters will likely visit from time to time. Showers and restrooms are centrally located in our main lodge with additional Showers and restrooms located in the Outdoor Environmental Education Building. Camp has a somewhat rugged and hilly terrain, with temperatures in the summer ranging from 40 to 95 degrees Fahrenheit.

Our Summer Schedule

This summer there will be two 3 week sessions of the CIT Program. **Our first session will run Sunday July 2 through Friday July 21. The second session of CIT will run Sunday July 23 through August 11, 2017. In addition ALL CIT's will need to attend two one day trainings. These additional one day trainings are held at the Wenatchee Valley YMCA on Wednesday June 21 from 8:30 am to 3:00pm and again on Saturday June 24 at Camp from 9:00am to 6:00pm.** Each week CIT's will be evaluated on their performance for that week and given feedback on strengths and weaknesses. All CIT's volunteer six days each week. Parents of CIT's will need to drop off their teens by 12 noon on Sundays and pick them up by 6 pm on Fridays.

The Next Step

If you are interested in being a CIT at the Lake Wenatchee YMCA Camp, please complete the enclosed application and return it as soon as possible to the address listed below. **Applications to the CIT Program are due by February 1, 2017.** However, positions will remain open until a suitable applicants are found. Once we have received your completed application, we will contact you to arrange an interview, if appropriate. CIT interviews will take place in March and April 2017 and may be conducted in person, over the phone or via Skype. **All applicants will be notified as to their acceptance or not into the CIT Program by May 1, 2017.**

**Return Completed Applications to:
Peggy Thomas · Human Resources Director
Wenatchee Valley YMCA · 217 Orondo Ave · Wenatchee WA 98801
(509) 662-2109 · Fax (509) 662-8532 · peggy@wenymca.org**

Lake Wenatchee YMCA Camp

CIT Supplemental Application

Please use another sheet of paper if you need more room

Name _____

Date _____

Please write a brief biographical sketch, including specialized training in camping, and experience or training in other fields that might have a bearing on the position(s) for which you are applying.

Have you done this CIT program before, and if so when? Are you able to fully commit to being at camp for three weeks this summer?

There are two CIT sessions in 2017. CIT session one runs July 2-21, CIT session two runs July 23-August 11. Which session do you prefer?

We are in the relationship business.... How could you build relationships with campers, staff and parents while at camp?

At our YMCA we have 4 core values that we stress on a daily basis...caring, honesty, respect and responsibility. Tell us how you would demonstrate these values on a day to day basis and how you will teach these values to those you work around and with?

Organized Camp Experience (as an employee or camper)

Position	Camp	Director	Phone	Dates
_____	_____	_____	() ()	_____
_____	_____	_____	() ()	_____
_____	_____	_____	() ()	_____
_____	_____	_____	() ()	_____

Certifications

Place an "X" next to those certifications that you have and will be valid through August. Place an "O" next to those you will have by summer. **IMPORTANT:** Attach a photocopy of all current certifications to this application and send to the camp office copies of any additional certifications upon completion of course. **Items in the first column are required.**

- | | | |
|------------------------------------|-------------------------------|----------------------------|
| _____ First Aid | _____ ARC Lifeguarding | _____ YMCA Lifeguarding |
| _____ CPR/AED | _____ ARC WSI | _____ NAA Archery |
| _____ Food Handler's Permit | _____ Low Ropes Certification | _____ Wilderness First Aid |

Skills Assessment

Place a "T" next to those you can teach. Place an "A" next to those you can assist in teaching. Place a "D" next to those items that you have done and can do.

- | | | | |
|--|--|---|---|
| <p>Adventure/Challenge</p> <p>___ Ropes Course, low</p> <p>___ Initiatives</p> <p>___ Other: _____</p> <p>Arts And Crafts</p> <p>___ Basketry</p> <p>___ Jewelry</p> <p>___ Leatherwork</p> <p>___ Nature Crafts</p> <p>___ Painting</p> <p>___ Sketching/Drawing</p> <p>___ Beading</p> <p>___ Other: _____</p> <p>Music</p> <p>___ Lead Singing</p> <p>___ Instruments: _____</p> <p>___ Campfire Songs</p> | <p>Camp Craft/Pioneering</p> <p>___ Outdoor Skills</p> <p>___ Hiking</p> <p>___ Outdoor Cooking</p> <p>___ Orienteering</p> <p>___ Overnight Camping</p> <p>___ Low-impact camping</p> <p>Dramatics</p> <p>___ Creative</p> <p>___ Musical Theater</p> <p>___ Play Directing</p> <p>___ Campfire Skits</p> <p>___ Puppetry: type: _____</p> <p>Dancing</p> <p>___ Folk</p> <p>___ Social</p> <p>___ Line</p> <p>___ Swing</p> <p>___ Other: _____</p> | <p>Nature</p> <p>___ Animals/birds/insects</p> <p>___ Astronomy</p> <p>___ Trees/shrubs/flowers</p> <p>___ Other: _____</p> <p>Sports</p> <p>___ Basketball</p> <p>___ Mountain Biking</p> <p>___ Frisbee Golf</p> <p>___ Fishing</p> <p>___ Games</p> <p>___ Martial Arts</p> <p>___ Ping Pong</p> <p>___ Soccer</p> <p>___ Softball</p> <p>___ Tennis</p> <p>___ Volleyball</p> <p>___ Other: _____</p> | <p>Waterfront</p> <p>___ Canoeing</p> <p>___ Kayaking</p> <p>___ Swimming</p> <p>___ Other: _____</p> <p>Misc.</p> <p>___ Evening Programs</p> <p>___ Chapel</p> <p>___ Rags & Leathers</p> <p>___ Language: _____</p> <p>Support Staff/Maint.</p> <p>___ Vehicle Maint.</p> <p>___ Bicycle Maint.</p> <p>___ Janitorial/Custodial</p> <p>___ Dishwashing</p> <p>___ Cooking</p> <p>___ Other: _____</p> |
|--|--|---|---|

This is a supplemental application and is not intended to replace the Wenatchee Valley YMCA Volunteer Application.

Signature of Applicant: _____ Date: _____

Return with Volunteer Application to:
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