

Vitälzym

My Vitälzym Story by Lorraine McGorry

Contact Energetic Nutrition

I sell **Vitalzym** on my website because of what it did for me, and what it can possibly do for others. I especially desire to reach women with **Uterine Fibroid Tumors** so they too can possibly reduce or remove their symptoms and potentially avoid surgery. You can **order Vitalzym** from me on this website. I'll send you an informational booklet including suggested usage of enzymes for fibroids and Dr. Wong's CD with your first order.

I hope this website helps you if you are suffering from uterine fibroid tumors, fibrosis or other conditions. If you wish to purchase any of the products, I appreciate your support by purchasing from me. **Your support helps me continue to help other women - thank you!!**

The bottom line of my story, if you don't want to read the details, is that I had fairly large uterine fibroid tumors, and **Vitalzym shrunk the tumors in 6 weeks**. I was able to **avoid a hysterectomy** that I desperately did not want. My tumors shrunk very quickly - more quickly than usual because I was very healthy. If Vitalzym works for you, it may take 3 to 6 months for significant shrinkage of your tumors, depending on your state of health.

I was first told I had uterine fibroid tumors in 1999. I had never heard of them before. Each year at my annual exam my doctor would mention them, saying they were harmless and would most likely shrink at menopause. He never said they would grow larger and larger until they became bothersome and might need to be removed or treated via a hysterectomy or other unpleasant means (such as **fibroid embolization** or heavy doses of hormones). If I had known that, I would have tried to get rid of them before they became a problem. Actually, I should have done research on them. I usually am on top of things like that, but he acted like they were nothing and should be of no concern. He said they were nothing to worry about. I now say, yeah right, nothing to worry about UNTIL they become a problem!

The tumors started bothering me by causing irregular periods, and a little heavier bleeding than usual - basically a mild case of **menometrorrhagia**. I was especially bothered by having a full bladder. It was very painful to hold much fluid in my bladder, as there wasn't much room in my abdominal cavity for excess fluids or solids. One day in 2003 while driving over a mountain pass in late spring snowstorm, it took about 2 hours to get to a restroom. I could hardly walk with the pain.

Shortly thereafter I developed a bladder infection, not surprisingly. I tried to heal

it with natural methods and thought it had gone away, only to find that I now had a kidney infection. I finally accepted that I needed an antibiotic, and took one. After several days I woke up in pain again, and assumed the infection was not gone. My doctor sent me to the outpatient emergency center at the hospital, and they talked me into a very expensive MRI. The MRI is what led me to find Vitalzym. The ER doctor said my kidneys were fine, but asked me if I knew that I had a fairly large fibroid tumor in my uterus? I said yes, I did, but that my GYN wasn't concerned about it. He was concerned and told me I should see my GYN to get it removed, as it could be a cause of my pain and contribute to further infections because it was pressing on my organs. Alarmed, I went to my GYN and he immediately scheduled me for surgery in 2 months. This was in May of 2003. He said my tumor mass was about 12 cm, the size of a 16 week pregnancy.

I was not a happy camper at the prospect of a hysterectomy. I did a lot of research about the procedure and results, and requested he remove the uterus only, leaving my ovaries and cervix. I became more and more convinced that I did not want to have it done. I was concerned about the effects on my hormonal balance and did not want to go into instant post-menopause and the aging that is associated with that at only 47. I was concerned about the affect losing my uterus would have on sexual response and feeling. I wondered what hormones the uterus secreted into the body that I might really want at my age. I did not want to spend the money, take the time, or go through all the pain. I was determined to find another way.

I did research on uterine fibroid tumors to find alternative methods for shrinking them or eliminating them completely. I began to understand that a **dominance of estrogen** was the cause. I learned that there are some Chinese herbs that can be helpful with estrogen balance and dissolving tumors, and I was checking into them. At this time, I was speaking with a customer about health in general and he mentioned Vitalzym. It was helping him tremendously with the pain from inflammation he had had in his hips for years. I read about Vitalzym, and noticed that it could be used to help shrink fibroid tumors. I learned that the enzymes in Vitalzym eat fibrin in the body, and fibroid tumors are made of fibrin. I thought I'd give it a try and ordered the 450 capsule bottle to be sure to have enough to determine if it was working for me.

My bottle arrived, and I started with 6 capsules the first day, 9 the next day, and 12 the next. On the third day I noticed a discharge that is similar to ovulation time discharge, and that told me something was going on because the time was not right for me to be ovulating. On day four I took 15 capsules, and for the next six weeks I took 12 to 15 capsules per day. The discharge continued. I realized that my abdomen was getting smaller about week three, when one morning I pressed on my abdomen just below my navel, expecting to find the top of the tumor as before, only to discover that it was about 2 inches down from there! I hadn't been feeling the tumor those first three weeks because I

didn't expect any change that soon.

By week six I could not feel the tumor at all. I wasn't having any more symptoms and the discharge had stopped! I was overjoyed, and called to cancel the surgery. My doctor was concerned and found it hard to believe they were shrunk, but he left me to my decision. That one bottle of 450 capsules did the job!! It was then that I added Vitalzym to the products I offer on my website.

At the end of those six weeks I cut back on my dosage to 9 per day, which I continued for another six months. I now take 6 to 9 per day to maintain the shrinkage and eliminate any new fibrin that grows in that area and anywhere else in my body, along with flushing out excess estrogen.

Please read [Suggested Use of Vitalzym for those with Fibroid Tumors](#) for suggestions regarding using Vitalzym to shrink your tumors.

Dr. Wong's newsletter [Women's Fibrosis Related Illnesses](#) is all about fibroids, and is so worth reading. This newsletter is in PDF format. If you don't have a PDF reader (such as Adobe), the article on fibroids can also be read here: [Women's Fibrosis Diseases](#).

Dr. Wong's conference call with Energetic Nutrition on April 26th regarding fibroid tumors and women's fibrosis conditions is now available to listen to online. See the [Dr. Wong webpage](#) for the audio file.

Dr. Wong recommends using a natural progesterone cream for women's fibrosis related conditions. I offer two high quality brands. Read more about [Natural Progesterone Creams](#).

Dr. Wong also recommends taking DIM, a supplement that blocks and metabolizes estrogen. I offer an excellent quality DIM supplement. Read more about [DIM - The Estrogen Metabolizer](#). Additionally, he recommends Myomin, a chinese herbal supplement that balances hormones and is reported to be very helpful in reducing fibroid tumor size. Read more about [Myomin](#).

I provide two Vitalzym Message Boards from my website. One is for women's issues, especially fibroid tumors, and the other for general Vitalzym topics. Go to [Message Board Links](#) to get into the boards.

You can read some [testimonials](#) on World Nutrition's website that are interesting. The last one is a story of a woman with both fibroids and ovarian cysts. She did nothing except take Vitalzym, and two months later all fibroids and cysts were gone according to ultrasound! Thankfully her father-in-law had sent her Vitalzym when the doctors were wanting to do a hysterectomy. Hers is a common story, oh so familiar to many of us, that ended wonderfully.

Additionally, there are **many other benefits to Vitalzym** which keep me taking it daily. You can read about them on the [main Vitalzym page](#). Listening to the [audio talks by Dr. Wong](#) is VERY informative also.

Vitalzym is NATURAL, SAFE, and has NO SIDE EFFECTS (see caution below if you are on blood thinners or pregnant with fibroids). One direct effect can be a bit of a "detox reaction" in which you may feel a bit flu-ish for a few days due to toxins being released from your body by the cleansing action of Vitalzym. Read more about that here: [Detox Reaction](#).

So that you understand how Vitalzym can dissolve fibroids, **PLEASE** read about Vitalzym's **Anti-Fibrosis** activity. Vitalzym is made of ENZYMES, Rutin (a bioflavonoid) and Amla (an herb). You can read about each of the ingredients in Vitalzym on this page: [Ingredients](#). Also, PLEASE read the [Frequently Asked Questions](#) page.

I am so happy that I found Vitalzym (thank you, Glen) and still have my female organs intact - and that I am out of pain and discomfort and no longer have irregular periods (they are nearly always 28 to 30 days apart now). It has been a year, and none of the symptoms have returned. I can feel my uterus in the morning before I rise, and it is a normal size. I believe the tumors are gone. I have no more problems. I have not had a repeat ultrasound as I see no need for one. It has been over a year. I still take a maintenance dose, as mentioned above.

The women who have bought Vitalzym from me for their fibroids are amazed at the results, and it brings me such joy to hear their excitement and tears of joy and relief. Vitalzym has also tremendously helped women with **Endometriosis** and **Fibrocystic Breasts**. One woman was in terrible pain with scar tissue from endometriosis surgery from years before, and her doctors offered her no solution. Within 2 weeks of taking Vitalzym she was out of pain! One of my good friends who had fibrocystic breasts for over 20 years began taking Vitalzym for general health. Within weeks of starting Vitalzym she noticed one day that they were gone!!

I have recently decided to make it my personal mission to save as many women as I can from surgery and suffering. I've known Vitalzym can shrink fibroids, but until my sons moved away to college just this month, I did not have the time to devote to the extra effort to get the word out.

I have made it my mission because I feel grateful to have found Vitalzym for myself, and I know that it has worked for myself and other women. It seems I should not sit on that information. Additionally, my grandmother, whom I was very close to, died on the operating table having a hysterectomy, so this is very personal to me.

Women have asked how they can help inform other women about this alternative. I've suggested they could post their success story on message boards related to the subject, tell other people they know who are suffering, and send people to my website to order. Much of the profit, after the discounted price, is spent on the very expensive search engine advertising that is necessary for my website to appear so women can find this information when they search on the subject. Together I believe we can make a real difference. Already two physicians have called and asked me about Vitalzym when their patients asked about it after seeing my website. Both doctors have decided to give it a try with their patients. That is real progress!! I welcome any other ideas to reach more women.

I cannot say for sure that Vitalzym will help you in reducing your fibroid tumors, or how quickly it will work, but it is worth a try. Certainly, it will improve your health in many ways. **Please do read all the recommend links from this page. They will answer many of your questions. The Message Board is also VERY helpful.** If you wish to speak with us about fibroid tumors, or about Vitalzym in general, feel free to call or email. Our contact info is on this page: [Contact Energetic Nutrition](#).

Wishing you all good health,

Lorraine

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Original story written August 2004. Additional information, such as links to articles and new pages, are added frequently.