

The Market's Up! Oops—The Market's Down!

ARE YOU ANXIOUS ABOUT YOUR INVESTMENTS?

Relax. You're about to learn how to take the worry out of your portfolio. And it's a lot easier than trying to pick the hottest stock (improbable) or predict market trends (impossible). Whether you're a retiree looking for income with security, a young professional trying to plan for the future, or a baby-boomer who wants to retire on the work of a lifetime, a low-stress approach—and a truly diversified portfolio—will make it happen without the hassles.

Take a deep breath...YOU just found a better way to invest!

Low-Stress Investing helps you every step of the way. Where do you want to be? How much time do you have to get there? Financial advisor Andrew Millard's approach takes the guesswork out of building and maintaining your wealth with concise, easy-to-follow guidelines that achieve the results you want with minimal time and effort—and much less stress.

You'll learn how to:

- Adopt—and enjoy—the attitude of a low-stress investor.
- Recognize the difference between real diversification and that practiced by most investors.
- Avoid the stress and confusion of the most common investing myths.
- Keep your portfolio humming along by spending just a few hours ...every YEAR!
- Take advantage of the ideal investment vehicle for diversifying your portfolio.
- Balance your portfolio to prosper in up markets and limit damage in down markets.
- Assess the pros and cons of investing on your own versus working with an advisor.
- Follow 10 simple steps to building YOUR ideal portfolio.

"This is the book that may finally break American investors of the habit of searching for the next hot stock. It deserves to be on the bookshelf of every investor who wants higher returns with less risk, less volatility, and less worry."

—DONALD MOINE, Investment Psychologist, author of seven books and over 300 articles

ANDREW MILLARD is a principal owner of Main Street Financial Group, a registered investment advisory firm based in the Southeastern U.S. His realistic vision of finance, years of research, and repeated client satisfaction with his results led him to write Low-Stress Investing. He lives in North Carolina with his wife and son.

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LOW STRESS INVESTING

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FOR EVERY INVESTOR WHO WANTS HIGHER RETURNS WITH LESS RISK, LESS VOLATILITY, AND LESS WORRY



LOW STRESS INVESTING

10 SIMPLE STEPS TO A WORRY-FREE PORTFOLIO

REFRESHINGLY SANE INVESTMENT STRATEGIES FOR RETIREES YOUNG PROFESSIONALS BOOMERS FINANCIAL ADVISORS



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