Michelle M. Guppy

Sandra L. Harris, PhD

Ellen Notbohm Barry M. Prizant, PhD Gwen Randall-Young, Med, Cpsych Bernard Rimland, PhD Terri Robson, BEd William Shaw, PhD

Stephen Shore, ABd

Sharon Mitchell, MA

Lisa Simmons

Veronica York

Karen L. Simmons, parent, author, and founder of Autism Today Jessica "Jazz" Summers Sherri Tenpenny, DO Darold A. Treffert, MD Terry Lynn Tyrell, MEd Mary Wrobel, CCC, SLP Pat Wyman, MA

We put out the call to the world's leading experts—and this is their response

The Official Autism 101 Manual is your ultimate resource for understanding and responding to autism—as a parent or a professional. Only this master collection brings you the very latest ideas and insights from the authors and experts you already trust plus many new voices you can now hear for the first time.

With 44 contributors, you learn from dozens of caring experts and supporters who bring you the best the autism community has to offer.

PARENTS: Whether you're starting to explore the world of autism because of a recent diagnosis—or whether vou're at a point where vou've done the research, read the articles, consulted the books, and would now like to access the world's leading autism spectrum experts all in one convenient resource—this book will become your constant companion as you confidently find your way.

PROFESSIONALS: Use this book to enhance your practice, your body of knowledge, your own expertise, and your resources. Share with clients, patients, students, and parents to help them find the community of support they're looking for as well.

Get the most recent insights from the authors and experts you trust the most— Plus dozens of new voices and resources!

You'll hear from:

- Doctors
- Teachers Caregivers Parents
- Psychologists
- Music Therapists Speech and language professionals
- Sensory Integration and Occupational Therapist Specialists And individuals living on the autism spectrum

"Autism has hit close to home with my brother and business partner having autistic sons. I think all families who are affected by autism will benefit from reading The Official Autism 101 Manual. It's a truly remarkable book.

> -Robert G. Allen Bestselling author of Nothing Down, Multiple Streams of Income, and The One Minute Millionaire with Mark Victor Hansen

You'll learn:

- What exactly are autism spectrum disorders?
- Common characteristics—does my child have autism?
- Early diagnosis equals best outcome
- The relationship between autism and ADHD
- Theories on the causes and rising rates of autism The buzz about mercury
- Where to begin if someone you know has been diagnosed with autism
- Helping a parent cope emotionally
- Helping siblings and extended families cope
- How to deal with your spouse and other intimate
- Creating positive parent-physician partnerships
- Ensuring positive school planning
- Adolescents with autism and Asperger's Syndrome
- Building self-esteem for those on the autism spectrum
- Leading methodologies, therapies, and treatments

"The Official Autism 101 Manual is an important and dynamic resource. Topics range from diagnosis to family support and from traditional to nontraditional therapies. Some topics, such as building self-esteem of persons with ASD and understanding areas of strength, have too rarely been addressed in a field that has been preoccupied with a 'deficit-checklist' model for so many years. Ongoing, online updates will keep this manual an invaluable resource for parents and professionals alike."

-Barry M. Prizant, PhD, CCC-SLP Director, Childhood Communication Services Adjunct Professor, Center for the Study of Human Development, Brown University

"Karen Simmons' expertise in embracing life and reframing autism shows us all how to lead a positive, fulfilling, and productive life while supporting loved ones with special needs."

-Stephen Shore, ABd Bestselling author of Beyond the Wall: Personal Experiences with Autism and Asperger's Syndrome

KAREN L. SIMMONS Speaker · Author · Autism Specialist

Karen is the celebrated Founder and CEO of Autism Today™, an internationally acclaimed resource for autism and all special needs, both online and at numerous conferences and events around the globe. She is the parent of six children, one with autism and one with ADHD. She is also the author of four books on and for special needs and is co-author of a forthcoming Chicken Soup for the Soul® book with Jack Canfield and Mark Victor Hansen.



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THE Official

everything you need to know about autism from experts who know and care



WITH CONTRIBUTIONS BY

Temple Grandin, PhD Anthony Attwood, PhD Darold A. Treffert, MD Bernard Rimland, PhD Jed E. Baker, PhD plus parents, caregivers, and more

CREATED AND COMPILED BY Karen L. Simmons, Founder of AUTISM TODAY"

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Karen L. Simmons