



RESOURCE LIST

Recommended for ages 3 and older

It's MY Body – A book to teach young children how to resist uncomfortable touch, Lori Freeman and Carol Deach

What's the Big Secret? Laurie Krasny Brown, Ed.D. and Mark Brown

It's So Amazing! A book about eggs, sperm, birth, babies and families, Robie Harris

Where did I Come From? Peter Mayle

Recommended for ages 8 and older

The Care & Keeping of You: The Body Book for Girls (American Girl Library), Valerie Schaefer

The Boy's Body Book: Everything You Need To Know For Growing Up YOU! Kelly Dunham and Steven Bjorkman

Recommended for ages 10 and older

It's Perfectly Normal! Changing bodies, growing up, sex and sexual health, Robie Harris

What's Happening to Me? Peter Mayle

The "What's Happening to My Body?" Book for Girls, Lynda Madaras with Area Madaras

What's Going on Down There? Answers to Questions Boys Find Hard to Ask, Karen Gravelle with Nick and Chava Castro

Changing Bodies – Changing Lives, Ruth Bell and others

Body Drama – Real Girls, Real Bodies, Real Issues, Real Answers, Nancy Redd

For parents

Everything You Never Wanted Your Kids To Know About Sex (But Were Afraid They'd Ask): The Secrets To Surviving Your Child's Sexual Development From Birth To The Teens, Justin Richardson and Mark Schuster

So Sexy So Soon - The New Sexualized Childhood and What Parents Can Do to Protect Their Kids, Diane Levin and Jean Kilbourne

Protecting the Gift, Keeping Children and Teenagers Safe (and Parents Sane), Gavin De Becker

Smut: A Sex Industry Insider (and Concerned Father) Says Enough is Enough, Gil Reavill

The Primal Teen – What the New Discoveries About the Teenage Brain Tell Us About Our Kids, Barbara Strauch

Other Resources

childmolestationprevention.org

stopitnow.org – Sex abuse prevention

noplacelikehome.org – Talking to kids about sex

childtrends.org – Kids' health

look-both-ways.com – Internet safety

zoo.com – Kid-safe browser

theporntalk.com – Talking to kids about porn

pomwa.org – Kid safety skills

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