

MYRINGOTOMY AND EAR TUBES PLACEMENT POST-OP INSTRUCTIONS

What should be expected following a Ear Tube Placement?

1. If your child had hearing loss before surgery, normal sounds may seem loud due to the immediate improvement in hearing.
2. Your child may experience nausea, vomiting, and/or fatigue for a few hours after surgery, but this is unusual. Most children are recovered by the time they leave the hospital or surgery center. Your child should be able to progress to a normal diet when you return home.
3. Your child may be prescribed ear drops after surgery. These are meant to keep the tubes clear and help reduce inflammation. If, however, these drops cause a burning sensation, you may stop use at that time.
4. Do not go swimming or use cotton swabs until cleared by your doctor.
5. A post-operative appointment is usually recommended about three weeks after surgery. In addition, to continue to provide continuity of care for your child, post-operative appointments are usually recommended every six months, as long as the tubes remain in the ear (generally they last between 8-18 months).

What are some reasons you should contact your doctor after surgery?

1. Nausea, vomiting and/or fatigue may occur for a few hours after surgery. However, if the nausea or vomiting lasts for more than 12 hours, you should contact your doctor.
2. Drainage of middle ear fluid may be seen for two to three days following surgery. This fluid can be clear, reddish, or bloody. However, if this drainage continues beyond three days, your doctor should be contacted.
3. Some fussiness and/or a low grade fever (99 - 101F) may be noted after surgery. But if this fever lasts into the next day or reaches 102F, please contact your doctor.
4. If the post-operative pain is not controlled by Tylenol or Motrin, please contact your doctor.
5. Tubes will prevent ear infections from developing most of the time, but 25% of children with tubes will get an infection. Drainage from the ear will usually indicate an infection and needs to be evaluated by the pediatrician or by ENT. You may call our office for an appointment if this occurs.
6. Your ENT doctor should be contacted if two or more infections occur between scheduled office visits for a full ear evaluation and to ensure that the ear tubes are functioning properly.
7. Call if you have any questions or concerns.