

## LOTUS ENERGY INSTITUTE ~ CURRICULUM OUTLINE

The primary purpose of this training is to teach students how to practice energy healing on themselves and others by supporting each individual's spiritual growth and development. LEI takes the approach of understanding of consciousness as the primary force behind all forms of energy, and learning how to perceive and transmute energy. Each class will consist of teaching, practice, demos, repatternings, group meditation, handouts and homework suggestions.

Level I: Inner Energy Work on Self, classes 1 –6

Level II: Outer Energy Work on Others, classes 7 – 12

Level III: Advanced Energy Work, classes 13 – 24

Class 1: What is Consciousness and Subtle Energy? Awareness. The power of intention. Types of meditation & how to meditate. Blocked energy. The central channel. The 3 axes of existence. Centering and grounding. Sacred Geometry. 1-3-7-12 harmonic. The One. Spiritual guidance. How to muscle check. Field Hands. Psychic door & gatekeeper.

Class 2: The Seven/Etheric Life Body: The Four Fold Human. The Breath. Our relationship to Nature. The human subtle body. The chakra system. Etheric sensing with hands and eyes. Synesthesia. Using pendulums to measure etheric energy. Clearing chakras.

Class 3: The Three/Astral Body: Head/Heart/Hara ~ Thinking/Feeling/Willing. Third eye clearing and activation. The Observer Self. Thought forms. Generating and dissolving artificial elementals. Clearing fear and resistance. Self love. Basic Unlayering.

Class 4: Discernment: Life as metaphor. Inner voices. Observer Self vs. reactive self. Psychic fault lines. Projection and the Shadow Self. Stabilizing in the Present. Remembering our Potential.

Class 5: Our Angelic Origins: 7 stages of Humanity. The Moral Ether. The Angelic Hierarchies. Our Guardian Angel. Soul forces & virtues. Mind as Divine. Sophia. Shifting identification from the lower self to the I AM Presence. Centers above & below. Angelic Attunement.

Class 6: The Adversary: Lucifer and Ahriman. Primary wound of separation. Purpose of evil. Auric protection. Illusions of the New Age. The Twelve. Constellations & Meridians. BioGeometry golden net clearing. ArchAngelic Octohedron.

Classes 7 – 12: Working on others: Meridian protection points. Creating safety. Linking up. Deep listening. Levels of consciousness. Basic Etheric Assessment Protocol. The re embodiment process. Soul retrieval. Organ dowsing. The Assemblage Point. Medical Assistance Program coning. Astral awareness. Love & Charity Hospital. Nei Gung. Essential oils & flower essences.

Classes 13-24: Advanced subtle energy work: Regression, this life and past life. Karma. Parts communication. Power retrieval. Space clearing and energizing. Psychic interferences. Cords, hooks, & entity removals. Crystal work. Conditionality. Sacred Geometry & Cosmic structure. Actualizing our transformational power. Human Will.