



WHEEL MOVEMENT

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FOR IMMEDIATE RELEASE

Wheel Movement to Host Traffic Skills 101 (TS101) Cycling Course

Local cycling advocacy organization partners with the League of American Bicyclists to provide safe cycling instruction to the general public.

North Augusta, SC (September 7, 2012) – Local cycling advocacy organization, Wheel Movement of the CSRA, Inc., invites interested members of the public to participate in a Traffic Skills 101 safe cycling course to be held on Saturday, September 15, from 9:00 am until 2:00 pm. The venue for the course will be:

**Riverview Activities Center (Room 200)
100 Riverview Park Drive
North Augusta, SC 29841**

Participants should bring their bikes for safe cycling instruction that includes classroom time, parking lot drills, and some riding on low to moderate volume roads. Helmets are required. Instruction will be led by Mr. Frank McIntosh, a League of American Bicyclists (LAB) Certified Cycling Instructor, and a long-time bicycle commuter hailing from Savannah, Georgia. Registration for the course is only \$25.00 which pays for instructor services and LAB course materials. Lunch will be provided courtesy of Wheel Movement. The class will be capped at 10 participants. Those interested in attending should simply state their intentions by contacting Christian Lentz of Wheel Movement at: (912) 536-8167; or, wheelmovement@yahoo.com.

The League of American Bicyclists advertises the Traffic Skills 101 (TS101) curriculum as follows: *“Traffic Skills 101 (TS101) gives cyclist the confidence they need to ride safely and legally in traffic or on the trail. Through TS101, students learn how to conduct bicycle safety checks, fix a flat, on-bike skills and crash avoidance techniques. We recommend this class for adults and children above age 14. The curriculum is fast paced and prepares cyclists for a full understanding of vehicular cycling.”* TS101 is the perfect cycling course for beginners who may be considering their first forays onto the road for recreation or commuting. It is not a course designed for racing or fast fitness riding. For more information about TS101, and other LAB cycling curriculums, visit: <http://www.bikeleague.org/programs/education/courses.php>.

Wheel Movement is metro-Augusta’s first cycling advocacy organization formed in August, 2011; and, is a domestic non-profit corporation registered in the state of Georgia with 501(c)(3) charitable organization status pending. It is the mission of Wheel Movement to: *“...promote and support the local cycling community. Wheel Movement recognizes the lifestyle, economic, health, and public relations value of cycling in the CSRA. Wheel Movement will work to provide educational programs, conduct*

community outreach initiatives, and engage in advocacy efforts that not only generate, but also sustain a positive cycling environment throughout the community.” Wheel Movement is hosting the TS101 course locally as part of our commitment to provide local cycling education and to be accountable for proper cycling behavior on the road. We thank our partners at the Savannah Bicycle Campaign and the League of American Bicyclists for providing the curriculum and instruction for the TS101 course, and the city of North Augusta’s Parks and Recreation Department for securing our venue.

Information: <http://wheelmovementcsra.org/>

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