



Have a Happy Birthday at North Shore Gymnastics!

Birthday Party Information and Procedure Sheet

Our parties are for children ages 4 years-old and up. Each party has a structured party plan including gym games, relay races and obstacle courses, plus trampoline and pit activities, zip line rides and net climbs. Ribbon awards and a coloring page will be given as favors. In addition, the birthday child will receive a birthday party medal award.

Due to the overlap in our party times, the start and end time of your party must be prompt! No one will be allowed in the gym before the start time of the party and no party will be allowed to run late. All guests should be picked up at the conclusion of the refreshments – gift opening. Please put this on your invitations.

Days, times and specifics are as follows for Saturday parties: (Offered January- December, in June and July the first and last party time slot can be a 2 hour party and is charged accordingly. If you choose to have the first time slot as a 2 hour party it will begin at 2:30) Saturday parties are offered beginning at 3:00, 4:00, 5:00 and 6:00 and last 1 ½ hours. The cost is \$185 for the first 12 children and \$5 for each additional child. The max is 18 children. Games and activities in the gym will fill the first 55 minutes. The party room will only be available to your during the last half hour where your refreshments will be served and presents opened. We suggest you do cake/presents or cake/other food; 30 minutes isn't long enough to do all three. When the party is over, we do all the clean up. Once in the party room children are not allowed back into the gym.

Days, times and specifics are as follows for Sunday parties: (Jan.-May and August-Dec., NO Sunday parties June or July) Sunday parties are offered beginning at 11:30, 1:00, 2:15, 3:30 and 4:45 and last 2 hours. The cost is \$215 for the first 12 children and \$5 for each additional child. The maximum is 18 children. Games and activities in the gym will fill the first hour and ten minutes. The party room will only be available to your during the last 45 minutes where your refreshments will be served and presents opened. This will give you a few minutes at the end of the party for you to thank your guest and gather your belongings. Following this, we will clean up.

These prices include the facility, hostess and helpers. Three eight-foot tables (more if necessary) and chairs are set up in the party room. The host needs to bring table cloths, plates, napkins, candles, utensils, cake and other refreshments (if desired). We have a refrigerator with freezer space which may be used for your refreshments. Refreshments will be served in the party room only. Food and drink are not allowed in the gym area. If you wish to put up decorations, please do not purchase decorations which will scar the walls. Please, no piñatas.

In order to book a birthday party, please inquire in the pro shop about availability. A birthday party contract must be completed and signed and a \$50 non-refundable deposit paid within 3 days of reserving your party. The balance is due on the day of the party. We only accept cash or checks.

The “hold harmless” agreement is required for every person attending the party including your child. These agreements will be given to you when you sign the contract and pay the deposit. There will be directions to the gym on the reverse side for the convenience of your guests. Please enclose one with each invitation. The helper will collect them the day of the party.

Shoes are not allowed in the gym area. Everyone, including the adults, should remove their shoes before entering the gym. Shelves are provided in the locker room.

There may be some other activity within our 28,000 square foot facility at the time of your party. This activity will not be allowed to interfere with your party in any way.

SAFETY:

The party manager will take a few minutes at the beginning of the party to go over safety rules. Party participation is for the children only. Although adults are allowed to enter the gym in order to watch the festivities, they are not allowed to get on any gymnastics' equipment including trampoline and pit. Please support this insurance required policy by relaying this information to your guests. You as the host of the birthday party also share responsibility for the children attending your party. Please help the staff when necessary in curbing inappropriate behavior. All parties are structured in order to provide a safe experience for the birthday child and guests.