

NORTH SHORE GYMNASTICS

CURRENT STUDENTS—JULY 23, 9:00 AM • PRIOR STUDENTS & SIBLINGS of current students—JULY 25 • NEW STUDENT—JULY 27

The Fall Session begins August 13th and ends December 22. Holidays are September 3 (Labor day), November 20-24 (Thanksgiving). In a further effort to notify all of our parents at the same time, your child has been or will be given a note beginning July 16th, which indicates the appropriate level and/or age division for next session. If you do not receive this note or have a concern about the level recommended, please call us. There is a **\$30 non-refundable annual fee**, which is good until August 2019. We have enjoyed having your children this session. **Don't forget your child's "Fun Meet" for the Summer Session, August 2-8, at his/her regular class time.**

ADDRESS: 1973 Sixth Street, Mandeville, LA 70471
EMAIL: nsgymnastics@bellsouth.net

PHONE NUMBER: 624-8310

PARENT / TOT: Toddler Gym (TG)...For toddlers up to 3 years-old and their Moms or Dads. Fee: 18 week session / 45 minute classes / \$195.
 Mini Bears (MB2)...For 2 to 3 years-old and their Moms or Dads. This is a slightly more structured class where the children and parents participate in group activities, circuit training, and free play. Fee: 18 week session / 45 minute classes / \$245
 Mini Bears (MB2.5)...For 2 ½ to 3 years-old and their Moms or Dads. This is a fully structured class where the children and parents participate in group warm-up, circuit training, and group activity. Excellent preparation for our Tumble Bear program.
 Fee: 18 week session / 45 minute classes / \$255.

TUMBLE BEAR: (TB3) children 3-3 ½, (TB3.5) children 3 ½ -4, (TB4) children 4-4 ½, (TB4.5) children 4 ½ - 5
 Fee: 18 week session / 45 minute classes / \$280 / Student – Instructor ratio 7:1

GIRLS DEVELOPMENTAL GYMNASTICS: Girls 5 & 6 years-old...Beginner (BG), Intermediate (INT), Bronze (BZ), Silver (S)
 For those children that are at least 4.5 years-old, not yet in kindergarten, but are mentally ready for a one-hour class and physically ready for Beginner or Intermediate skills... Beginner (BGy) or Intermediate (INTy); **Teacher recommendation required.**
 Girls 7 years-old & up ... Beginner+ (BG+), Intermediate+ (INT+), Bronze+ (BZ+), Silver (S+)
 Girls 10 years-old & up...10+ girls class (this is a multi-level class) for girls that are 10 years-old and older.
 Fee: 18 week session / 1 hour classes / \$310 / Student – Instructor ratio 8:1
 Gold (6 years to 9yr.) and G+(10 years-old and up)- 1 ½ hour classes / \$375 per session / Student – Instructor ratio 8:1
 Platinum (6 yrs to 9 yrs), Platinum+ (10 years and up) 1 ½ hour classes/ \$375 per session / Student – Instructor ratio 8:1

BOYS DEVELOPMENTAL GYMNASTICS: Boys 5 & 6 years-old (must be in kindergarten) Junior Boys 1 (JB1), Junior Boys 2 (JB2), Junior Boys 3 (JB3)
 Boys 7 years-old & up... Boys 1 (BY1), Boys 2 (BY2), Boys 3 (BY3)
 Boy 10 years-old & up...10+ boys (this is a multi-level class) for boys that are 10 years-old and older.
 Fee: 18 week session / 1 hour classes / \$310 / Student – Instructor ratio 8:1

JB4 and Boys 4 (JB4/BY4)...18 week session / 1 ½ hour classes / \$375 per session / Student–Instructor ratio 8:1,
TUMBLING AND TRAMP: Tumbling (TU)...Beginner, Intermediate, Silver, Gold, Advanced, Elite-appropriate for teens or preteens
 Junior Tumbling (JRTU)...Beginner, Intermediate, Silver, Gold -appropriate for 5-11 years-old.
 Fee: 18 week session / 1 hour classes / \$310 . Great for Cheerleaders!!!

** Any gymnast can choose to come 2 times a week if spots are available. The payment will become monthly and cost depends on the class length.*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00						(BG+/INT+)BZ+ JRTU(S/G)7to11
9:15	TB4	TG,TB(3/3.5),TB(4/4.5)	MB2,TB3.5	MB2.5, TB3,TB(3.5/4)		9:00 TB(4/4.5)
10:00						S/S+, TB(3/3.5)
10:15	TB3.5, MB2.5	TB(3.5/4), MB2	TB3, TB4.5	TG, TB4, TB4.5		
11:00						
11:15	TB3, TB(4/4.5)		TB4	TB(3/3.5) ,BG(y)		11:10 (PLAT/PLAT+) G/G+
2:00	1:45 TB(4/4.5)		Homeschool groups			
2:30			2:00 TB(3.5/4)			
3:20	TB(4/4.5) girls, TB(4/4.5)boys	TB(3/3.5), TB(4/4.5) JRTU(BG/INT)5-6yr	TB(4.5/5)-girls	TB(3.5/4)		
3:30	JRTU(Bg/Int)5-6yr.	3:20 JRTU (S/G/ADV)7-11		3:25 JRTU(BG/INT/S/G/ADV) 7 to 11yr		
3:50						
4:10	G	PLAT/PLAT+				
4:20	TB(3.5/4), BG, INT, BZ+, PLAT, JB1,	BG,INT,	BG, BG(y),G/G+, JB3/BY3	BG+, S/S+,PLAT		
4:30		JB1		TB(4.5/5)-girls, JB2/BY2		
4:40	BZ	JB2	S+	4:30 JB4/BY4		
5:00		4:50 INT(y)		G		
5:20	TB4.5, JB3/BY3	TB(3/3.5)	5:10 INT	INT	S+, BG	
5:30	BG, 10+ girls(BG+/INT+),	10+ girls(BZ+/S+), BG(y)	BG+ JB1	INT+,BZ+, TB(4/4.5)		
5:40	INT(y)/ BZ(y),		TB(3.5/4),			
5:50		BY2, S				
6:00	PLAT/PLAT+, G/G+	INT	PLAT+	BG, S+		
6:10			BZ			
6:20	TB(3/3.5)	TB(3.5/4)				
6:30	TB(4.5/5)-boys	BG, INT+,BZ+,PLAT+	BY1	BG, BZ		
6:40						
7:30	JRTU(INT/S/G/ADV)- 7 to 11 yr.	7:00 JRTU(BG/INT)7to11yr				
8:00						
8:30		TU(ELITE/ADV/S/G)		TU(ELITE/ADV/G/S)		

GYM-FORMATION!!!

Check out our Website at www.northshoregymnastics.net!

WAITING AREA POLICIES: Upstairs is a glassed in, air-conditioned & carpeted viewing area with carpeted bleachers for seating. ABSOLUTELY NO FOOD OR DRINKS ALLOWED UPSTAIRS!!! Accidents do happen. We would much prefer to spend your money on the best equipment and teachers for your child and not to clean and replace carpet. The viewing area has not been designed for toddlers and because of the two stairways, will not be a safe place for them to play. Please keep a careful eye on these "precious future gymnasts"... and please don't forget the older siblings. You are responsible for their behavior. No running or jumping on the bleachers. You are responsible for your child before and after class. Your child is not allowed to wait outside! Thank you for your cooperation.

TUITION AND REFUND POLICY: Partial payment is due the first week of class. Below is a list of payment dates. **There are NO refunds after the fourth week of classes. We DO NOT accept credit card.**

ANNUAL FEE: This is a non-refundable fee of \$30.00, which is good until August 2019.

TUITION DUE DATES:

First Payment Due	August 13-18....(The first week of classes)
Second Payment Due	September 10th
Third Payment Due	October 8 th.....(This applies only to those families having more than one child enrolled.)

EARLY PAYMENT DUE DATES:

\$5 early payment discount if paid by the following dates:

First payment due on or before	August 4th
Second payment due on or before	September 1st
Third payment due on or before	October 6th.....(This applies only to those families having More than one child enrolled)

**Families with only one child enrolled may make two payments. Only families with more than one child enrolled may make three payments. If you have more than one child enrolled and you pay in full by August 4th you will receive a \$15 discount off the total.

CUT OFF DATES FOR TUMBLE BEARS AND MINI BEARS:

TB4.5 - Children 4 1/2 , not yet in kindergarten	Birthday between October 1, 2013 and February 1, 2014
TB4 - Children 4 - 4 1/2 years	Birthday between February 2, 2014 and August 10, 2014
TB3.5 - Children 3 1/2 – 4 years	Birthday between August 11, 2014 and February 1, 2015
TB3 - Children 3 - 3 1/2 years	Birthday between February 2, 2015 and August 10, 2015
MB2.5 - Children at least 2 1/2 years	Birthday by February 1, 2016
MB2 - Children at least 2 years	Birthday by August 10, 2016.
TG – Walkers	9 months to 3 years of age

FAMILY DISCOUNT: When a family has more than one child in our program, all children after the first child will receive a 10% discount except Team, Tiny Tumblers Preschool and those students who attend twice a week and pay monthly.

FIRST DAY: Classes begin Monday, August 13th. You should enter by the double doors in the front. Please check into the Pro Shop on the first day to get your child a nametag. If you are sending your child in a car pool, please take care of all paperwork including paying your tuition prior to their first class.

FUN MEETS: In the 18th week in the Fall and Spring and 10th week in the Summer, your child will have a Fun Meet at their regular class time. Each child will receive ribbons and/or medals depending on the age and level of the gymnast. Platinum Fun Meets in the summer will be held on each gymnast last day of class at regular class time. Platinum level gymnasts will be given an option of attending the "Platinum Performance" on Saturday, December 15th or doing their Fun Meet at their regular class time.

GYMNAST INFORMATION FORMS: We must have one of these signed and on file for every gymnast in our program. This is necessary should your child be seriously injured and we weren't able to reach you and, it is also necessary in order for us to be able to obtain supplemental insurance on all our gymnasts.

LATE FEE: A \$5.00 late fee will be assessed if payment is not received by payment due date.

OPEN GYM: This is supervised gym time and is held every Friday evening from 6:30 - 8:30 pm. **Only currently enrolled gymnasts who are 5 years of age or older are allowed to attend.** The cost is \$8.00 **cash** at the door.

"CAUTION"

ANY ACTIVITY INVOLVING MOTION, ROTATION OR HEIGHT CREATES THE POSSIBILITY OF SERIOUS ACCIDENTAL INJURY!!!