

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



TOMATO VEGETABLE SOUP

Gluten Free, Vegan

Ingredients: Water, Tomato, Onion, Carrot, Fennel, Zucchini, Spinach, Garlic, Chili flake, Rosemary, Thyme, Black pepper, Salt

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts

Serv. Size 12 oz (340 g/12 oz)
 Serv. Per Cont.
Calories 90
 Fat Cal. 40

| Amount/serving | %DV* | Amount/serving | %DV* |
|---|------------|------------------------|------------|
| Total Fat 4.5g | 7% | Total Carb. 12g | 4% |
| Sat. Fat 0g | 0% | Fiber 3g | 13% |
| <i>Trans</i> Fat 0g | | Sugars 6g | |
| Cholest. 0mg | 0% | Protein 2g | |
| Sodium 650mg | 27% | | |
| Vitamin A 120% • Vitamin C 40% • Calcium 6% • Iron 8% | | | |

*Percent Daily Values (DV) are based on a 2,000 calorie diet.