

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



Spicy CUBAN BEAN SOUP

Gluten Free, Nitrate Free

Ingredients: Water, Black Beans, Nitrate-free Pork (pork, salt, brown sugar, smoke), Onion, Peppers, Lime, Garlic, Salt, Cumin, Black pepper, Cilantro, Oregano, Smoked jalapeno

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 8 oz (227 g/8 oz)		Total Fat 4.5g	7%	Total Carb. 7g	2%
Serv. Per Cont. 3		Sat. Fat 1g	6%	Fiber 2g	9%
Calories 90		<i>Trans</i> Fat 0g		Sugars 1g	
Fat Cal. 40		Cholest. 10mg	3%	Protein 5g	
		Sodium 330mg	14%		
		Vitamin A 4%		Vitamin C 15%	
		Calcium 2%		Iron 4%	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.