

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



KALE AND CANNELLINI SOUP

Vegan, Gluten Free

Ingredients: Water, Cannellini beans, Kale, Onion, Carrot, Garlic, Thyme, Salt, Black pepper, Cider Vinegar

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts

Serv. Size 8 oz (227 g/8 oz)
 Serv. Per Cont. 3
Calories 60
 Fat Cal. 25

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 2.5g	4%	Total Carb. 8g	3%
Sat. Fat 0g	0%	Fiber 2g	9%
Trans Fat 0g		Sugars 2g	
Cholest. 0mg	0%	Protein 3g	
Sodium 550mg	23%		
Vitamin A 80% • Vitamin C 60% • Calcium 6% • Iron 6%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.