

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



GINGER CHICKEN SOUP

Gluten Free

Ingredients: Water, Chicken, Squash, Onion, Celery, Carrot, Fennel, Ginger, Salt, Garlic, Lemon, Parsley, Olive oil, Chili

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts

Serv. Size 12 oz (340 g/12 oz)
 Serv. Per Cont.
 Calories 110
 Fat Cal. 45

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 5g	7%	Total Carb. 11g	4%
Sat. Fat 1.5g	7%	Fiber 3g	11%
<i>Trans</i> Fat 0g		Sugars 4g	
Cholest. 20mg	6%	Protein 7g	
Sodium 940mg	39%		
Vitamin A 70% • Vitamin C 15% • Calcium 6% • Iron 6%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.