

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



Chilled CUCUMBER Dill Soup

Gluten Free, Vegetarian

Ingredients: Water, Cucumber, Yogurt, Dill, Lemon, Cumin, Chili flake, Salt, Black pepper.
Allergens: Contains milk

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 8 oz (227 g/8 oz)		Total Fat 11g	17%	Total Carb. 6g	2%
Serv. Per Cont. 3		Sat. Fat 2g	10%	Fiber 1g	3%
Calories 130		<i>Trans Fat</i> 0g		Sugars 5g	
Fat Cal. 100		Cholest. 5mg	1%	Protein 4g	
		Sodium 400mg	17%		
		Vitamin A 4% • Vitamin C 8% • Calcium 15% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.