

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



BROCCOLI CHEDDAR SOUP

Gluten Free, Vegetarian

Ingredients: Water, Potato, Broccoli, Carrot, VT Cheddar Cheese, Cream, Carrot, Lemon, Salt, White pepper, Thyme

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts

Serv. Size 12 oz (340 g/12 oz)
 Serv. Per Cont. 1
 Calories 200
 Fat Cal. 90

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 10g	16%	Total Carb. 21g	7%
Sat. Fat 6g	32%	Fiber 3g	11%
<i>Trans</i> Fat 0g		Sugars 2g	
Cholest. 35mg	12%	Protein 7g	
Sodium 600mg	25%		
Vitamin A 70% • Vitamin C 60% • Calcium 15% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.