

JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™



ASPARAGUS SOUP

Gluten Free, Vegetarian

Ingredients: Water, Asparagus, Potato, Cream, Thyme, Lemon, Salt, Black pepper.
Allergens: *Contains milk*

Vermont-Made From Local Farm Products

Super-fresh ingredients from nearby farms give our products flavor and energy. Eat great soup and join us in supporting small farms, local food producers, and the localvore movement.



screaminridgefarm.com

Nutrition Facts

Serv. Size 12 oz (340 g/12 oz)
 Serv. Per Cont.
Calories 180
 Fat Cal. 80

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 9g	14%	Total Carb. 24g	8%
Sat. Fat 4g	20%	Fiber 3g	12%
<i>Trans</i> Fat 0g		Sugars 3g	
Cholest. 25mg	8%	Protein 3g	
Sodium 720mg	30%		
Vitamin A 10%	•	Vitamin C 20%	•
		Calcium 4%	•
		Iron 8%	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.