

# JOE'S KITCHEN™

AT SCREAMIN' RIDGE FARM™

*Vermont-Made with Local Products*



## ASPARAGUS SOUP

*No Gluten-Containing Ingredients, Vegetarian*

**Ingredients:** Water, Asparagus, Potato, Cream,  
Thyme, Lemon, Salt, Black pepper.

*Allergens: contains milk*

[www.ScreaminRidgeFarm.com](http://www.ScreaminRidgeFarm.com)

### Nutrition Facts

Serv. Size 8 oz (227 g/8 oz)

Serv. Per Cont. 3

**Calories** 120

Fat Cal. 50

Amount/serving	%DV*	Amount/serving	%DV*
<b>Total Fat</b> 6g	<b>9%</b>	<b>Total Carb.</b> 16g	<b>5%</b>
Sat. Fat 2.5g	<b>14%</b>	Fiber 2g	<b>8%</b>
Trans Fat 0g		Sugars 2g	
<b>Cholest.</b> 15mg	<b>5%</b>	<b>Protein</b> 2g	
<b>Sodium</b> 480mg	<b>20%</b>		

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 8% • Vitamin C 15% • Calcium 2% • Iron 4%