

Apalachee High School Cheerleaders Presents the

14th Annual Dale Sanders Apalachee Wildcat 5K Run



Friday – May 13, 2016 – 6:30PM & 7:00 PM Apalachee High School, Winder, GA

TIMES:

1 Mile FUN RUN- 6:30PM 5K Walk/Run – 7:00PM

THE COURSE: The Run will begin at Apalachee High School. The course navigates through the close by neighborhoods of Avalon Village and Berkshire Place. Start and finish is at Apalachee High School.

REGISTRATION:

\$15 pre-registered 5K – postmarked by 4/29/16 \$20 thereafter and race day 5K Students 18 years & under and Fun Run (any age) - \$10 \$50 Family rate (up to 4 runners) pre-registered only

Make checks payable to AHS CheerCats Booster Club.

Race day registration and packet pickup begins at 5:00pm

Registration also available on active.com



AWARDS: Awards will be given to the Overall m/f, Masters m/f and top 3 m/f in the following age groups: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. All fun run participants will receive ribbons.

TO GET THERE: From Athens – Take 316W to Hwy. 81. Take a left on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School From Atlanta – Take 316 East to Hwy. 81 (Barrow County). Take a right on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School.







BENEFITS: This 5K race will benefit the Apalachee High School Cheerleaders. For more information, contact Katie Hicks, Katie.hicks@barrow.k12.ga.us

Please return entry to: Dale Sanders 5K, c/o Classic Race Services, 1860 Barnett Shoals Road, Suite 103-498, Athens, GA 30605									
NAME:								DOB	AGE
ADDRESS:									
CITY:							STATE:		ZIP
T-SHIRT SIZE	YS	ΥM	AS	AM	AL	AXL		MALE	FEMALE
Waiver: In consideration of accepting the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against Apalachee High School, all sponsors, their representatives, successor, assigns, for any and all injuries suffered by me in this event. I also grant full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.									
Signature:Parents Signature if under 18:									

