2020 First Response Rescue Challenge Skills Checklist

This list identifies the potential techniques, skills, and applications participating teams will expected to know and demonstrate throughout the challenge.

- Vertical Lower in Stokes
- Vertical Raise in Stokes (pick and pivot)
- Harness lower/raise (bowtie harness / hasty harness)
- Ladder Cage pick-off
- Pick-off (lower)
- Pick-off – Line Transfer Raise/Lower
- Ladder Slide (Raise/lower)
- Ladder Access to Structure
- All Equipment Rappel
- Rescuer Access by rappel/lower
- Tripod
- Stair Slide (raise/lower)
- Stairwell (raise/lower)
- 2 patient scenarios
- Lose Team member scenarios
- Mechanical Advantage Raises (2:1, 3:1, 4:1)
  - Block and Tackle (3:1; 4:1)
  - Z Rig (3:1)
  - Complex 4:1 (2:1 piggy back on 2:1)
- Load Sharing/Self Equalizing anchors – 2 point and 3 point
- Slope Rescue
- Confined Space Entry Rescue
- Use of SCBA during scenarios
- Use of Airline respirators during scenarios
- Vehicle as an anchor point
- 3-man dead man anchor
- Knot passing
- Rope Ascension
- 4 point rope raise in Stokes Basket from excavation
- Use a KED device
- ALL EMT SKILLS …childbirth, traction splint, etc.

For questions, please contact:

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