

Sundara Inn & Spa, Wisconsin

Located 200 miles northwest of Chicago, Wisconsin Dells is one of the Midwest's most popular resort destinations. Set within a 26-acre pine forest, removed from the hectic tourist areas, lies Sundara Inn & Spa, a three-year-old destination spa that has recently completed eight residential villas. "Guest journals in all of the inn's suites held entry after entry from guests who told us they wished they could live at Sundara," says the resort's CEO, Kelli Trumble, who decided that granting their wishes was in tune with Sundara's mission of spreading serenity and wellness.

The 1,700-square-foot villas, which begin at \$795,000, can accommodate up to eight people and feature a master spa suite with a canopied king featherbed and soak tub with chromatherapy; a gourmet kitchen with granite countertops, stainless steel appliances and sleek, European-style cabinets; a three-way fireplace; and a guest bedroom and bath.

Each villa is connected by a shared 563-square-foot spa bathhouse with side-by-side massage tables and glass double doors that open onto a private open-air garden with a shower, stone

reflexology path and aromatic cedar hot soaking bath. Private entrances allow spa staff to enter unobtrusively before treatments and depart quietly afterwards.

As with Sundara proper, Trumble made sure the villas' architecture combined organic, sustainable practices with feng shui principles. "The villas were conceived as a place where owners and guests could experience health for the body, peace for the spirit and respect for the planet," says Trumble. "The principles of feng shui and sustainable building practices speak to that trio of spa lifestyle goals."

Trumble plans to further the villas' healthy living focus by offering owners advanced nutritional counseling, guided meditation and in-villa organic cooking classes. "Today's consumers are, by their own admission, stressed out, time stretched and overscheduled," says Trumble. "Spa residences like our lifestyle villas provide a tranquil escape where owners and guests can begin to make a shift in their lives toward wellness."

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Sundara Inn & Spa

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Below: Nestled within a 26-acre pine forest, Sundara is the Midwest's first residential spa community.

Right: Each of the eight villas can accommodate up to eight people.

