



Saint Hilary School

Where faith, family, and academics thrive!

Dear Parent/Guardian,

February 26, 2014

After 13 years of service to St. Hilary students and staff Ms. Christine Olson will be retiring as of Friday, February 28th. We thank her for all of her years of dedication to St. Hilary and wish her all the best in her retirement. Thank you, Ms. Olson!!!

The Terra Nova tests will take place next week for 3rd – 7th graders. These tests are only a portion of our day and academic instruction will continue. There will be light homework and no official tests given. Students who reach their math goals or complete a novel will continue to take the Accelerated Math and Reading tests/quizzes. Please see the enclosed letter for additional information regarding these tests.

This year, we are starting the Godparent Scholarship Fund to assist our school families who continue to see value in a Catholic education, while struggling financially. This scholarship fund was created to assist in covering the gap between the actual cost of educating a child at St. Hilary (\$6,816) and the one-child tuition rate of \$5,750. We are asking school families who are financially able to help cover the gap of \$1,066, to contribute to the Godparent Scholarship Fund and help fellow St. Hilary families who struggle to keep their children in our school. If you are not able to contribute the entire amount any donations are appreciated. All donations are fully tax deductible as to the extent allowed by the law. Please contact your tax professional for what that means to you.

This year St. Hilary will be utilizing the FACTS management program for our financial aid process. There is a link on our school's website for the FACTS program. This is the same organization that serves as our tuition management program. It is more efficient for everyone to incorporate both of these services in one program. The application is now available for you. Please see the enclosed letter for additional information regarding the financial aid/support program.

This has been a very long and trying winter for all of us. The safety and well being of our children is always our first priority. We will continue to welcome the children into the building earlier than usual. Please remember that although you are in the building no parent or student should be in their homeroom before the first bell at 7:45 a.m. unless previous arrangements have been made with the teacher. Thank you for your cooperation and understanding in this matter.

The deadline for placing your order for the 2013-2014 school yearbook is Feb. 28th. 8th graders do not have to order their yearbook as it is part of their 8th grade fees. They will automatically receive a copy.

The next Market Day pick-up is March 22nd. If you are able to volunteer please contact the school office and we will share your contact information with Mrs. Scarpelli. This is an excellent opportunity for families to receive their service hours.

I am looking for recess supervisors. If you are interested please contact the school office and leave your information or send me an email at Donovan@sthilarychicago.org. The recess supervisors work from 11:00 a.m. – 1:00 p.m. You must be Virtus trained and have your volunteer paperwork up-to-date. Thank you for your consideration.

Thank you to the many families who have already completed their registration for the 2014-2015 school year, we look forward to another wonderful year with your child. If you have returned the paperwork for your child's registration and have not made the discounted \$100.00 payment please do so before March 21st. The normal registration fee of \$200.00 will go into effect after the 21st. The paperwork and fee must be in place in order to hold a seat for your child. Thank you for your understanding and cooperation.

Dates to Remember:

- Feb. 28 – March 1 Family School Association's Carson Community Days
- March 2 – 7th grade Presentation of Confirmandi at the 10:00 mass and parent meeting
- March 3 – Kick-off for Pennies for Patients (a Lenten service project)
- March 5 – 1:45 dismissal
- March 5 – Ash Wednesday

Emergency Closing Information

Our SchoolReach system will notify you either by phone or email in the event of our school closing due to weather. In addition, emergency closing information will be announced on WBBM Radio Newsradio 78 and WGN Radio 720. The television stations to watch are CBS Channel 2 Chicago, Channel 5, ABC Channel 7 Chicago, WGN Morning News, Fox 32 and CLTV News. On-line you may access information at www.EmergencyClosings.com. Our website www.sthilarychicago.org will also have closing information. We will close if the Archdiocese closes and if CPS Closes – extremely rare events. **You should choose, based on your own judgment and situation, whether or not to keep your child (ren) home.**

Please check out the Peek at the Week for a look at the week ahead.

Gratefully,

Mrs. Kathie Donovan

Mrs. Kathie Donovan, Principal



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February 26, 2014

Dear Parent or Guardian,

During the first two full weeks of March, your child will be taking the Terra-Nova standardized tests. The Terra-Nova Multiple Assessment Standardized Test is the most widely used form of testing in the United States today. Students all across the country are measured by this one instrument to see how well each school's curriculum is helping students to learn at the various grade levels. Historically, our students perform very well when measured against students across the country on standardized tests. These multiple assessment tests will help the staff find ways to help our students be even more successful. All students in grades three through seven will be taking these tests.

The tests measure a wide range of skills and knowledge. Within each discipline's test, there is a variety of items that not only tests the student's knowledge and understanding of the subject (math or science), but also tests his/her ability to use that knowledge in a variety of ways to draw conclusions from data, make judgments about details in a reading passage, or predict trends from data tables. No single test can ascertain if all educational goals are being met. A variety of tests (multiple choice, open ended questions) are necessary to provide a complete view of what students know and can do. This test will measure how well your child has been learning during his/her entire school life, so it is not a test that can be studied for on the night or weekend before it is given.

There are, however, some things that you as a parent/guardian can do to ensure that your child does his/her very best on this test next week.

1. Make sure that your child gets sufficient sleep. Being well-rested gives the mind its best chance to think clearly when answering questions on the test.
2. Make sure that your child eats a good breakfast on each of the test days. Without proper nourishment the mind has more difficulty performing well.
3. Express your confidence in your child's ability to do well on the test. Assure your child that you expect him/her to do his/her best. It is best not to make promises of rewards for high scores or punishments for a low score. This only puts undue pressure on your child. He/she may be nervous enough anyway.
4. In May, when you receive a report of the results, go over the report with your child. Please be sure to praise him/her for areas of the test on which he/she has done well. Suggest that there may be ways to improve next year's scores by more diligent studying, more reading, trips to museums, etc. Since many of your child's life experiences, study habits and natural abilities are reflected in this test, good year-long habits of learning are extremely important.

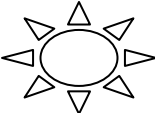
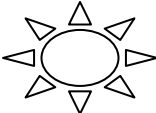
If you have any questions about the Terra-Nova test after you receive the report in May, be sure to contact your child's teacher to ask any specific questions. The teacher may be able to offer some suggestions to you to help your child improve his/her performance. Remember, this test is only one measure of your child's educational performance. His/her daily work and teacher-made tests show what has been specifically learned by your child in class this year.

Mrs. Kathie Donovan, principal

A Peek at the Week

Week of March 3 - 7

Terra Nova Testing begins this week!

MONDAY: March 3rd Altar Servers: Diana Flatsousis, Camryn Serion <ul style="list-style-type: none">✓ Market Day order deadline✓ Kick-off for "Pennies for Patients" – a Lenten service project
TUESDAY: March 4th Altar Servers: Diana Flatsousis, Camryn Serion <ul style="list-style-type: none">✓ Student Council meeting- officers and representatives✓ Board of Specified Jurisdiction meeting 7:00 p.m. in rectory
WEDNESDAY: March 5th Altar Servers: Zheous Abalos, Kurtis Dinh 7:00 p.m. Sofia Yunez-Torres, Dillon Grant <ul style="list-style-type: none">✓ 1:45 dismissal – Faculty meeting✓ 8:30 all school liturgy – Ash Wednesday
THURSDAY: March 6th Altar Servers: Zheous Abalos, Kurtis Dinh <ul style="list-style-type: none">✓ Yearbook Committee in Room 206 from 3:00 – 3:45 p.m.
FRIDAY: March 7th Altar Servers: Matthew Crowe, Gabriel Aco 2:00 p.m. Nuala Kalensky, Angelo Obra 7:00 p.m. Ruel Yamat, Maggie McNabb <ul style="list-style-type: none">✓ Stations of the Cross 2:00 p.m.✓ Men's Club Fish Fry
SATURDAY: March 8th Altar Servers: 8:30 a.m. Matthew Crowe, Gabriel Aco 5:00 p.m. Chris Troyke, K. & A. Lynch SUNDAY: March 9th Altar Servers: 8:00 a.m. C. & K. Buenaventura, Jessica Trieu 10:00 a.m. Dan Echeverria, Daniel Dinh, Brianna Ho 12:00 Noon G. & K. Giannoni, Joe Sirgiovanni
<div><div>Sat. March 8th - 7th grade Spirit Day Retreat</div><div>Spring those clocks ahead on Saturday, March 8th!</div><div></div></div>

St. Hilary where faith, family, and academics thrive!



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Dear Parent/Guardian:

FACTS Grant & Aid Assessment will be conducting the financial need analysis for St. Hilary for the upcoming 2014-2015 school year. Families applying for financial aid will need to complete an application and submit the necessary supporting documentation to FACTS Grant & Aid Assessment by June 30, 2014. Applicants can apply online beginning February 26, 2014, at www.sthilarychicago.org. Once an online application has been completed, the following information will need to be sent to FACTS to complete the application process:

- Copies of your most recent Federal tax forms including all supporting tax schedules.
- Copies of your 2013 W-2 forms for both you and your spouse.
- Copies of supporting documentation for Social Security Income, Welfare, Child Support, Food Stamps, Workers' Compensation, and TANF.

All supporting documentation can be uploaded in PDF format online.

Documentation can also be faxed to 1-866-315-9264 or mailed to the address below. Please be sure to include the applicant ID on all faxed or mailed correspondence.

FACTS Grant & Aid Assessment
P.O. Box 82524
Lincoln, NE 68501-2524

If you have questions or concerns about the application process, you may speak with a FACTS Customer Care Representative at 1-866-441-4637.

Sincerely,

Mrs. Kathie Donovan
Principal

Carson's Community Days

Support our school while you shop on Friday and Saturday



Purchase a Community Days booklet for just \$5 from the St. Hilary Family & School Association and receive an exclusive coupon booklet, good toward merchandise at Carson's stores during its special Two Day Community Days Sale from February 28 to March 1. **With 100% of booklet sales benefiting our school**, you can feel good going shopping and great about giving back!

The Community Days booklet is filled with coupons and exclusive offers worth over \$500, including:

- A \$10 coupon to use on an item of \$10 or more.
- A shopping pass to save up to 25% off, shop online or at your local store.
- A 30% off Early Bird Coupon valid BOTH DAYS until 1pm.
- Coupon offers for extra dollars off on items throughout the store
- A Web-exclusive Offer, plus free shipping on February 28 - March 1

Community Days coupon booklets are available now, or you may purchase them at the store during the sale. Tell your friends and family!

For more information, contact Kristen Allen at
773-909-9278 or kristenileene24@yahoo.com

Community Days coupon booklet order form (please clip and return)

Name _____

Phone _____

Number of booklets _____

Order total _____

(Please make checks payable to St. Hilary School)

Send with student _____

Room number _____

Carson's Community Days

Volunteer & Service Hour opportunities

The Family & School Association is looking for volunteers to help sell Carson's Community Days coupon books during the Community Days sale at the Lincolnwood Town Center Carson's location. All of the proceeds from the coupon book sales benefit our school, and we can earn a bonus if we can sell more than 75 booklets.

Available dates and times

Friday, Feb. 28

4-6 p.m.

8-10 p.m.

Saturday, March 1

1-3 p.m.

3-5 p.m.

Location

Carson's at Lincolnwood Town Center

3333 W. Touhy Ave., Lincolnwood, IL

If you are able to volunteer, please contact Kristen Allen at 773-909-9278 or kristenileene24@yahoo.com.

Thank you for your support!



St. Hilary Men's Club

Fish Fry Friday.

**Give your kitchen a rest
& come on out for a great
all you can eat meal!**

Deep Fried Fish, Coleslaw, Mac & Cheese, Sweet Table, & Cash Bar.

Adults \$8.00

Children ages 4 – 12 \$5.00

Little kids Free

St. Hilary cafeteria Friday, February March 7th, 6:00 p.m.

Sponsored by the St. Hilary Men's Club.

All proceeds benefit the St. Hilary School Sports Program.

Hope to see you Friday March 7th!



Market Day Madness



BONUS DAYS = PIES ... The more desserts purchased, the more our school earns!!



MARCH MADNESS GATHERINGS!! SAINT PATRICKS DAY!!

Which one do you celebrate? Whichever you have to prepare for, Market Day should be your choice to help create quick appetizers and meals that will satisfy everyone's stomachs. You can host and cook with ease!! Remember to use the Promo Code: **MARBONUS** with you \$90 purchase to receive the Munchtable Combo Pack..TASTY!!!!

How to order?

School, Rectory or call by Fri 03/14

Place orders online or cash/check accepted at sale

Internet orders by 11pm CST Wed 03/19

Pick-up Where?

St. Hilary Cafeteria

Sat, Mar. 22 at 9:30am-10:30am

Questions or Concerns, please contact:

Sally Scarpelli at (773) 769-1563 .. or.. Colleen Coleman at (773) 784-7152

ACCOUNT NO. 3532 St. Hilary School





Happy Pulaski Day!

Why not buy some SCP'S for all your needs?

You can now use your rebate towards reducing your tuition, your book fee, purchase gym uniforms, after school care, or add to your lunch card and as always you can buy more certificates, or donate your rebate to the school which would be used towards the school technology program

Remember: no order is too BIG or too small. It all goes to benefit our children!

- ❖ **USE THEM TO SHOP INSTEAD OF CASH, CHECK, OR CREDIT.**
- ❖ **ST. HILARY RECEIVES A COMMISSION ON EACH CERTIFICATE SOLD.**
- ❖ **WE WILL SPLIT THAT COMMISSION "50-50" ON YOUR TOTAL PURCHASE FOR EACH QUARTER. IT CAN BE USED TOWARDS TUITION, BUY MORE CERTIFICATES OR DONATE IT TO THE SCHOOL.**
- ❖ **"FACTS" PARTICIPANTS ARE ELIGIBLE FOR ALL THE BENEFITS OF THE SCP PROGRAM.**

FOR MORE INFORMATION ON SCP* CALL

KATHY ERNST @ (773) 989-9249 or email Ernst@sthilarychicago.org

CERTIFICATES USUALLY ON HAND:

RESTAURANTS:

Burger King (2% rebate)	\$10	_____
Chili's (5.5% rebate)	\$25	_____
Chipotle (5.5% rebate)	\$10	_____
Dunkin Donuts (1.5% rebate)	\$10	_____
Gordon Food Service (1.5% rebate)	\$25	_____
I Hop (4% rebate)	\$25	_____
Kentucky Fried Chicken (4.5% rebate)	\$5	_____
Lettuce Entertain You Restaurants (6.5% rebate)	\$25	_____
Lou Malnatis (3.5% rebate)	\$25	_____
Marianos (2% rebate)	\$25	_____
Panera Bread (4.5% rebate)	\$10	_____
Olive Garden/Red Lobster (4.5% rebate)	\$25	_____
Panera Bread (4.5% rebate)	\$10	_____
Pizza Hut (4% rebate)	\$10	_____
Starbucks Coffee (3.5% rebate)	\$10	_____
Subway (2% rebate)	\$10	_____
Wendy's (2% rebate)	\$10	_____

SPECIALTY:

AMC-Cineplex-Sony-Lowes Theaters (4% rebate)	\$25	_____
AMC-Cineplex-Sony-Lowes Theaters (4% rebate)	\$7	_____
Fannie May (12% rebate)	\$20	_____
I Tunes (1.5% rebate)	\$25	_____
Mobil/Exxon (0.75% rebate)	\$50	_____
Shell Debit Card (1% rebate)	\$25	_____
Shell Debit Card (1% rebate)	\$100	_____
U.S. Postage Stamps 20 @ .45¢ (0% rebate)	8.8	_____

RETAIL:

Bath & Body Works (6.5% rebate)	\$10	_____
Best Buy (1% rebate)	\$25	_____
Carson Pirie Scott (4.5% rebate)	\$25	_____
Claire's (4.5% rebate)	\$10	_____
Dick's Sporting Goods (3% rebate)	\$25	_____
Dominicks (2% rebate)	\$25	_____
Home Depot (2% rebate)	\$25	_____
Jewel-Osco (2% rebate)	\$25	_____
Jewel-Osco (2% rebate)	\$100	_____
Lowe's Home (2% rebate)	\$25	_____
Marshall's/T J Maxx (3.5% rebate)	\$25	_____
Muller Meats (3% rebate)	\$20	_____
Old Navy, Gap, Banana Republic	\$25	_____
Ross (4% rebate)	\$25	_____
Toy-R-Us (1.5% rebate)	\$20	_____
Walgreens (3% rebate)	\$25	_____
Wal-mart (1.25% rebate)	\$25	_____

ST. HILARY GIFT CERTIFICATE

CHOOSE THE AMOUNT \$ _____

RETAIL:

CERTIFICATE ORDERS (FROM BOTTOM SECTION) RECEIVED BY FRIDAY WILL BE AVAILABLE ON TUESDAY OF THE FOLLOWING WEEK:

RESTAURANTS:

	\$10	_____
	\$10	_____
Boston Market (6.5% rebate)	\$10	_____
Buffalo Wild Wings (3.5% rebate)	\$25	_____
Eduardo's Pizza (4% rebate)	\$10	_____
Houlihan's (4% rebate)	\$25	_____
Mrs. Fields Cookies (9% rebate)	\$5	_____
Outback Steakhouse (4% rebate)	\$25	_____
Red Robbin (4.5% rebate)	\$10	_____

SPECIALTY:

	\$10	_____
Barnes & Noble (4% rebate)	\$10	_____
B P Gas (.75% rebate)	\$50	_____
Chuck E. Cheese (4% rebate)	\$20	_____
Honey Baked Ham (4.5% rebate)	\$20	_____
Hyatt Hotels (4% rebate)	\$25	_____
Marriott Hotels (4.5% rebate)	\$50	_____
Oberweis (4.5% rebate)	\$10	_____
Sara Lee Outlets (6.5% rebate)	\$10	_____
Timber Ridge Lodge (4.5% rebate)	\$25	_____

Bed, Bath & Beyond (3% rebate)	\$25	_____
Build A Bear (5% rebate)	\$25	_____
Crate & Barrel (3% rebate)	\$25	_____
CVS Pharmacy (2% rebate)	\$25	_____
CVS Pharmacy (2% rebate)	\$100	_____
Eddie Bauer (4.5% rebate)	\$25	_____
Express (6.5% rebate)	\$20	_____
Foot Locker (5% rebate)	\$25	_____
Hair Cuttery (4% rebate)	\$10	_____
J C Penneys (2% rebate)	\$25	_____
Land's End (7% rebate)	\$25	_____
Lane Bryant (4% rebate)	\$25	_____
Mario Tricoci (4% rebate)	\$25	_____
Menard's (1.5% rebate)	\$25	_____
Office Depot (2% rebate)	\$25	_____
Office Max (2.5% rebate)	\$25	_____
Payless Shoes (6.5% rebate)	\$10	_____
Pier 1 Imports (4.5% rebate)	\$20	_____
Pottery Barn/Wm. Sonoma (4% rebate)	\$25	_____
Shutterfly (4.5% rebate)	\$25	_____
Sports Authority (4% rebate)	\$25	_____
Target (.75% rebate)	\$25	_____
Target (.75% rebate)	\$100	_____

Please note: When one or more companies are listed together, the certificates are good at either store.

NAME _____

PHONE NUMBER _____

ORDER TOTAL \$ _____

Please make checks payable to: St. Hilary School

SEND WITH STUDENT * _____

ROOM # _____

WILL PICK-UP AT SCHOOL _____

*PLEASE NOTE: St. Hilary School & its Board cannot be held responsible for any loss that may occur in transit.
Any Questions, Call Kathy Ernst (773) 989-9249.



**ST. HILARY ATHLETICS & ST. HILARY
MEN'S CLUB**

***ST. PATRICK'S DAY
CORNEBEEF DINNER***

***SILENT AUCTION & SPORT PROGRAMS
FUNDRAISER.***

SATURDAY MARCH 15, 2014

ST. HILARY CAFETERIA & GYM,

DOORS OPEN 6:00 P.M.

IRISH MUSIC & DANCE, CASH BAR.

Raffles pull tabs.

Auction Items:

Sports Tickets & Memorabilia,

Signed 8th grade boys & girls basketballs & volleyball,

Barbeque for 10 @ Church Rectory

and much more.

TICKETS \$ 30.00. RESERVATIONS TABLES OF 8 OR MORE.

TICKETS AVAILABLE AT SCHOOL OFFICE, CHURCH

RECTORY, ALSO THE NIGHT OF THE EVENT.

Daryl McNabb 312.907.3992, damcnabb@sbcglobal.net

All are Welcome !!!

Corned Beef and Cabbage Dinners-to-Go

If you cannot make the Annual Corned Beef & Cabbage Dinner consider ordering Dinners-to-Go to help support the St Hilary Sports Program.

- Meals come in a microwaveable takeout container.
 - Corned Beef
 - Cabbage
 - Rye Bread
 - Carrots
 - Package Knife, Fork, Napkin
 - Potato
- Dinners-to-Go are available for pickup Saturday March 15, 2014 between 5 and 7 PM at the Order Pick-Up Station in the Gymnasium.
- Dinners-to-Go for home delivery are delivered Saturday Afternoon March 15, 2014 between 1 and 4 PM. Deliveries only within the parish boundaries Western, Foster, Petersen, Pulaski (including North Park Village).



Corned Beef and Cabbage Dinners-to-Go

Name: _____

Phone: _____

Address: _____

Dinners

_____ Pick-ups are available Saturday March 15, 5-7PM at
Gymnasium Entrance (\$12/Meal)

_____ Home Delivery Saturday March 15, 1-4 PM (\$15/Meal)

Total \$ _____ Cash _____ Check _____

Put a filled order form with payment in an envelope marked "CORNED BEEF DINNER TO GO" and place in the Sunday Collection or drop at Parish Office by Wednesday, March 12th 2014.

- **DINNERS-to-GO must be Pre-Paid**
- Deliveries only within the parish boundaries Western, Foster, Petersen, Pulaski (including North Park Village).



Making learning **FUN**
with LEGO® Bricks!!

Bricks 4 Kidz® After-school Class

Bricks 4 Kidz® offers STEM-based after-school enrichment programs for kids ages 6-12. Students will build models using LEGO® bricks and education products.



We Learn, We Build, We Play with LEGO® bricks!

Now enrolling for our **Life Science** unit! Class begins Friday, February 28.

Explore the fascinating science of living things and build engaging models of creatures from caterpillars to dinosaurs. During this six week unit, students will explore topics such as how the human body stays cool, the amazing life cycle of a butterfly, and investigate the Venus Fly Trap -- a plant that eats bugs! If you love creatures, this is the class for you. Don't miss out, register today!

Register online at <http://www.bricks4kidz.com/chicagonorth!>

Info for St. Hilary:

Class held Fridays 3:05 p.m. to 4:05 p.m.

Session 4 dates: 2/28, 3/7, 3/14, 3/21, 4/4,
4/11 (no class 3/28)

Cost: \$75 per 6 week session

Ask about our sibling discount!

For questions or more information,
contact:

Michael Hench
(773) 383-5211


mhench@bricks4kidz.com

www.bricks4kidz.com/chicagonorth

St. Hilary March 2014 LunchSmart Menu

Grades K-8



Monday	Tuesday	Wednesday	Thursday	Friday
March 3 Seasoned Turkey Burger on a Whole-Grain Bun served with BBQ Sauce OR BBQ Chicken Sandwich on a Whole Grain Bun Baked Beans Rainbow Variety Bar* Fresh Fruit OR Peaches	March 4 Crispy Oven-"Fried" Chicken Drumstick OR Bean Burrito with Salsa Broccoli Rainbow Variety Bar* Whole-Grain Breadstick Fresh Fruit OR Pineapple Tidbits	March 5 – Ash Wednesday Whole-Wheat Pasta with Mozzarella & Homemade Sauce OR WG French Toast Sticks and Fruited Yogurt Green Beans Rainbow Variety Bar* Fresh Fruit OR Pears	March 6 Roast Beef & Cheddar on a Whole-Grain Bun OR WG Chicken Corndog Baked Sweet Potato Waffle Fries Rainbow Variety Bar* Fresh Fruit OR Unsweetened Applesauce OR Apricots	March 7 Vegetarian Nachos with Refried Beans, Cheese & Whole-Grain Corn Tortilla Chips served with Salsa OR WG Fish Sticks with Ketchup Corn Rainbow Variety Bar* Fresh Fruit Fruit Cocktail
March 10 Chicken Tinga Tacos served on Ultragrain Tortillas with Shredded Cheddar & Salsa OR All-Beef Hot Dog California Blend Vegetables Rainbow Variety Bar* Fresh Fruit OR Peaches	March 11 Savory Salisbury Steak with Brown Gravy OR WG Chicken Nuggets Mashed Potatoes Rainbow Variety Bar* Whole-Wheat Bread Fresh Fruit OR Pears	March 12 Homemade Turkey Sloppy Joe on a Whole-Grain Bun OR BBQ Chicken Sandwich on a Whole Grain Bun Crinkle-Cut Carrots Rainbow Variety Bar* Fresh Fruit OR Pineapple Tidbits	March 13 Creamy Chicken with Brown Rice OR WG French Bread Cheese Pizza Broccoli Rainbow Variety Bar* Fresh Fruit OR Unsweetened Applesauce OR Apricots	March 14 Southwest Veggie Quesadilla with Salsa & Sour Cream OR Cheese Ravioli with Marinara Sauce Black Beans Rainbow Variety Bar* Fresh Fruit OR Fruit Cocktail
March 17 Burrito Bowl (featuring Meat, Brown Rice, Black Beans, Corn & Salsa) OR Chicken Tenders with BBQ Dipping Sauce Rainbow Variety Bar* Fresh Fruit OR Peaches 	March 18 BBQ Chicken Sandwich on a Whole-Grain Bun OR Turkey Sandwich on a Whole Grain Bun with Light Mayo Potato Spudsters Rainbow Variety Bar* Fresh Fruit OR Pears	March 19 Tex-Mex Chili Mac (featuring Vegetarian Chili with Kidney Beans over Whole-Grain Macaroni & Shredded Cheddar) OR Chicken Corn Dog Corn Rainbow Variety Bar* Fresh Fruit OR Pineapple Tidbits	March 20 Fajitas de Pollo on Ultragrain Tortillas with Garnish Cup & Salsa OR All-American Burger on a Whole Grain Bun Cilantro-Lime Brown Rice Crinkle-Cut Carrots Rainbow Variety Bar* Fresh Fruit OR Unsweetened Applesauce	March 21 Cheesy Whole-Grain Pizza OR WG Fish Sticks with Ketchup Green Beans Rainbow Variety Bar* Fresh Fruit Fruit Cocktail
March 24	March 25	March 26	March 27	March 28
S P R I N G B R E A K				
March 31 Loco Hawaiian BBQ Chicken & Pineapple Pizza on Whole-Grain Gordita Flatbread OR Southwest Veggie Quesadilla Crinkle-Cut Carrots Rainbow Variety Bar* Fresh Fruit OR Peaches	What's Great About Beans? Have you tried our Tex-Mex chili mac or burrito bowl? Both menu items feature beans. Beans are unique nutritional powerhouses. They are full of vitamins, minerals, antioxidants, fiber, and complex carbohydrates. That means they help to cut your risk of cancer, keep your heart healthy, and stabilize your blood sugar. The beans we are talking about include kidney, pinto, and black beans. They belong to both the protein and vegetable food groups. Many people use them as an alternative to meat. Fun fact: Green beans are different because their nutrient content is similar to veggies such as celery, onions, and cabbage.			March is National Nutrition Month® Did you know our menus are developed by chefs and dietitians?