

Where faith, family, and academics thrive!

Dear Parent/Guardian.

November 18, 2015

On Friday, Nov. 13th the teachers and I attended the Catechetical Conference at Drury Lane. At that conference Archbishop Cupich thanked all the teachers for their sacrifices and devotion to their ministry. He is very aware and grateful for their dedication while receiving low salaries and often volunteering many hours of their time. He also reminded us that it is a parent's responsibility to work together with the school to nurture their child's faith outside the classroom. Our faith must be strengthened by family in order to take root.

We will gather together at 1:45 p.m. on Tuesday, November 24th for our Thanksgiving prayer service. All are welcome to celebrate and give thanks with us.

Please read the letter in the white envelope that was sent to you today in the Wednesday envelope. This letter pertains to our Annual Christmas Fund for the teachers. I appreciate you helping me show our deepest gratitude for their dedication to our children.

All Archdiocesan schools have been working with AdvancEd for a system-wide accreditation. Part of this process involves participation in surveys. Two years ago parents, faculty, and students completed an AdvancEd survey. There is one additional survey which involves our Catholic Identity. The faculty has completed this survey, students in 5th – 8th grade will complete their survey in class, and parents are also asked to complete a survey. The link for the parent survey is http://www.advanc-ed.org/survey/public/0346778. This survey closes on Sun., Dec. 1st.

Thank you:

Last week I thanked many people for their help with our 8th graders Confirmation celebration and reception; however, I was remiss in thanking two people. Thank you to Mr. Mike Harris, our amazing photographer for taking photos before and after mass, as well as, during the ceremony. He has a wonderful eye and can truly capture special moments. Thank you to Mrs. Lisa Medina who baked all the cupcakes, cookies, banana bread, and apple bread on her own. You shared your delicious talent and we are grateful to you.

Thank you to those families who volunteered for lighting the Advent wreath. There are a few masses still available. See the flyer in today's envelope.

Ways to give service to others:

- ✓ Bring in canned foods and nonperishable items for the hungry.
- ✓ Donate baked goods and "spirits" for the Women's Club bake sale.
- ✓ Collect your #1 plastic bottles/containers and aluminum cans (no alcoholic beverages) for our recycling rally – new contest starting after Thanksgiving!

Reminders:

Attention all St. Hilary bakers! The Women's Club is hosting their annual bake sale on Sunday, November 22nd at the Vendor Craft Fair in the Vacala Auditorium. This is a large fund-raiser for these hard working ladies. They are looking for donations of baked items to sell – parents will receive volunteer service hours. All baked goods may be dropped off at school on Nov. 20 until 11:00 a.m. or directly to the Women's Club after any masses.

Our Student Council has begun our Annual Thanksgiving Food Drive. Please consider donating food items to allow those less fortunate than us enjoy a warm meal not only on Thanksgiving but throughout the year. This year we will be donating to the Heartland Alliance – the leading anti-poverty organization in the Midwest. On, Thurs. Nov. 19 any student who brings in 4 items may dress down (out of uniform) for the day. Ask your child which Star Wars character their class represents.

Deacon Juan Ramirez will hold a VIRTUS class on Thurs. December 3 from 6:30 – 9:30 p.m. Anyone who would like to volunteer for any school or parish events must complete this training. Please sign up for this session at www.virtus.org.

The end of the first academic trimester is November 20th. Please make sure your financial obligations to Saint Hilary are taken care of in a timely manner in the next two weeks. If you have experienced a change in circumstances please contact Mrs. Donovan to make adjustments to your bill and arrange a payment plan. Per board policy, students whose tuition and fees have not been kept up to date will be subject to exclusion on Wednesday, December 2nd. If your account is current, I thank you!

Emergency Closing/Cold Weather

Cold weather: Students will be kept in for indoor recess when the temperature is below 25 degrees (actually or with wind chill) or in wet rainy/snowy conditions. Please make

sure your child comes prepared to go outdoors – gloves, scarf, hat or hood. This is especially true of those who are on patrol.

Emergency Closing Information

Our SchoolReach system will notify you either by phone or email in the event of our school closing due to weather. In addition, emergency closing information will be announced on WBBM Radio Newsradio 780 and WGN Radio 720. The television stations to watch are CBS Channel 2 Chicago, Channel 5, ABC Channel 7 Chicago, WGN Morning News, Fox 32 and CLTV News. On-line you may access information at www.EmergencyClosings.com. Our website www.sthilarychicago.org will also have closing information. We will close if the Archdiocese is closed as a system, an extremely rare event. You should choose, based on your own judgment and situation, whether or not to keep your child(ren) home.

Contents of this Wednesday's envelope:

- SCP flyer
- Parent Ambassador flyer
- FSA Craft Fair, Christmas Party, and Volunteer flyers
- Advent Wreath flyer
- Women's Club Bake Sale flyer

Mark your calendars:

- Fri. Nov. 20 end of the 1st trimester
- Sun. Nov. 22 Family Mass 10:00 a.m. hosted by Kindergarten and 4th grade
- Sun. Nov. 22 FSA hosts the Vendor-Craft Fair 9 am 3 pm in the Vacala Auditorium
- Tues. Nov. 24th Thanksgiving Prayer Service
- Wed. Nov. 25th Fri. Nov. 27th No School
- Thurs. Nov. 26th Happy Thanksgiving!!
- Sun. Nov. 29th Advent begins
- Mon. Nov. 30th Parent Ambassador meeting 6:00 p.m. in the cafeteria

Please check out the Peek at the Week for a look at the week ahead.

As always, if you have any questions please feel free to contact me at school 773-561-5885 or by email donovan@sthilarychicago.org.

Gratefully,

Mrs. Kathie Donovan

Mrs. Kathie Donovan

Principal

A Peek at the Week

WEEK OF: NOVEMBER 23 - 27

St. Hilary where faith, family, and academics thrive!

MONDAY: November 23rd

Altar Servers: Truc, Toni, Nora

- ✓ Religious Education classes
- ✓ Final day for Thanksgiving Food Drive collections!!!
- \checkmark Cadet Band 7 7:45 a.m.
- ✓ Concert Band 3 4 p.m.
- ✓ Battle of the Books Rm. 204
- ✓ Yoga class 3:00 3:45 in the gym

TUESDAY: November 24th

Altar Servers: Brandon, Sidonie, Phuc

- ✓ NO Student Council meeting
- ✓ Thanksgiving Prayer Service 2:00 p.m.

WEDNESDAY: November 25th

Altar Servers: Ruel, Joey, Luke

✓ No School – Thanksgiving Holiday – School resumes on Monday Nov. 30th

At this time of Thanksgiving celebration our thoughts turn gratefully to you with warm appreciation and thanks for your continued support and dedication to the St. Hilary community.

Wishing you a Thanksgiving filled with warm moments and cherished memories with family and friends!



*Altar servers please make sure to check your schedule over the break!

Advent begins Sunday, November 29th

"May THE *FOOD* Be WITH YOU"

The annual St. Hilary Food Drive is being held during the weeks of November 9th and November 16th.

As a special incentive, if you bring in **4 or more canned items** on **Thursday,November 19th** you can **dress in a Stars Wars shirt** to match our theme. (Please no costumes, masks, or props). If you don't have any Star Wars attire you may wear the color of your grade's lightsaber!

PreK and K - Purple 1st Grade - Green 2nd Grade - Yellow 3rd Grade - Orange 4th Grade - Pink 5th Grade - Blue 6th Grade - Pink 7th Grade - Dark Blue 8th Grade - Red

The 4 canned items must be brought in with you that day to participate in the out of uniform day.

Thank you for all your donations during the Food Drive, St. Hilary Student Council









The Family & School Association is presenting a

Christmas Craft & Gift Fair

Sun., Nov. 22 · 9 a.m.-3 p.m.
St. Hilary School Gym

Nearly 40 crafters and vendors will be here to help you treat yourself or cross someone off your Christmas list!

Stop in and get some raffle tickets for the chance to win fabulous prizes from our participants!

Here's just a sampling of what you'll find:

* Wood ornaments * Handmade gift items and creations * Pampered Chef * Scentsy * *Tastefully Simple * Orbonne * Tupperware * Premiere Jewelers *





Spring Bake Sale on November 22nd at the Vendor & Craft Fair after all the Masses in the Vacala Auditorium.

Bakers are asked to prepare their fabulous goodies and bring them to the Vacala Auditorium (gym) before masses on Sunday the 22nd, or they can be dropped off at school on Friday the 20th before 11:00 a.m.

Don't forget to stop by to purchase your favorite sweets for the holidays.

> Thank you The St. Hilary Women's Club



Service hours are available for baked items

Advent Wreath Lighting

The Advent wreath is a Christian tradition that symbolizes the passage of the four weeks of Advent. Each of the four candles on the wreath represents an aspect of spiritual preparation for the celebration of the birth of our Lord, Jesus Christ. The Third Sunday of Advent, often called Gaudete Sunday, is represented by a rose colored candle. "Gaudete" is a Latin term for "rejoice" and, in this case, it is a reminder to rejoice that the time of Jesus' birth is near. During the season of Advent, candles are lit successively for each of the four Sundays of this penitential season.

Fr. Aloy and Fr. Tom are inviting families to take part in the lighting of the Advent wreath for all of the Masses each Sunday in Advent. Each family is asked to arrive at least 10 minutes before Mass. Choose your seat in the congregation. Leave your coats in the pew. Then return to the back of church to be part of the entrance procession. As you come to the sanctuary, bow and then walk up and stand near the Advent wreath. The wreath will be lit during the Kyrie. The candles are numbered. When the Cantor begins to sing, take the flame from one of the candles on the Altar and light candle #1 for the First Sunday of Advent, candles #1 and #2, for the Second Sunday, and so on. When the priest moves to the presider's chair you will return to your pew.

Please complete this form and return it to the school office or rectory. You will be notified of your assigned date. Thank you for your participation during this special time of the Church Year.

Fr. Aloy Fr. Tom Mrs. Donovan Deacon Ramirez

Family Name	·····	Phone	E-mail
Please choose you	ır Mass dates & time	25:	
Sat. Nov. 28 Sun. Nov. 29	8:00 a.m.	X X X	
Sat. Dec. 5 Sun. Dec. 6		X _X _X	
Sat. Dec. 12 Sun. Dec. 13	5:00 p.m 8:00 a.m 10:00 a.m 12:00 noon		
Sat. Dec. 19 Sun. Dec. 20	5:00 p.m 8:00 a.m 10:00 a.m 12:00 noon		

Top 5 Reasons To Become A Parent Ambassador

- 5 . You will meet a lot of great new friends.
- It is a great way to earn participation hours.
- You will learn things about the school that you never knew.
- 2. You will be playing an active role in the growth of the school.
- 1. You will get a cool St. Hilary shirt.

ANNOUNCING!!!



The St. HILARY Parent Ambassador Program

2015-2016

THIS PROGRAM IS:

- a new way to communicate with St. Hilary families
- a recruitment opportunity to share St. Hilary with others
- encourages involvement in St. Hilary activities
- offers assistance for St. Hilary parents navigating challenges that may arise each year

PARENT AMBASSADORS ARE:

- a resource for prospective, new, and current St. Hilary families in need of information
- a way to create unity within the St. Hilary family by making sure everyone is up-to-date on school-wide events with personal contact ahead of time

PARENT AMBASSADORS WILL:

- make periodic phone calls and e-mails to prospective and new families to see how students and families are adjusting to St. Hilary
- guide new families through the transition to St. Hilary
- attend school-wide events to meet new families and introduce them to current families
- assist current families with any new questions that arise throughout the year
- visit parishes without schools or with closing schools
- provide tours to prospective families

INTERESTED IN PARTICIPATING?

We will be kicking-off this program on Monday, November 30th in the cafeteria. The meeting will be from 6:00 – 7:00 p.m. Light refreshments will be served.

If you are interested in serving as a Parent Ambassador please RSVP to Mrs. Donovan at or email Donovan@sthilarychicago.org by Fri. November 20th.

Thank you considering this offer!!!!



The Family & School Association coordinates events for the children and families of St. Hilary. We need volunteers to help ensure that these programs are successful and lots of fun! Please consider sharing your gifts of time and talent to assist us. If your family is looking to complete service hours, here are some ways and upcoming events where helping hands would be greatly appreciated.

Craft & Vendor Fair — November 22

Help at our first craft and vendor fair! Set up on Saturday (Nov. 21) after 3:30 p.m. We also need volunteers starting at 6:30 a.m. Sunday, Nov. 22, to check-in vendors, answer questions, sell concessions and help ensure the event goes smoothly. We also need help with clean up after the vendor fair ends at 3 p.m. Please email Kathy Ernst at ernst@sthilarychicago.org or call the school office to volunteer.

Family Christmas Party — December 4

Our annual celebration is Friday, Dec. 4. Available volunteer opportunities: Set up and decorate (3-6 p.m.), Greeters (starting at 6:15), Servers (6:30-9), Help with crafts and cookie-decorating (6:30-9), and Cleanup (9-10). Sign up online at Volunteer Spot at http://vols.pt/H8KZu3 or contact Maria Hench at mariahench@gmail.com or 773-620-0642.

Student Lock-In — December 11-December 12

This is an overnight event for 6th through 8th graders. It starts at 7 p.m. Friday and ends at 7:30 a.m. on Sunday. Volunteers for this event must have completed VIRTUS training. Male and female chaperones to accompany the students overnight are especially needed, and shifts are available. We also need help with set up, check in, and dinner between 6:30 and 9:30 p.m. and with breakfast, checkout and clean up from 6:30 to 8:30 a.m. Sign up online at http://vols.pt/4VQhng or contact Kathy Ernst at ernst@sthilarychicago.org.

Pancake Breakfast — January 31

This event kicks off St. Hilary's Catholic Schools Week celebration. Volunteer opportunities include serving on the planning committee, setting up, greeting, cooking and serving food.



Thanksgiving Is just around the corner Be sure to order SCP early for that special holiday dinner!

Bonus Rebate Offers in November: Bath & Body Works (8%) Nov 7^{th} - Dec 4^{th} , Lettuce Entertain You (9%) Oct 31^{st} - Dec 25^{th} , Express (6%) Nov 14^{th} - Nov 27^{th} , ShutterFly (7%) Nov 14^{th} - Nov 27^{th} , Walgreens (4%) Nov 14^{th} - Nov 27^{th} , Fannie May (14.5%) Nov 14^{th} - Nov 27^{th} , Best Buy (1.5%) Nov 14^{th} - Nov 27^{th} , ITunes (2.5%) Nov 14^{th} - Nov 27^{th} , Pier 1 Imports (5.5%) Nov 14^{th} - Nov 27^{th} , Honeybaked (5.5%) Nov 14^{th} - Nov 27^{th} , Target (1.5%) Nov 14^{th} - Nov 27^{th} and Carson's (5.5%) Nov 14^{th} - Nov 27^{th} . Note: Subway Golden Gift card Giveaway Oct 31^{st} thru Dec 13^{th} .

ORDER EARLY TO ASSURE CERTIFICATE AVAILABILITY

Remember, no order is too Big or too Small. It all goes to benefit our children.

You can now use your rebate towards reducing your tuition, your book fee, purchase gym uniforms, after school care, or add to your lunch card and as always you can buy more certificates, or donate your rebate to the school which would be used towards the school technology program

- ❖ USE THEM TO SHOP INSTEAD OF CASH, CHECK OR CREDIT.
- ST. HILARY RECEIVES A COMMISSION ON EACH CERTIFICATE SOLD.
- ❖ WE WILL SPLIT THAT COMMISSION "50-50" ON YOUR TOTAL PURCHASE FOR EACH QUARTER. IT CAN BE USED TOWARDS TUITION, BUY MORE CERTIFICATES OR DONATE IT TO THE SCHOOL.
- * "FACTS" PARTICIPANTS ARE ELIGIBLE FOR ALL THE BENEFITS OF THE SCP PROGRAM.

FOR MORE INFORMATION ON SCP*
Email: KATHY ERNST @ ernst@sthilarychicago.org

CERTIFICATES USUALLY ON HAND:

CERTIFICATE ORDERS RECEIVED BY FRIDAY WILL BE AVAILABLE ON TUESDAY OF THE FOLLOWING WEEK:

RESTAURANTS:		RETAIL:	
		Bath & Body Works (6.5% rebate)	\$10
Burger King (2% rebate)	\$10	Best Buy (1.5% rebate)	\$25
Chili's (5.5% rebate)	\$25	Carson Pirie Scott (4.5% rebate)	\$25
Chipotle (5.5% rebate)	\$10	Claire's (4.5% rebate)	\$10
Dunkin Donuts (1.5% rebate)	\$10	Dick's Sporting Goods (3% rebate)	\$25
I Hop (4%rebate)	\$25	Gordon Food Service (1.5% rebate)	\$25
Kentucky Fried Chicken (4.5% rebate)	\$5	Home Depot (2% rebate)	\$25
Lettuce Entertain You Restaurants (6.5% rebate)	\$25	Jewel-Osco (2% rebate)	\$25
Lou Malnatis (3.5% rebate)	\$25	Jewel-Osco (2% rebate)	\$100
Panera Bread (4.5% rebate)	\$10	Lowe's Home (2% rebate)	\$25
Olive Garden/Red Lobster (4.5% rebate)	\$25	Marianos (2% rebate)	\$25
Panera Bread (4.5% rebate)	\$10	Marshall's/T J Maxx(3.5% rebate)	\$25
Pizza Hut (4% rebate)	\$10	Muller Meats (3% rebate)	\$20
Starbucks Coffee (3.5% rebate)	\$10	Old Navy,Gap,Banana Republic (2% rebate)	\$25
Subway (1.5% rebate)	\$10	Ross (5% rebate)	\$25
Wendy's (2% rebate)	\$10	Toy-R-Us (1.5% rebate)	\$20
		Walgreens (3% rebate)	\$25
SPECIALTY:		Wal-mart (1.25% rebate)	\$25
AMC-Cineplex-Sony-Lowes Theaters (4% rebate)	\$25		
AMC-Cineplex-Sony-Lowes Theaters (4.5% rebate)	\$9		
Fannie May (12% rebate)	\$20		
Tunes (1.5% rebate)	\$25		
Mobil/Exxon (0.50% rebate)	\$50		
Shell Debit Card (1% rebate)	\$25		
Shell Debit Card (1% rebate)	\$100	ST. HILARY GIFT CERTIFICATE	
U.S. Postage Stamps 20 @ .49¢ (0% rebate)	8.8	CHOOSE THE AMOUNT \$	
CERTIFICATE ORDERS (FROM BOTTOM SECTION)	RECEIVED BY FRIDAY W	ILL BE AVAILABLE ON TUESDAY OF THE FOLLOWING WEEK:	
RESTAURANTS:	\$10	RETAIL:	
Destroy Market (CFO(selects)	\$10	Dead Book C. Bernard (200 enhance)	625
Boston Market (6.5% rebate)	\$10	Bed, Bath & Beyond (3% rebate)	\$25
Buffalo Wild Wings (3.5% rebate)	\$25	Build A Bear (4% rebate)	\$25
Eduardo's Pizza (4% rebate)	\$10	Crate & Barrel (3% rebate)	\$25
Houlihan's (4% rebate)	\$25	CVS Pharmacy (2% rebate)	\$25
Mrs. Fields Cookies (9% rebate)	\$10	Eddie Bauer (4.5% rebate)	\$25
Outback Steakhouse (4% rebate)	\$25	Express (5.0% rebate)	\$25
Red Robin (4.5% rebate)	\$25	Foot Locker (4% rebate)	\$25
		Hair Cuttery (4% rebate)	\$10
SPECIALTY:		J C Penneys (2% rebate)	\$25
		Land's End (7% rebate)	\$25
Barnes & Noble (4% rebate)	\$10	Lane Bryant (4% rebate)	\$25
B P Gas (.50% rebate)	\$50	Mario Tricoci (4% rebate)	\$25
Chuck E. Cheese (4% rebate)	\$20	Menard's (1.5% rebate)	\$25
Honey Baked Ham (4.5% rebate)	\$25	Office Depot (2% rebate)	\$25
Hyatt Hotels (4% rebate)	\$25	Office Max (2.5% rebate)	\$25
Oberweis (4.5% rebate)	\$10	Payless Shoes (6.5% rebate)	\$10
Timber Ridge Lodge (4.5% rebate)	\$25	Pier 1 Imports (4.5% rebate)	\$20
	,	Pottery Barn/Wm. Sonoma (4% rebate)	\$25
		Shutterfly (4.5% rebate)	\$25
Please note: When one or more companies are listed together, the certificates a	are good at either store		\$25
riease note. When one of more companies are listed together, the certificates a	ire good at either store.	Target (1.00% rebate)	\$25
NAME			
NAME		Target (1.00% rebate)	\$100
ORDER TOTAL É			
ORDER TOTAL \$			
CEND WITH CTUDENT *		DUONE NUMBER	
SEND WITH STUDENT *		PHONE NUMBER	
WILL DICK LID AT COLOOL		Disease make abadia manakila ka 100 Ulian Californi	
WILL PICK-UP AT SCHOOL		Please make checks payable to: St. Hilary School	
*PLEASE NOTE: St. Hilary School & its Board cannot be held responsible for any	loss that may occur in	DOOM #	
transit.		ROOM #	
Any Questions, Call Kathy Ernst (773) 989-9249.			



FAMILY CHRISTMAS PARTY

FRIDAY, DECEMBER 4 * 6:30 TO 9 P.M. St. HILARY SCHOOL CAFETERIA

\$20 PER FAMILY BEFORE DEC. 1 / \$25 PER FAMILY AT THE DOOR

Pictures with Santa + Letters to Santa

Pizza + Refreshments + Hot Cocoa Bar

Decorate cookies + Make ornaments & crafts

BINGO + Raffle

Prizes include gifts from

Brookfield Zoo, Shedd Aquarium, Laser Quest, Putter's Edge, Beijo de Chocolat, Potbelly, Lou Malnati's, Starbucks, Bricks 4 Kidz, and more!

Please RSVP by Tuesday, December 1

Please cut and return this form with your payment by **Tuesday**, **Dec. 1**, to let us know that you are coming. This will help us make it a great evening. Thank you!

Yes! My family is planning to attend the Christmas Party.

Family name:	A total of	family members will be there
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Calling all volunteers!

Ring in the season at the annual Family Christmas Party on Friday, December 4. Volunteers are needed to help with the festivities. This is a fun way to earn family service hours. Parents: If you have a high school student who is looking for service hours, their help would be most welcome!

AVAILABLE OPPORTUNITIES

Set up	3 to 6 p.m.	Decorate the cafeteria; set up food and drinks; prepare activity areas
Greeters	Please arrive at 6:15 p.m.	Greet and check in families, collect admission if necessary
Servers	6:30 to 9 p.m.	Serve food and drinks
Craft tables	6:30 to 9 p.m.	Staff craft tables and help children and families with the activities
Cookie decorating	6:30 to 9 p.m.	Pass out cookies and assist children and families with decorating
Raffle	6:30 to 8 p.m.	Sell tickets and draw the winners
BINGO	8 to 9 p.m.	Run the BINGO games
Clean up	9 to 10 p.m.	Clean up after the party

HOW TO VOLUNTEER

Sign up on Volunteer Spot at http://vols.pt/H8KZu3 Contact Maria Hench at mariahench@gmail.com or 773-620-0642



WARMEST HOLIDAY GREETINGS!

Dear St. Hilary Parent(s) and Guardian(s),

As we begin another holiday season, we realize as families and as a school community, that we have many things to be thankful for here at St. Hilary.

Every day, our faculty and staff guide and teach our children, and emphasize the importance of our Catholic faith. Many of our children receive instruction from four to eight teachers per week: including their homeroom teacher, the safety provided by our crossing guards, as well as receiving the support of our office staff, and the staff in our cafeteria.

With this in mind, we are inviting you to participate in the 14th Annual St. Hilary Christmas Fund to benefit our teachers and staff. In lieu of purchasing individual holiday gifts for each teacher, we are hoping you will consider making a donation to the Christmas Fund. This is a donation to a fund from which we disburse cash gifts to the teachers, staff and support personnel at their Christmas Luncheon with Fr. Aloy.

We encourage you to donate to this fund. There is no limit to the amount you can give, from \$1—\$500; any donation is greatly appreciated! The amount you give is kept completely confidential and is entirely at your discretion. We also encourage you to have your child(ren) write notes to his/her teachers telling them that they donated to the Christmas Fund. It is a wonderful way to show your support of our exceptional faculty and staff at St. Hilary.

In closing, we would like to say that we do acknowledge the fact that we have all been hit by this difficult economy. We would still like to give something to the teachers to show our appreciation for all their hard work. Again, any donation you give will be greatly appreciated.

Sincerely,

Mrs. Donovan and the Christmas Fund Committee



ST. HILARY CHRISTMAS FUND 2015

Enclosed is our donation of \$_____ for the teachers and staff of St. Hilary.

You may enclose, cash, money order, or a personal check (payable to St. Hilary School). Please return to school no later than Friday, Dec. 11th in an envelope marked "Christmas Fund". Thank you very much!!

St. Hilary School K-8 LunchSmart Menu December 2015

Monday	Tuesday	Wednesday	Thursday	Friday
1/	December 1	December 2	December 3	December 4
	Teriyaki Chicken Brown Rice* Sliced Carrots Mixed Fruit	Turkey Ham & Cheese Melt* Broccoli Florets Pineapple Snickerdoodle Cookie*	Chicken Bowl with Mashed Potatoes & Corn* Applesauce Dinner Roll*	All-Beef Hot Dog on a Bun* Kettle-Baked Beans Pears
Weekly So	alad Special: Chicken Caesar Salad with Cro	outons & Breadstick* / Spotlight Fruit of the	Week: Clementine + Other Fruits as Show	vn on Menu
December 7	December 8	December 9	December 10	December 11
BBQ Rib Sandwich on a Bun* Corn Peaches	Turkey Soft Tacos* with Salsa Refried Beans Mixed Fruit	Waffle Sticks* with Yogurt Baby Carrots Pineapple	Spaghetti* with Homemade Meat Sauce Broccoli Florets Applesauce	Cheesy Pizza* Green Beans Pears
	Weekly Salad Special: Crispy Chicken Salad	& Breadstick* / Spotlight Fruit of the Wee	k: Grapes + Other Fruits as Shown on Men	עו
Chicken Tenders* with BBQ Dipping Sauce Kettle-Baked Beans Sliced Carrots / Peaches Breadstick*	December 15 Turkey Ham & Cheese Melt* Sweet Potato Waffle Fries Mixed Fruit	Cranberry-Orange Chicken* Scalloped Potatoes Green Peas / Pineapple Honey Wheat Dinner Roll* Snickerdoodle Cookie*	December 17 Lasagna Roll-Up* Or Breaded Chicken Sandwich Broccoli Pears Garlic Bread*	December 18 No School
Weekly Salad	Special: Chef Salad with Croutons & Bread	stick* / Spotlight Fruit of the Week: Fresh M	Melon on December 16 + Other Fruits as S	hown on Menu
December 21	December 22 Winter Br	e a k	December 24	December 25
Washin Salad Sassiah As	ple-Cranberry Chicken Salad with Pretzels*	Servite on Change on Many	Merry Christmas.	
Weekly Salad Special. Ap	pic Cramberry Chicken Julid Willi Freizels	Trons as shown on meno		

Additional Entrées Offered Daily

Monday — Pepperoni French Bread Pizza* / Tuesday — Chicken Nuggets* with Twisted Breadstick & BBQ Dipping Sauce / Wednesday — All-American Cheeseburger on a Bun* / Thursday — Chicken Corn Dog* / Friday — Breaded Chicken Sandwich* / Sunbutter & Jelly Sandwich with a Yogurt Cup available every day

Salad and Fresh Fruit Available Each Day

*=Item contains whole grains / Milk contains no artificial growth hormones or antibiotics Menu is subject to change based on availability and quality of food items This institution is an equal opportunity provider

Go Lean with Protein

What do poultry, beans, eggs, and seeds have in common? They are all considered to be proteins. Foods that fall into this category supply many beneficial nutrients including magnesium, iron, zinc, B vitamins, and vitamin E. The key is to choose lean proteins instead of proteins that are high in saturated fat and cholesterol. The amount of protein you need to eat depends upon your age, gender, and level of physical activity.

