


# St.Hilary K-8 LunchSmart Menu September 2017



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weekly Salad Special:</b> <b>Chef Salad With Breadstick*</b> <hr/> <b>Spotlight</b> <b>Fruit of the Week:</b> Bananas	<b>Making the Most of Mealtime</b> Research shows that students who eat healthy school meals generally get better grades and have fewer behavioral problems. FSP, your school's food service partner, supports the educational process by providing wholesome and appetizing food to your students and staff. Stop by the cafeteria. We are happy to serve you.				September 1 Toasted Cheese Sandwich* with Tomato Soup & Cheddar Goldfish Crackers* California Blend Veggies Pears
<b>Weekly Salad Special:</b> <b>Chicken Caesar Salad with Breadstick*</b> <hr/> <b>Spotlight</b> <b>Fruit of the Week:</b> Fresh Pear	September 4 	September 5 Beef Sloppy Joe on a Bun* Baby Carrots Mixed Fruit	September 6 Beef Burrito Bowl* with Black Beans, Corn, Garnish Cup & Salsa Pineapple	September 7 Boneless Chicken Wings with BBQ Dipping Sauce & Dinner Roll* Scalloped Potatoes Applesauce	September 8 Handcrafted Mac & Cheese* & Honey Wheat Dinner Roll* Green Peas Pears
<b>Weekly Salad Special:</b> <b>Crispy Chicken Salad with Breadstick*</b> <hr/> <b>Spotlight</b> <b>Fruit of the Week:</b> Grapes	September 11 Grilled Chicken Sandwich* with Lettuce & Tomato Baby Carrots Peaches	September 12 BBQ Rib Sandwich on a Bun*^ Corn Mixed Fruit	September 13 Greek-Style Chicken Brown Rice* Green Beans Snickerdoodle Cookie* Pineapple	September 14 Spaghetti* with Meatballs & Marinara Broccoli Applesauce	September 15 Chicken Enchilada* with Salsa Verde & House-made Fiesta Rice* Frijoles Negros Mexicanos Strawberry-Kiwi Slushie Pears
<b>Weekly Salad Special:</b> <b>Chef Salad with Breadstick*</b> <hr/> <b>Spotlight</b> <b>Fruit of the Week:</b> Bananas	September 18 Chicken Tenders* with BBQ Dipping Sauce & Breadstick* Broccoli Florets Animal Crackers* Peaches	September 19 Beef Fajitas with Tortillas*, Flame-Roasted Pepper & Onion & Salsa Baby Carrots Mixed Fruit	September 20 Breaded Shrimp Poppers* Corn Kettle-Baked Beans Pineapple	September 21 Turkey Ham & Cheese Panini* Oven-Baked Spiral-Cut French Fries Applesauce	September 22 NO SCHOOL
<b>Weekly Salad Special:</b> <b>Apple-Cranberry Chicken Salad with Pretzels* &amp; Roll*</b> <hr/> <b>Spotlight</b> <b>Fruit of the Week:</b> Fresh Pear	September 25 Oven-"Fried" Chicken Drumstick* & Breadstick* Kettle-Baked Beans Corn Peaches	September 26 Meatball Sub* with Marinara & Mozzarella California Blend Veggies Mixed Fruit	September 27 Bosco Stick* with Marinara Dipping Sauce Green Beans Pineapple	September 28 Cheesy Beefy Macaroni* & Honey Wheat Dinner Roll* Sweet Potato Puffs Applesauce	September 29 Teriyaki Chicken Brown Rice* Broccoli Florets Honey Oat Goldfish Cracker* Pears

**Available Each Day: Salad and Fresh Fruit / Sunbutter & Jelly Sandwich\* with a Yogurt Cup / Freshly Prepared Additional Entrées**

**Monday** – All-American Cheeseburger on a Bun\* / **Tuesday** – Chicken Nuggets\* with Twisted Breadstick\* & BBQ Dipping Sauce  
**Wednesday** – Super Nachos\* & Salsa / **Thursday** – Breaded Chicken Sandwich\* / **Friday** – Pizza\* (pepperoni French bread, cheese personal pan, and Big Daddy's cheesy pizza rotate each week)

\*=Item contains whole grains / ^=Item contains pork / L=Locally sourced / S=Sustainable source  
 Milk served with lunch contains no artificial growth hormones or antibiotics

Menu is subject to change based on availability and quality of food items / This institution is an equal opportunity employer

**Celebrate Mexican Independence Day with ESP on September 15!**