

# Tips for Improving Your GPA

1. Study two hours per week for every one-hour you are in class. This requires effective **time management**.
2. Review your notes immediately following lecture and/or during free time between classes.
3. Don't cram the night before a test. Develop a study schedule to keep you on track when studying for exams.
4. Get at least 7 hours of sleep the night before a major exam.
5. Meet with your professor and discuss how you can improve.
6. Take advantage of academic resources, such as **Student Success Services and The Learning Center**.
7. Understand the study strategies that work for you. **Meet with an Academic Advisor** to learn more about individual learning and study strategies that could work for you.
8. Meet with a study group. Talking about the course material and asking questions will enhance your understanding. Additional assistance, such as tutoring, may be offered in your class.
9. Attend **workshops** offered through Student Success Services.
10. Meet with your academic advisor to discuss course options and strategies for success in those courses.
11. Make sure your study environment is working for you. Find a place with few distractions.
12. Schedule an appointment with SSS or your academic advisor to discuss majors that interest you.



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