

Wizard of Aaahs

Every day is a spa day for this lucky lady.

With an iCal packed with mani and massage treatments, a full schedule of brainstorming sessions to seek out the best beauty products in the ATL (think Decatur's Mama Bath and Body goodies) and red-eye flights to global hot spots ranging from Paris to Las Vegas, 26-year-old **Dana Northington** is the first to joke that her job can be tough—but somebody has to do it.

Northington has what many gals might call a dream job: She's director of The Spa and Health Club at Four Seasons Hotel Atlanta. "At the heart of what I do is making sure our guests can enjoy a little 'me' time while receiving the latest locally inspired treatments from our top-notch staff in a cozy, yet chic, space," she explains.

Just how did she get so savvy? The Lake Oconee native got her start in the spa biz while catering to guests at the private Ocean Forest Golf Club on Sea Island. A member referred her to Four Seasons, and the next thing she knew, she was cramming her Lexus SUV full of all her worldly possessions and heading to the big city. Two years and one promotion later, Northington is as happy as Carrie Bradshaw in a Manolo Blahnik boutique.

The hours that aren't filled by trying out the latest spa treatments (her recent faves include the Midtown Experience and Image customized facial) and coming up with fitness-club draws (like early morning yoga classes) are spent dreaming up spa-focused events that any Atlantan belle would clamor to attend. Northington's next "sparty?" An exclusive June jewelry launch for Atlanta's own L. George Designs.

When this social butterfly isn't catering to power players at Midtown's high-end home-away-from-home, she stays busy hanging out with local kiddos as a Big Brothers Big Sisters mentor, getting her doggie-loving fix by pet-sitting for friends' poodles and tantalizing her taste buds at nosh spots like Barcelona Wine Bar and La Tavola. After all, what better way to end a day at the spa than sipping a glass of Rioja vino with the girls? —*Amelia Pavlik*

Photography by Colby Blount

Northington gets to be the guinea pig for all new spa treatments—not a bad gig!

