

Hotel rooms with million dollar views, spas that put the “ahh” in Atlanta, and nosh spots that deliver delicious drinks and mouth-watering meals — all without ever leaving the ATL. Welcome to the city’s staycation-worthy homes away from home.

Whether you are planning a romantic rendezvous or girls’ getaway, there’s no need to spend big bucks on airfare or gas when Atlanta is home to some of the South’s hottest hotels.

Before you plan your next getaway, read on for the need-to-knows on two of the city’s sexiest staycay spots, the W Atlanta Downtown and Loews Atlanta Hotel.

— *Amelia Pavlik*



W ATLANTA DOWNTOWN

This sleep spot joined the Atlanta scene in 2009 and is conveniently located near downtown destinations including Centennial Olympic Park and the Georgia Dome. Known for its signature Whatever/Whenever service, this hotel is ready to make any wish you might have a reality.

SLEEP: Rooms scream, “I’m sexy, and I know it!” Choose from dream spot options ranging from Wonderful Rooms right on up to Extreme Wow Suites. It’s easy to catch some Zs, given the plush pillow-top mattress you’ll find in your room. Not sleepy? Check out a movie thanks to the DVD/CD player and 37-inch LCD TV. The sexiness even extends to the bathrooms, many of which feature peek-a-boo glass door showers.

RELAX: A glass of champagne, tasty snacks, and don’t-miss steam showers. Welcome to Bliss Spa. Part of the Bliss family of not-your-next-door spas, the W Atlanta Downtown location is ready to pamper you in cozy, but chic, digs. Must-tries include the Triple Oxygen Facial and the Shellac Mani, which leaves your digits chip-free for up to two weeks.

SWEAT: Looking for a treadmill with a view? The W’s 24-hour gym has you covered. With a selection of cardio and weight training equipment that would make any fitness fanatic happy, who wouldn’t want to schedule a quick “sweat-sesh” during her visit?

EATS: Get ready to fill your calorie quota at BLT Steak, which blends American and French steakhouse favorites beautifully. Enjoy cuts of beef ranging from Certified Black Angus to Japanese Kobe, or stick with something lighter like the tuna tartare with avocado and soy-lime dressing.

DRINKS: Thursday through Saturday, sip away the night at DRINKSHOP, which prides itself on offering creative cocktails like its variation on an old fashioned called the Dahlen Fashioned. Or, any day of the week, try the more laid-back LIVING ROOM where you can enjoy a drink while playing a board game.

RESERVE: Down to try the W? Visit: watlantadowntown.com.

‘STAYCAYS’ FOR FALL DAYS

LOEWS ATLANTA HOTEL

One of the latest additions to Midtown’s mecca of live/eat/play properties along Peachtree, the Loews debuted in 2010. Ideally situated between the Fox Theatre and the High Museum, this high-end hotel is ready to cater to you and your favorite furry friend. (Think gourmet room service for your pampered pooch, and pet-walking and pet-sitting services.)



SLEEP: Posh meets practicality in the lux rooms at Loews. Say “hello” to floor-to-ceiling city views, 15-inch flat screens in the bathrooms, and 24-hour room service. If you’re looking to splurge, try one of the swanky suites. (FYI, ask for one with a view of Peachtree. You won’t regret it!)

RELAX: In need of some mind and body bliss? Exhale is just the place. Loews is home to the so-chic spa brand with locations coast to coast. Snuggle into the candle-lit relaxation room with a warm cup of tea until your spa technician whisks you away for your treatment. Must-tries include the Flow Massage and Hammam Detox Therapy.

SWEAT: Need to burn a few calories? Get your sweat on at Exhale’s fully equipped gym. Not feeling motivated to workout solo? Spend a little cash, and try one of Exhale’s signature Core Fusion workouts like Core Fusion Barre.

EATS: Tantalize your taste buds at eleven, where you’ll be treated to contemporary southern flare (think dishes such as spicy shrimp and grits and banana crème brûlée). And don’t forget about breakfast. One not-to-miss entree on this menu is the Georgian Benedict with crab cakes and fried green tomatoes. Delish!

DRINKS: After a long day of spa treatments and shopping, kick back with a killer cocktail like an Atlanta Peach Martini in Bar Eleven.

RESERVE: Looking to experience luxury at the Loews? Visit: loewshotels.com/en/Atlanta-Hotel.

Daycay in the City

Not quite up to shelling out the cash for a staycay? Try a daycay at the InterContinental Buckhead’s spa. With the cost of your treatment, you can arrive early to enjoy some treadmill time in the hotel’s state-of-the-art fitness center (or in the summer months, be seen at this Buckhead bliss spot’s posh pool). And then get ready to say “ah” with a cup of hot tea and treatments like the 60-minute Signature Relaxation Massage. Visit: intercontinentalatlanta.com.