

## **Report from Clinical Placement Abroad**

In addition to study requirements students on clinical placement abroad are to submit a report which is to contain the following items:

### **1. Introduction**

**Student: Jenna Ahonen**

**Clinical placement: Tartu Ülikooli Kliinikum**

**Study period: 03/2014-05/2014**

### **2. Description of clinical placement**

**I did half of the practice in anaesthesia department in operating rooms, recovery and pre-unit. Other half I did in instrument department in operating theatre.**

### **3. Description of and reflection on learning situations**

**I really learned much about perioperative nursing both in anaesthesia and instrument side. I was able to participate in every phase of patient care in anaesthesia nursing: in pre-unit we interviewed patients and put them cannula for intravenous medicating, in operating theatre I participated and assisted doctor to implement local, regional and general anaesthesia, and also monitoring patient vitals signs and the depth of anaesthesia during operation. In instrumentation I get to learn basic equipment used in operating theatre such as lights, monitors, operating table, instrument tables, monopolar and bipolar coagulation. Also, I learned to recognize sterile and non-sterile areas in operating rooms, basic instruments and complects used in operations, also laparoscopic instruments.**

### **4. Evaluation of clinical placement period**

**• Information prior to departure – Taking account of our really short notice to this exchange, I was glad of every piece of information I did get prior the departure. If there would have been more time, a small “hospital and school introduction package” would helped adjust to new country.**

- **Reception – The reception was really warm and good, our school mentor did great job even he was on paternity leave.**
- **Study environment – I was in hospital, but we were free to use the school library and computers etc.**
- **Self evaluation – We were obligated to write a study diary, which was easy and open method to explore own feelings and reflected those freely.**
- **Housing conditions – Good, self provided.**
- **Economy – Inexpensive country.**
- **Culture – Really nice, much students and cultural atmosphere. Almost every week there were parties and sport events etc.. Really active and nice Erasmus Network.**
- **Communication/transport – Good national public transport, also inexpensive.**
- **Teacher/tutor nurse feedback – There was feedback when you asked, not any formal discussions. The atmosphere was that sort you could talk about difficult things, and you also got feedback straight from nurses f.ex. after workday.**
- **Language – Easy to learn when Finnish. Some spoke good English. Lot of Russian.**

##### **5. Good advice/suggestions for improvement**

**There was this confusion about wards and names, when we planned to go anaesthesia and instrument sides, those were mixed up with intensive care. That was unfortunate misunderstanding.**

**Scope of report: Typed max. 2500 words**

**Date of submission: One week after arrival back home**

**To be submitted to: Network Coordinator Marjo Palovaara: [marjo.palovaara@jamk.fi](mailto:marjo.palovaara@jamk.fi)**