

## Report from Clinical Placement Abroad

In addition to study requirements students on clinical placement abroad are to submit a report which is to contain the following items:

### 1. Introduction

**Student:** Maija Rimeika

**Clinical placement:** Tartu University Hospital, Surgery Clinic, Urology and renal transplantation Department.

**Study period:** 26.05.2014.-20.06.2014.

### 2. Description of clinical placement

In the ward there were patients with different kind of urology related problems- also oncology, renal transplantation, kidney-stones etc. Ward has women/men rooms, IT room, isolator, procedure room.

### 3. Description of and reflection on learning situations

I had a possibility to see the work in the ward of different sides- patient care, diagnostics, operations, wound-care related procedures. Personal was very kind, and I could watch/ participate in these procedures, they explained and I could get answers to my questions. I had also possibility work with different nurses, to practice, and to learn a lot of new information.

### 4. Evaluation of clinical placement period

#### • Information prior to departure

We had a bit problems about communication before.

#### • Reception

Reception was very nice, person from college met us, showed our practice and living places, and people we need to communicate after.

#### • Study environment

We also got to see the college. Hospital, where we had practice, was modern, comfortable for patients and staff as well, and there were some differences from our country (also, we are neighbour countries), that was interesting for us. I could see medical technologies, their practical use.

#### • Self evaluation

I liked my ward and practical place, so I tried to do my best- to get as much as possible new knowledge, participate, try practically nursing procedures, and communicate with patients and staff.

**• Housing conditions**

Dorms, we were living, were very comfy, modern and good situated and therefore our everyday walk to hospital was ~10min.

But I think, for students, the price was too high.

**• Economy**

Similar to our country's.

**• Culture**

I really enjoyed that nevertheless we came from neighbour country, there were small differences in culture and people, that made our time there more interesting.

**• Communication/transport**

On the place people were helpful and kind. We could feel that they tried to help, as they could. No problems with transport. And comfortable traveling to other countries.

**• Teacher/tutor nurse feedback**

I really appreciate all the nurses and other staff I worked with, because they gave me new knowledge, helped and showed how things are happening in their hospital.

**• Language**

Surprisingly, there was a small language barrier, because not all people talked English (or Russian) but we managed to communicate.

**• Student host organisation (if applicable)**

On the place we didn't have problems. Before arriving and while organising our practice from LV, communication some moments was not so good.

**5. Good advice/suggestions for improvement**

From my point of view, I suggest to improve email communication before arriving and during organising. Because before practice we have to be sure about some issues, or must know where and how we can organise things.

**Scope of report: Typed max. 2500 words**

**Date of submission: One week after arrival back home**

**To be submitted to: Network Coordinator Marjo Palovaara: [marjo.palovaara@jamk.fi](mailto:marjo.palovaara@jamk.fi)**