



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JUNIOR LIFEGUARD

EARN VOLUNTEER HOURS, LEARN NEW SKILLS AND MAKE NEW FRIENDS. ALL AT THE Y.

WATER WATCHER (AGES 12-14): \$50

Engage, assist and greet members, help maintain the pool area and assist with special events. Water Watchers must be certified in First Aid and CPR training (included in the fee) before volunteering.

JUNIOR LIFEGUARD (AGES 15-16): \$70

Engage, assist and greet members, swim lessons, assist the lifeguards with swim tests and enforce pool rules. Junior Lifeguards must be certified in YMCA Aquatic Safety Assistant (YASA- included in the fee) before volunteering.

RESPONSIBILITIES INCLUDE:

- Engaging and assisting members
- Assisting with swim lessons and water aerobics classes
- Assisting the Lifeguard with swim tests
- Maintaining the pool area
- Enforcing pool rules
- Greeting Members
- Assisting with special events



ADDITIONAL INFORMATION:

Once certified in the appropriate course, Water Watchers and Junior Lifeguards must schedule an interview with the Aquatics Director before eligible to volunteer.

Water Watchers and Junior Lifeguards who complete 80 volunteer hours will receive half off a lifeguard training course. Those who complete 160 hours (40 of which must be obtained while YASA certified) will qualify for a free lifeguard class!

Participants must wear a solid black swimsuit while volunteering (one-piece suit for females).

*All participants must sign a release and hold harmless waiver when registering to participate in this program.



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CPR / AED TRAINING DATES

TUESDAY, 5:00–8:30 PM:

| | |
|--------|---------|
| Jan 13 | July 14 |
| Feb 10 | Aug 11 |
| Mar 10 | Sept 8 |
| Apr 14 | Oct 13 |
| May 12 | Nov 10 |
| June 9 | Dec 8 |

SATURDAY, 8:00–10:30 AM:

| | |
|---------|---------|
| Jan 17 | July 18 |
| Feb 21 | Aug 15 |
| Mar 14 | Sept 5 |
| Apr 4 | Oct 3 |
| May 9 | Nov 7 |
| June 13 | Dec 5 |

FIRST AID TRAINING DATES

THURSDAY, 6:00–8:30 PM:

| | |
|---------|---------|
| Jan 8 | July 16 |
| Feb 5 | Aug 13 |
| Mar 12 | Sept 10 |
| Apr 16 | Oct 8 |
| May 14 | Nov 12 |
| June 11 | Dec 10 |

YASA TRAINING DATES

TUESDAY - THURSDAY | 5:00PM - 10:00PM

| | |
|-----------|------------|
| Jan 6-8 | June 16-18 |
| Feb 3-5 | July 7-9 |
| March 3-5 | Aug 25-27 |
| Apr 7-9 | Sept 22-24 |
| May 13-14 | Nov 17-19 |

For questions, please contact Stephanie Settle at extension 135 or settle@ymcanorman.org.