

August 2011

Volume 21

Issue 2



Palmetto Pulse

**SOUTH CAROLINA ASSOCIATION OF PERIANESTHESIA
NURSES**



SCAPAN CORE PURPOSE

The core purpose of the South Carolina Association of Perianesthesia Nurses is to promote excellence in all aspects of Perianesthesia Nursing practice through education, specialty certification, nursing research, support for specialty certification, and ASPAN Standards in an environment this is respectful of others and adaptive to change

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National Conference

President's Message

Dear SCAPAN Members,

This is my last letter as SCAPAN President. During this past year I had the pleasure of representing SCAPAN at ASPAN's 30th National Conference. As usual I had a great time. I always enjoy the remarkable speakers, meeting new nurses, and being able to catch up with old friends. The best thing that occurred this year was SCAPAN being awarded ABPANC's Shining Star Award. ABPANC recognizes ASPAN Components for supporting and encouraging CPAN® and CAPA® certification at the local level with the Shining Star Award. It was a great honor to accept this award for SCAPAN. This award proves to all of ASPAN what I already knew that SCAPAN is one of the best components.

To continue as a top ASPAN component SCAPAN needs you. What have you done to help SCAPAN in the past year?

Opportunities for you to become more involved:

- Encourage coworkers to join ASPAN (SCAPAN has an award for recruiter of the year)
- Attend a district meeting (All the district Presidents are pictured on the SCAPAN website along with email addresses)
- Run for a position on the board (Elections are held at the annual conference. This year we will vote for VP/President Elect, Treasurer and members of the Board of Directors. Please look at the job descriptions on the SCAPAN website)
- Attend SCAPAN's Annual Conference (October 22,2011 in Charleston "PeriAnesthesia/Procedural Emergencies" presented by ASPAN President 2008-2009, Lois Schick MN MBA RN CPAN CAPA)
- Plan now to attend ASPAN's 31st. Conference "Beacons of Change...Focusing on the Future" April 15-19, 2012 in Orlando, Florida (Next year we can drive!)

To remain informed of current educational offerings visit our web page -

Scapan.com. The SCAPAN -Willingness to serve from is located on website.

Of SCAPAN's members only a core group attends SCAPAN events. We want more of you to join us. Please make plans to join us in Charleston in October. Lois will educate, enlighten and entertain you for the entire day.

Nancy Z



Board of Directors

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Letters to the Editor

Please send all
correspondence to
SCAPAN, PO Box 13976,
Charleston, SC 29422, or
email letters to
Karen.thames@rsfh.com
use **'letter to the editor'**
in the subject line.

We look forward to
hearing from
YOU!

The deadlines for submission
to Palmetto Pulse are:

February 28
July 15
November 15

NEWS FROM NATIONAL

CONGRATULATIONS TO ASPAN MEMBERS WHO WERE RECOGNIZED IN NOMINATION FOR AN AWARD BY THEIR COLLEAGUES THIS YEAR:

Excellence in Clinical Practice
Faye Baker, BSN, RN, CPAN

SHINING STAR AWARD

The Shining Star Award was developed to publicly recognize ASPAN components for supporting and encouraging CPAN and CAPA certification. Each component received beautiful engraved star statuary. The following components were recognized in Seattle this year:

South Carolina(SCAPAN)

ASPAN NOMINATING COMMITTEE MEMBERS

Congratulations to the newly elected members of the
2011-2012 Nominating Committee!





CALL FOR NOMINATIONS

NO EXPERIENCE REQUIRED!!
On the Job Training Available!!

2011- 2012

The following positions are available:

ELECTED POSITIONS

Vice President / President Elect 1 yr
 (Followed by 1 yr as President and Immediate Past President)

Treasurer 2 yrs

District Director (3 positions open) 2 yrs

SCAPAN COMMITTEE MEMBER: (1 yr)

- _____ By Laws / Policy and Procedure
- _____ Education / Research
- _____ Government Affairs / Prof Liaisons
- _____ Finance
- _____ Nominating / Elections
- _____ Membership / Marketing/PR

NON-ELECTED (VOLUNTEER)

Newsletter Editor/Webmaster

Elected Positions will be filled in October 2011!
You should serve!

Contact Karen DiLorenzo-Thames,
Immediate Past President if interested
karen.thames@rsfh.com

Directors

District Directors

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"Is There a Nurse on Board to Help Please?"

By Alisa Shackelford, MBA, MA, RN, CAPA, CCRN , ABPANC Director

As Chris Price MSN RN CAPA CPAN our newly elected ASPAN President shares, "There are 55,000 (nurses) strong who currently practice in all phases of PeriAnesthesia care" (Christine M. Price, 2011). One of those nurses recently took her practice to new heights....literally! **Cheryl P. Coleman, BSN RN CPAN** recently attended the American Board of Perianesthesia Nursing Certification, ABPANC meeting held in Seattle, Washington along with attending the American Society of Perianesthesia Nurses, ASPAN national conference there. Cheryl is a long-term member of ASPAN, SCAPAN and her Midlands District chapters having served in a variety of offices and on teams. She is now in her fifth year on the ABPANC Board of Directors.

About halfway through the first leg of Cheryl's flight from Charleston to Chicago before continuing on to Seattle, the stewards on the Southwest Airlines crew asked if a physician was on board to help? When no one came forward, the flight team asked is there a nurse on board to help? Cheryl did not hesitate to answer. She went forward to the bulkhead area and there she took PeriAnesthesia practice to new heights - 20,000+ feet above the US! Cheryl was asked if she would please help and intervene on behalf of an elderly woman who was not feeling well.

Cheryl found a woman travelling with her family seated in the bulkhead section. As Cheryl shared, "she was elderly and was very heavily dressed. She had on many layers of clothing. She was diaphoretic, pale and very warm to touch." After an initial assessment, Cheryl found her to be "responsive to name and place but very tired." Her pulse was "thready and weak." Cheryl asked the flight crew for the BP cuff and stethoscope and directed them to get cool, moist towels. Cheryl also asked her family to please help remove some of the layers of outer garments. By that time, Cheryl had taken the first BP - a "systolic of 90." Cheryl asked for help to assist in laying the elderly woman and elevating her feet. Cheryl then asked the flight crew for oxygen. She placed O2 on the woman then applied cool clothes to her with the help of the flight team.

A family member travelling with the woman was a diabetic. Cheryl asked to use the glucometer to check the woman's glucose - the result was "in the 120's." As Cheryl shared, "with that result I felt a bit relieved and asked for more of her history including medications." Cheryl took another set of vital signs and the BP rose to 120/80's then 140/90 and a "good radial pulse returned that was not thready." Cheryl discovered that the woman was on medications and had taken them prior to takeoff.

Cheryl shares she was asked by the flight team if the woman was stable or should they should divert the flight to land. Cheryl shared she believed from her assessment and the woman's presentation and vital signs that her condition was "stable." When the plane arrived in Chicago, an ambulance was waiting on the tarmac. When Cheryl was asked for her credentials in the "handoff report" Cheryl shares, "I not only shared that I am a nurse but showed them my nursing license, BLS Instructor, ACLS provider and my CPAN certification cards!"

Cheryl shares "I didn't even stop to think about responding - I just got up and went." Cheryl walked the walk for a call to action - even in an unfamiliar element without the usual medical - nursing armament of personnel, equipment and resources. As she shared, "I know my experience and (CPAN certification greatly contributed to my assessment of her and my interventions."

Coastal District Report

CAPAN Committee members met on June 16, 2011 at Roper Hospital. The committee is actively working on the August 20, 2011 conference, "Summer School for the Perioperative Nurse" To be held at ST. Francis Hospital mall classroom 1, from 8:30 am-12:30 pm. Topics include, Colorectal Surgery : Dr. Lagares-Garcia: Cutting Edge Interventional Radiology : Dr. Kevin Smith, Nurse Empowerment : Karen Frazier, R.N. and Lower Extremity By-Pass Graft: Laurie Edgar, R.N. N.P. Still time to enroll ! The treasurer's report as of June 30, 2011 is \$11,921.76.

For more information contact: Shirley Wetzstein, R.N., President or by e-mail @ shirley.wetzstein@rsfh.com

Shirley Wetzstein, President, Coastal District

**Central Midlands District Report**

At our last meeting in June, we had 21 people who attended. There were several issues we discussed that are a concern around our area hospitals. Baptist is doing a sleep apnea research. This is newly started so more will come. We discussed Heparin being given pre-op. There is inconsistency in administering pre-operative heparin. Many physicians would like for it to be administered to reduce VTE episodes, where as other physicians rely on the nursing staff to hold the heparin to prevent bleeding. Many of the nurses on the floor base administration on their own nursing judgment. We also discussed issues with pressure ulcers. This is an ongoing problem and we continue to look for solutions to help this battle. Also discussed, discharge criteria for spinal pt's. Whether it is discharge to floor or discharge to outpt recovery. Faye Baker and Lori Sutton spoke on a report on CDI, (Component Development Institute) on how to better run our component.

Suzanne Steele, President, Midlands District

Piedmont District Report

No report available

Donna R West, President, Piedmont District

ASPAN's Leadership Education Opportunities

By Lori Sutton BSN, RN, CPAN, CCRN

There are many educational opportunities available to help develop necessary skills for leadership roles within ASPAN and SCAPAN. When I took my first role in the Central Midlands board, I had no experience and wasn't sure how to manage and run a chapter.

I attended my fourth consecutive ASPAN National Conference in April and was able to take advantage of many leadership development opportunities. At the Conference in Seattle, I was able to attend a meeting with the then ASPAN Treasurer (now president-elect) Sue Carter. As treasurer she shared information with us regarding national, component, and chapter level finance. It was a great opportunity to learn about managing taxes, insurance, etc. I attended the representative assembly where I learned a great deal about how the national organization is governed and how decisions affecting the organization are made. I also had the opportunity to give an oral research presentation to a large audience, which has helped improve my public speaking skills.

I am looking forward to attending the Component Development Institute (CDI) in Philadelphia in September, where I am looking forward to learning more about managing such a large organization. CDI will include topics such as budgeting, succession planning, strategic planning, and applying for CEU's.

ASPAN has resources available to help the new member learn to assume a role in governing our organization.

Anyone interested in taking a leadership role can take advantage of these and other learning opportunities.

MEMBERSHIP INFORMATION

Contact Membership chair, Dianne Jackson at
marilyn.jackson@palmettohealth.org,

if you have any questions or log on to www.aspan.org

Recipe Corner

SPLENDID SALAD

Submitted by Karen DiLorenzo-Thames

DRESSING

1 part champagne vinegar
3 parts olive oil
salt & pepper
lemon juice
1 tsp gray poupon mustard
chopped fresh chives
2 cloves chopped garlic

Mix all ingredients except oil. Slowly add oil

SALAD

Romaine Lettuce (or your favorite type)
Crumbled blue cheese
Toasted pecan halves (bake in oven and watch the whole time or they will burn)
Red pear, cut up (green if red not available)
Pommagranate seeds or Craisins

Mix together greens. Add all other ingredients and mix, reserving some of each topping. Add dressing and toss. Top salad with reserved toppings. Serve immediately

*Have a recipe you want to share? Email it to
karen.thames@rsfh.com!!*

NOTES ON NATIONAL CONFERENCE

As you may know, SCAPAN used all the registration fee money from the January 2011 conference by Denise O'Brien to send members to the ASPAN National Conference in Seattle in April.
Below are snippets from some of our SCAPAN members who attended.

The ASPAN conference in Seattle was the first conference that I had attended. Had it not been for the financial assistance I received, I would never have been able to attend. I did not have the days off to go and the financial means. I knew for sure that I would not be able to go. When I received a phone call from Nancy saying I would receive financial assistance from SCAPAN, I knew one hurdle had been jumped. I now faced the task of finding coverage for my shift. That following Tuesday, I got on the phone and had every day covered for the trip. I could not believe it! I was really going! I truly enjoyed the conference. The lectures were enjoyable and informative. It was great getting to meet new nurses from the many states. Component night was so much fun. I had not put on my dancing shoes in a while. My overall experience was more than I could have asked for. Much thanks to SCAPAN for making it all possible. I hope to be able to attend another conference in the future. Sincerely, **Barbara Bullington RN,BSN,CPAN,Palmetto Health Baptist, Columbia,SC**

SCAPAN made it possible for me to attend National Conference this year. Being able to go to National Conference in Seattle was amazing. There were so many opportunities for educational offerings it was hard to decide which classes to attend. The days were long and packed full of topics that were new to me and I have been able to apply some to my practice. There were also classes as well that revisited some things that I already use in my practice. I enjoyed networking and meeting other nurses from across the United States and talking about the differences and similarities in our practices and patient care. I also had the huge honor and privilege of representing Palmetto Health Baptist Recovery Room by giving an Oral and Poster Presentation at National Conference on our Journey Toward a Culture of Certification. Speaking in front of hundreds of nurses (and Lois Schick) about our success made me very proud to be a Recovery Room nurse and a member of SCAPAN. I enjoyed attending this conference and feel it has helped me grow as a nurse and a person as I continue on my professional nursing journey. This was an awesome experience that I will always remember. Thank you again for making this possible through the scholarship. **Suzanne Steele**

By receiving the Scholarship money, I was able to attend the 2011 ASPAN National Conference in Seattle Washington. What a great educational and fun experience. South Carolina had a lot of representation and I am grateful to have been one of those in attendance. We were able to do a lot of networking with others nurses from afferent states , attend many excellent lectures, lunches, component night, President's reception and dance , as well as a little sightseeing. It was truly a great time! **Annette Brancati**

I strongly urge all PeriAnesthesia nurse to attend ASPAN conference to network with others who come from varied backgrounds ,hospitals/surgery centers. There is such comradery and the knowledge shared is priceless. **Robbie Banks, BSN, RN, CPAN**



NOTES ON NATIONAL CONFERENCE (CONTINUED)

One of my favorite lectures was "It's all About Me, Really". It was very informative and the speakers had great insight into communication and positive leadership behavior. Being new in management, I felt it was very beneficial and knew that I could certainly utilize their concepts into my new role. As leaders in perioperative nursing, we must be the ones to reflect, to understand and acknowledge our own beliefs and guide staff toward positive communication among themselves and their patients. **Donna Daniel, BSN, RN, CAPA**

The ASPAN National Conference in Seattle was my second time attending Nationals. I wasn't planning on going due to financial reasons, then, with SCAPAN's generous donation, I was able to go. It was my first time to Seattle, and I was so excited about seeing the city. My favorite memories of the conference were attending the luncheon for certified Nurses and the Opening Ceremony. The luncheon was wonderful, it was amazing to be in a huge ballroom filled with CPAN and CAPA RN's, who love their profession and commit themselves to continuing education regarding their patients and profession. I highly recommend attending the luncheon if you attend next year. You also meet other RN's from around the country at your table, which is always exciting. The Opening Ceremony was also a favorite since you had a visual of all those attending, I believe it was close to 2,000 nurses. Since we were in Seattle, in lieu of a traditional opening prayer, they had Native American's from the area present a beautiful prayer, with dancing and singing, which was their traditional prayer. It was beautiful and inspiring. I loved how ASPAN involved the local culture into the ceremony. The entire conference was great, it was full of learning, meeting new people, and having fun in a great city. We loved eating fresh seafood, visiting Pike's Place Market and seeing the view of the city atop the Space Needle. I highly encourage all of you to attend the conference next year in Orlando, which is great, since we can drive there from SC! Thank You SCAPAN and my Midland's Chapter, for giving me the opportunity to attend an amazing conference. **Paula Denault, RN, BSN, CPAN**

What a great experience! This was my third national conference and the best one thus far. The speakers were very good and shared lots of information on a variety of PeriAnesthesia nursing practice. I really think there was something for everyone at this conference regardless of your work area. Component night was a lot of fun, especially in a scarecrow outfit! Seattle was a great city to hike around in. The waterfront and the ferry ride to Bainbridge Island were lots of fun. Finally saw Mt. Rainer from the airplane flying home. What a beautiful sight! The SCAPAN scholarship enabled me to experience the conference and Seattle and I am very grateful. I hope other SCAPAN members will have the opportunity to attend a national conference in the future. I'm already looking forward to Orlando! **Cindy Morgan**

The 2011 ASPAN conference was the third conference I had the privilege of attending and participating in. The entire conference was very educational and entertaining! I will have to say that the Closing Address was one that left me examining myself "today" and wondering where I need to be going "tomorrow". Asking such questions as..."What are my core values?" "How do these values align with my behavior?" "How am I inspired?" How do I inspire others, my team?" Inspiration, "the art and skill of inspiring yourself and those around you on a daily basis", needs to be cultivated. I am choosing to be inspired and then inspire others with energy, enthusiasm, caring and connecting. **Dianne Jackson RN, CAPA**



Legislative**By Christine Wlodarczyk RN, BSN, CCRN, CPAN**

As the United States is in the midst of huge health care reform and cuts, it's now more important than ever to stay in the loop with what state and local politicians are doing to positively influence our future! One way to get involved is through Leadership for Education and Advocacy (LEAd), the South Carolina Hospital Association's grassroots advocacy program. It's free to join and very informative with easy ways to get involved in impacting policy decision making on healthcare. To begin the journey, ask yourself a few questions first.

- Do you have a relationship with your state representative or member of Congress?
- Does your professional organization encourage involvement with governmental affairs?
- Do you want to advocate for healthcare on behalf of the communities you serve?

If you answered yes to any of the above questions, then you should strongly consider becoming a part of LEAd. The South Carolina Hospital Association encourages feedback from nursing and other healthcare workers to "shape the debate" for both state and national healthcare related issues.

Both Congress and the state legislature debate a multitude of issues affecting healthcare on a daily basis. These include Medicaid and Medicare funding, healthcare access and coverage, hospital regulations, behavioral health and health care workforce.

Some areas of involvement in LEAd include:

- Working with legislators to serve as the vital link between policy and politics;
- Explaining how government policies impact the delivery of quality health care in the communities we serve;
- Conducting an outreach program for employees to increase awareness;
- Assisting SCHA on focused healthcare initiatives to educate law makers; and
- Fostering relationships between grassroots network members and the South Carolina congressional delegation and the South Carolina General Assembly.

While this may seem overwhelming at first glance, LEAd allows you to choose your level of involvement with the program. LEAd will send emails to keep you up to date with policies and debates affecting healthcare, as well as give you guidance on actions you can take to work with your legislators and senators.

Take a moment and review the program at www.scha.org. You'll be amazed at the difference you can make!

ABPANC UPDATE

By Alisa Shackelford, MBA, MA, RN, CAPA, CCRN , ABPANC Director

Hello to all!

As my ABPANC fellow director and Perianesthesia colleague **Cheryl P. Coleman, RN BSN CPAN** wrote in the last edition of our Palmetto Pulse, I too am excited to be part of a component that is truly "reinvesting in its potential". Having recently attended the ASPAN national conference in Seattle, it is evident by the more than dozen members that were in attendance that SCAPAN is actively engaged and committed to excellence in action!

For example, several stopped by the ABPANC booth in the exhibit hall to review and discuss CAPA and CPAN certification material. Others attended one of the many offerings by ABPANC such as *Coaching the Coaches*, *Item Writing Workshop*, *Test Taking Strategies* or *CPAN CAPA Certification: Where Patient Needs Comes First*. Others inquired about opportunities for continuing education and contact hours. There are several to consider participating in that can assist with your recertification, education and contact hours. These include becoming an item writer or a certification coach. Another avenue is to be a member of the ABPANC Leader Resource Team or "ALRT". For more information, please go to the ABPANC website @ <http://www.cpancapa.org>

More evidence that SCAPAN and the Piedmont, Midlands and Coastal districts are committed to reinvesting in potential was ABPANC welcoming new members to the board of directors during annual elections including: **Annette Brancati, RN CPAN** from the Midlands District as well as **Cheryl** for another two-year term. **Last and certainly not least, SCAPAN was awarded the Shining Star Award for promoting and supporting CAPA and CPAN certification!** Congratulations! How befitting for a component that has tirelessly worked for advocacy and excellence while promoting stewardship and growth in certification!

According to the ABPANC Annual Report for the year April 2010 to April 2011: *CPAN® and CAPA® Certification: Nursing Passion in Action*, there are a total of 9,177 CPAN® and CAPA® certified nurses representing an overall growth of 3.7% this past year. The total number of CPAN® certified nurses is 5,654, which represents a 3.1% growth this past year. The total number of CAPA® certified nurses is 3,523, which represents a 4.8% growth this past year. The number of certified nurses that hold **both** the CPAN® and CAPA® credentials is 391, representing a 12% growth in the number of dually certified. Again, SCAPAN demonstrates not only talking the talk but also walking the walk in committing to excellence and advocacy through statewide professional involvement and representation and promoting and supporting the value of certification. On behalf of ABPANC and fellow colleagues from SCAPAN, Annette and Cheryl, we congratulate you on a job well done and wish everyone a Happy Nurses Day!

CPAN/CPAP CERTIFICATION INFO

- [Brand new CPAN/CAPA Practice Exams have launched \(Click here for information\)!](#)
- [ABPANC seeks nominations for the Board of Directors - Click here for information.](#)
- Visit cpancapa.org for more



A Cornucopia of Ideas
For
PeriAnesthesia Nurses

SAVE THE DATE

October, 22, 2011

SCAPAN ANNUAL FALL CONFERENCE

Charleston, SC

Perianesthesia/Procedural
Emergencies

By Lois Schick



Details coming
soon

Coastal District of the South Carolina Association of PeriAnesthesia Nurses (CAPAN)



**“SUMMER SCHOOL”
FOR THE
PERIANESTHESIA NURSE**



Saturday, August 20, 2011

Time: 7:30 A.M. Registration/Continental Breakfast

Location: St. Francis Hospital Mall Classroom 1
2095 Henry Tecklenburg Drive
Charleston, SC 29414
(843) 402-1000

Program Time: 08:00 A.M. – 12:45 P.M.

Target Audience:

Experienced PeriAnesthesia nurses and nurses new to PeriAnesthesia care interested in further developing their knowledge base and strengthen skills.

Purpose:

To update the PeriAnesthesia Nurse on medical and surgical treatment modalities.

Topics:

Colorectal Surgery - Dr. Jorge Lagares-Garcia

Lower Extremity Bypass Surgery – Lori Edgar, RN, MSN, NP

Cutting Edge Interventional Radiology Procedures – Dr. Kevin Smith

PeriAnesthesia Journey to Excellence - Karen Fraser, RN

4 Contact Hours

The Registration Form on the next page

***Please feel free to forward via email or photocopy
and pass to other interested colleagues.***

Summer School for the PeriAnesthesia Nurse
Saturday, August 20, 2011, Charleston, South Carolina
7:30 AM – 12:45PM

Please print or type. Use a separate form for each registrant. Duplicate as needed.

Name _____

Address _____

City _____ State _____ Zip Code _____

Daytime Telephone Number (_____) _____

Fee Schedule: (Make check payable to CAPAN)

Fee:

☐ \$40.00

Group Rate (5 or more from same facility & mailed in at the same time) **or**
 RSFH employee

☐ \$ 30.00

Student, non licensed (no contact hours awarded)

☐ \$ 10.00

Total Registration Fee Enclosed \$ _____

Register & Pay Online at

Scapan.com

(complete "registering with" section
 for the 5 or more discount)

OR

Mail registration form to

SCAPAN

PO Box 13976

Charleston SC 29422

NOTE: Confirmation of registration

----- IF MAILING, CUT HERE - RETURN TOP PORTION & SAVE BELOW FOR REFERENCE -----

Disclosure Statement:

Speakers at continuing education activities are required to disclose to the audience any financial relationships with the manufacturer(s) of any commercial products, goods or services. Any conflicts of interest must be resolved prior to the presentation and announced to the audience. The speakers do not have any real or apparent conflicts of interest to disclose or other relationships related to the content of this presentation.

Directions: I-26 East to I-526 West (exit 212B) to Exit 11B (look for the Hospital sign) merging onto Paul Cantrell Blvd. Take left at the light onto Magwood Road, left at the stop sign onto Henry Tecklenburg Drive, right into St. Francis Hospital's parking area.

Parking Information: Free Parking available on-site.

Summer School for the PeriAnesthesia Nurse

Saturday, August 20, 2011, Charleston, South Carolina
 7:30 AM – 12:45PM

St. Francis Hospital Mall Classroom 1
 2095 HenryTecklenburg Drive
 Charleston, SC 29414
 (843) 402-1000

Cancellation Policy: Full refund until exactly two (2) weeks preceding workshop. No refund within two (2) weeks of seminar, but substitutions permitted. CAPAN reserves the right to substitute speakers, if necessary.

Also, please wear your hospital ID badge, in lieu of a name tag

SCAPAN Service Project

" Feeding America"

We will be collecting canned/non-perishable food items and donations for our local Food Bank. Immediate needs are:

- canned meat and fish
- peanut butter (in plastic jars)
- canned vegetables and fruits
- breakfast cereal



For more information or questions contact

Shirley Wetzstein

Phone: (843) 452-3229

Email: shirley.wetzstein@rsfh.com

SCAPAN Points Award



- ✓ Eligible SCAPAN/ASPAN members can win up to **\$300.**
- ✓ **Points are acquired January 1 to December 31, 2011.**
- ✓ Applications are submitted by January 10, 2012 to SCAPAN BOD Member or post marked by January 10, 2012 SCAPAN PO Box 13976 Charleston, SC 29422 .
- ✓ Details, including eligibility and procedure for distribution of funds, can be found on the SCAPAN website.

Activity	Points	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total	Total poss.
ASPAN/SCAPAN membership	30	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	30	30
Member of Prof. Nsg.Org. (excludes ASPAN) (per org)	10/yr														10
CPAN/CAPA certification (pts per cert./yr)	30														60
BLS/ACLS/PALS certified (pts per cert./yr)	10														30
BLS/ACLS/PALS instructor (pts per cert./yr)	20/yr														60
Certification other than CPAN/CAPA (pts/cert)	5/yr														n/a
Hospital Committee 15 pts/committee	15														
Recognition of Professional Service (per event)	10														
Participate in informal PACU related research	20														
Participate in published PACU related research	40														
Develop PACU related research project	20	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX		20
Attend PACU related inservice/seminar (per event)	10														
Attend SCAPAN workshop (per workshop)	15														
Attend SCAPAN State Conference	30	XX	XX	XX	XX	XX	XX	XX	XX	XX		XX	XX		30
Attend ASPAN National Conference	30	XX	XX	XX			XX	XX	XX	XX	XX	XX	XX		30
Attend ASPAN Sponsored seminar	15														
Present education program in PACU (per present)	25														
Volunteer for community service (per event)	10														100
SCAPANDistrict officer/district committee member	10	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX		10
SCAPAN State officer/State committee member	20	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX		20
ASPAN National Officer/ National Committee member	30	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX		30
Attend local/district SCAPAN meetings (per meeting)	10														
Recruit new members to SCAPAN (per member)	5														
Write article for "Eye Openers" (per article)	20														
Write article for "Breathline" (per article)	30														
Arrange for speakers at SCAPAN district meetings (per mtg)	15														
Help plan SCAPAN conference	20	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX		20
ALL state / district officers / committee members / etc. must be SCAPAN components															

Name: _____ Year: 2011

*If you have moved
or would like a
'hardcopy' version
of the newsletter,
let us know!*

*Let us know where
you are!
Please update your
demographic info –
especially your
email - at
ASPAN.org
They will notify
SCAPAN of your
changes*

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