

Piedmont Regional Education Program

PREP/PARENT RESOURCE CENTER

Providing information and support to families of children with disabilities



Artwork by Frances Petree

VSA Arts of Charlottesville/Albemarle

Proudly Presents:

The 13th Annual VSA Arts Exhibition

January 11, 2013 – March 8, 2013

Featuring works by dozens of local artists with disabilities.

Opening Reception

January 11, 2013, 6:00 – 8:30 pm

Martin Luther King Jr. Performing Arts Center

1400 Melbourne Road, Charlottesville, Virginia

For more information: (434) 970-3264 or (434) 972-1730



Social Skills Group for Students with Asperger's Syndrome

Beginning in February 2013 PREP is offering a free, 5 week social skills group for students in grades 2—5 with Asperger's Syndrome who receive most of their instruction in a regular education setting. A parent group will run concurrently to the student group, with guest speakers each week.

Depending on the size of the group, students will be divided into 2 smaller groups by grades (2nd/3rd and 4th/5th). The student group will receive instruction in "Social Thinking":

(<http://autism.about.com/od/improvingsocialskills/a/socialthinking.htm>).

The student groups will be run by the autism specialists from PREP. Sarah Blech, Coordinator of the PREP/Parent Resource Center, will lead the parent group. **We are looking for participants who can commit to both the student and parent groups for the entire 5 weeks.** The sessions are scheduled for 2/5, 2/12, 2/19, 2/26 and an optional 'celebration' potluck dinner on 3/5/2013.

The evening begins at 6:00 with dinner, sessions at 6:30 and ending at 7:30 pm. All sessions will be held at PREP/Parent Resource Center/Ivy Creek School, 225 Lambs Lane, Charlottesville.

Space is limited and an RSVP is required for consideration. If you have questions or need more information, please don't hesitate to contact me: sblech@k12albemarle.org or (434) 975-9400 ext. 68032

Why Won't They Listen!?!

A discussion based on the book How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish

Presented by Bob Garrity, City Schools Project Leader for Safe Schools/Healthy Students

January 16, 2013

6:30-7:30pm

Johnson Elementary School Cafeteria

1645 Cherry Avenue

Please pre-register for childcare (email ptojohnson@gmail.com)

Sponsored by Johnson Elementary P.T.O.

Yoga for the Special Child

Thursdays at Common Grounds in Charlottesville 3:00-4:00, starts Jan 10th!!

Yoga empowers children with self-awareness and self-confidence, as well as increasing flexibility, concentration, physical strength and motor control. This class allows children to explore traditional yoga postures, breathing techniques, and relaxation in a non-competitive and therapeutic environment.

Group Class: This particular class of Yoga for the Special Child is appropriate for children ages 6-11 who are able to imitate others independently and enjoy a group setting. Varying abilities are welcome, such as (but not limited to) autism, Down syndrome, ADD, and ADHD. Class is limited to 8 students, and is led by two experienced teachers. Held downtown in Charlottesville at Common Grounds, in the Jefferson School City Center. (233 4th St. NW). For more information call 434-321-8384.

CRAAG (Charlottesville Regional Autism Action Group) Monthly Meeting

Wednesday , January 9

Region Ten, 504 Old Lynchburg Road, Charlottesville

Main entrance to Conference Room

10:30—11:30

Special Needs Trusts and Guardianship

Speakers: Jane Champion Clarke and Eric Smith

Attorneys, McCallum & Kudravetz

For information, email us at CRAAG1@gmail.com or call 888-736-9040

Subscribe to the PRC email newsletter!

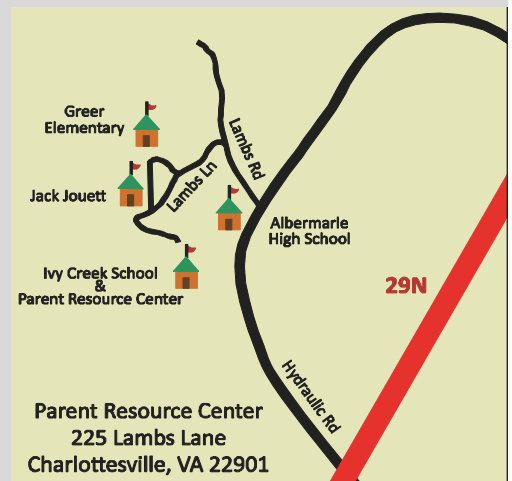
Contact:

sblech@k12albemarle.org

www.prepivycreek.com

(434) 975-9400 ext. 68032

(434) 975-9401 FAX



Support Groups!

C'ville Area Special Needs Support Group

First Monthly Meeting: Friday, February 1 from 12 noon to 2 pm

Location: Thomas Jefferson Memorial Unitarian Church

717 Rugby Road, Charlottesville

Co-Sponsors: Blue Ridge Connection Care for Children and CRAAG

For more information contact CRAAG at CRAAG1@gmail.com

Strength in Numbers Parent Support Group

Meets at Dover Foxcroft Farm - Spring Hill Rd, Ruckersville

Call or email (strengthnnumbers1@gmail.com) Suzanne @ 434-989-2183

for next meeting date/time.

The American Association of People with Disabilities (AAPD) is now accepting applications for its [2013 Summer in Washington Internship Program](#) until January 11, 2013. AAPD places students and recent graduates with all types of disabilities in paid ten-week summer internships in Congressional offices, federal agencies, nonprofit, and for-profit organizations. For more information: [Www.aapd.com](http://www.aapd.com)

ASK: Acquiring Social Knowledge

Virginia Institute of Autism is hosting an exciting opportunity for adults age 21–30 with autism spectrum disorder to engage in social learning activities. Bi-monthly January 2013–June 2013.

Cost: \$250

Participants will be selected through an application and interview process. For an application and more information contact:

jwalding@viaschool.org

Save the Date!

Life After High School Transition Conference and Resource Fair!

Saturday, March 2, 2013