

PREP/Parent Resource Center Newsletter

Providing Information and Support to Families of Children with Disabilities
Serving Charlottesville, Albemarle, Fluvanna, and Louisa School Districts

SERVICES ARE FREE AND OPEN TO ALL

Oct/Nov 2014

Albemarle Special Education Advisory Committee (SEAC) Educational Series
Nov 18, 2014 – 7 PM

Guest Speaker: Dr. Pamela Moran
Superintendent of Albemarle County Public Schools

Topic: Vision of Special Education Services in ACPS schools

Location: Albemarle County Office Building, 401 McIntire Rd, Rm. 320 , Charlottesville

COOL PLACES FOR KIDS

If you're looking for fun, age-appropriate places for kids, this is your resource!

<http://www.virginia.org/coolplacesforkids/>

Completely Accessible Playground -- Survey

A completely accessible playground in Central Virginia that meets the needs of children with disabilities & his or her siblings.....

In order to build a playground that is a wonderful playspace for children & the community, your input is needed.

Please complete the anonymous survey at

https://www.surveymonkey.com/s/Caregiver_Needs_Assessment



For more info, please contact: Tina Stanton-Chapman at
stantonchapman@virginia.edu or 434-982-2638

**2014-2015 Virginia Department of Education
Assessment Program Changes (Aug. 22, 2014)**

**Information on Computer Adaptive Testing, Discontinued Tests,
2014-2015 Tests for Grades 3-8, and 2014-2015 End-of-Course SOL Tests.**

http://www.doe.virginia.gov/testing/va_assessment_program_changes.pdf

**Special Needs Trusts & Guardianship
FREE workshops for parents of children with disabilities
led by Attorney Neal Walters**

**Tuesday, November 11th 6 - 7:30pm (Beginning)
Friday, November 14th - 11:30am -1pm (Advanced)**

RSVP/More information: Hilary Nagel: hnagel@viaschool.org or 434-923-8252

**The Virginia Institute of Autism's Guide to Autism: Educational Series for Caregivers of
Children with an Autism Spectrum Disorder and Those Seeking Further Support**

Addressing Challenging Behavior (Part 2). Wed. Oct. 29th Noon- 1:15pm

Change of location: Alb. County Office Building-1600 5th street extended- (ONLY FOR OCT. 29th) A discussion of basic behavior management strategies that caregivers can use at home with their children. Also covered will be what experts tell us are the best ways to tackle problem behavior exhibited by children on the autism spectrum, including how to come up with and use a behavior plan effectively. Complete list of sessions:

<http://www.viaschool.org/wp-content/uploads/2014/09/PDF-VIAs-parenting-series-2014.pdf>

Special Education Advisory Committee - October & November Meetings

Albemarle SEAC: October 28 (7:00-9:00) Albemarle Co. Offices, 401 McIntire Rd., Rm. 320
Guest Speaker: Deborah Anama, Parent Resource Center Coordinator
Piedmont Regional Education Program

November 18 (7:00 - 9:00 PM) Albemarle Co. Offices, 401 McIntire Rm 320
Guest Speaker: Dr. Pamela Moran, Superintendent
Albemarle County Public Schools

Charlottesville SEAC : **November 13 (8:45 AM)** Division Annex, CHS Lower Level, Cville

Louisa SEPAC: November 6th (1:00 PM) Louisa School Board Office, 953 Davis Hwy, Louisa

Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence

Executive function and self-regulation (EF/SR) skills provide critical supports for learning and development, and while we aren't born with these skills, we are born with the potential to develop them through interactions and practice. A new 16-page guide describes a variety of activities and games that represent age-appropriate ways for adults to support and strengthen various components of EF/SR in children.

Each chapter of this guide contains activities suitable for a different age group, from infants to teenagers. The guide may be read in its entirety (which includes the introduction and references) or in discrete sections geared to specific age groups.

http://developingchild.harvard.edu/resources/tools_and_guides/enhancing_and_practicing_executive_function_skills_with_children/



Power Up!

Apps for Kids with Special Needs and Learning Difficulties

If your child has a special need or learning difference, Common Sense Media gets lots of requests for product recommendations from parents whose kids struggle with traditional learning. Some of their kids have a hard time with schoolwork; others have trouble staying on task or find it

difficult to express their feelings. Apps are arranged by challenge area and difficulty level. For each challenge area, an informational overview is included with a list of typical challenges that kids face, help for choosing apps that match kids' needs, and further resources. You'll also find Power Tips with ideas for other activities you can do.

<https://www.common Sense Media.org/guide/special-needs>

Charlottesville Therapeutic Recreation Program is for individuals, ages 8 and up, with physical and or mental disabilities whose recreational needs cannot be met by regular programs. The goals of the activities are to improve self-esteem, health, social skills, recreation skills, safety skills, and independence while having fun. Staff participant ratio is usually 1 to 8. Upcoming events include: TR Halloween Dance – Nov 1 *** Super Club – November 8 *** Special Needs Yoga Class

For information, please call or email [Sarah Blech](mailto:Sarah.Blech@charlottesville.org) (434-970-3264) or [Bob Isabelle](mailto:Bob.Isabelle@charlottesville.org) (434-970-3269).

<http://www.charlottesville.org/index.aspx?page=763>



You're Invited ~
Parent Resource Center
Live and Learn... Parent Conference & Resource Fair
Saturday, November 15th (8:30am – 12:30pm)
at Ivy Creek School, 227 Lambs Lane, Charlottesville
A Free Event for All Families

Information Sessions include:

Understanding Special Education

Executive Function

Medicaid Waivers

What is Sensory Integration?

Sensory Strategies for School

Tips From Parents- "Been There/Done That"

Healthy Communication

Free Child ID/Fingerprinting

For more information: Deborah Anama at 434-975-9400 or danama@k12albemarle.org

Deborah Anama, Coordinator
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Piedmont Regional Education Program
434-975-9400 x 68032
danama@k12albemarle.org
<http://www.prepivycreek.com/prc>

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Please email danama@k12albemarle.org to subscribe/unsubscribe to this newsletter.