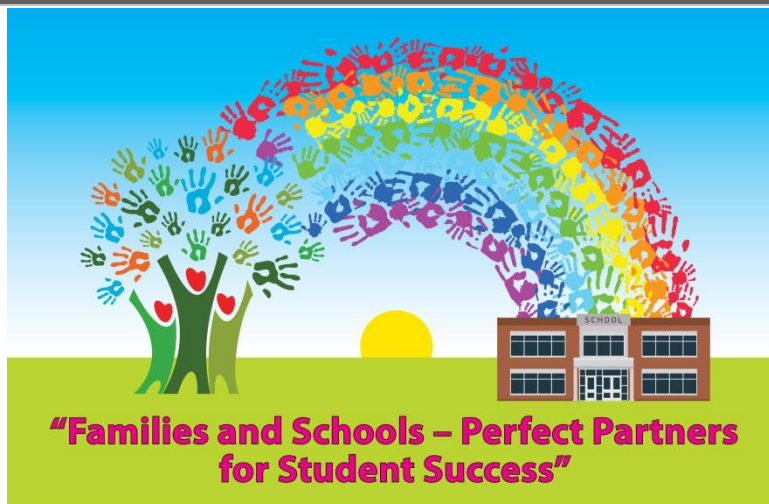


PREP/Parent Resource Center Newsletter

Providing Information and Support to Families of Children with Disabilities
Serving Charlottesville, Albemarle, Fluvanna, and Louisa School Districts

SERVICES ARE FREE AND OPEN TO ALL

Nov/Dec 2014



FAMILY INVOLVEMENT MONTH in the Commonwealth of Virginia

Governor Terrance R. McAuliffe, Superintendent of Public Instruction, Steven R. Staples and the Virginia Department of Education recognize November 2014 as Family Involvement Month in the Commonwealth of Virginia. The importance of parental involvement in schools is well documented. Over 30 years of research shows that one of the most effective ways to increase student achievement is for parents to be actively involved in the education of their children. Check out the following for resources:
<http://www.prepivycreek.com/storage/Family%20Involvement%20Month%20Flyer.pdf>

Meeting the Communication Needs of Students with Hearing, Vision, or Speech Disabilities

What do Federal laws require of a public school to meet the communication needs of students with hearing, vision, or speech disabilities?

<http://www2.ed.gov/about/offices/list/ocr/docs/dcl-factsheet-parent-201411.pdf>

UVA Children's Yoga - for Children with Special Needs

Session 1: January 21-February 25, 2015 (Wednesdays - 4:30-5:30 PM)

Session 2: March 25 - April 29, 2015 (Wednesdays - 4:30-5:30 PM)

If you have a child with special needs, UVA Children's Hospital Outpatient Therapy Services offers a program for children ages 5 and above with varied special needs including autism (mild-moderate), sensory issues, developmental delays, vertebral palsy, etc. Siblings and friends are welcome to register and parents are invited to participate.

\$75 for six week session. Scholarships are available upon request.

Addition info/registration: Ruth Goldeen 434-465-9580 or email: rag2a@virginia.edu

The Virginia Institute of Autism's Guide to Autism: Educational Series for Caregivers of Children with an Autism Spectrum Disorder and Those Seeking Further Support

Strategies to help manage behavior when in the community: (Wed. Dec. 11th) Noon-1:15pm

This session covers general strategies parents and caregivers can use with their child in the community to promote successful community outings. Topics covered will include strategies to help parents and caregivers prepare for outings so as to decrease the likelihood that problem behavior occurs in the community as well as strategies for safely and effectively managing problem behavior in the community, should it occur

<http://www.viaschool.org/wp-content/uploads/2014/09/PDF-VIAs-parenting-series-2014.pdf>



Accessible Playground -- Survey

A completely accessible playground in Central Virginia that meets the needs of children with disabilities & his or her siblings.....

In order to build a playground that is a wonderful playspace for children & the community, your input is needed. Please complete the anonymous survey at

https://www.surveymonkey.com/s/Caregiver_Needs_Assessment

For more info, please contact: Tina Stanton-Chapman at stantonchapman@virginia.edu or 434-982-2638

A COMMUNITY CONVERSATION ABOUT CHILDREN'S MENTAL HEALTH

**with Senator Creigh Deeds, a panel of community mental health providers,
and opportunity for public comment, questions and dialogue.**

Thursday, December 4th, 2014

6:00 PM Light food, 6:30-8:30 PM Program

Jefferson School City Center • Carver Recreation Center

233 4th Street, NW • Charlottesville, VA 22903

We will celebrate Virginia's progress in funding new children's mental health services and discuss ongoing challenges faced by children and families. Families, school system representatives, public and private mental health providers and advocates are welcome! This event is FREE. Childcare and transportation stipends available.

**Register at: www.surveymonkey.com/s/cvillekids
or contact Ashley Everette at ashley@vakids.org**

DMV Identification Cards for Children

Parents can obtain ID cards for their children under the age of 15 at any DMV customer service center. In addition to serving as an identity document, the child's photograph is stored in DMV's database and DMV can retrieve the image from the database and transmit it to law enforcement anywhere in the United States (should a child be missing).

The following Special Indicators may be requested on the ID cards with a physician's statement: Insulin-dependent diabetic, Speech impairment, Hearing impairment, Intellectual Disability, or Autism Spectrum Disorder.

For more information: http://www.dmv.state.va.us/drivers/#id/child_id.html

Parent to Parent: Family Training on ADHD

**January 8 - February 19, 2015 - Thursdays from 6:00-8:00 pm at
PREP Parent Resource Center, 225 Lambs Lane, Charlottesville.**

**Classes are taught by teachers that have been trained and certified by (CHADD) -
Children and Adults with Attention-Deficit/Hyperactivity Disorders.**

More information: Kate Barrett 434-466-9902

<http://prepivycreek.squarespace.com/storage/Parent%20to%20Parent.pdf>

Support Groups for Parents of Children with Special Needs

C'VILLE AREA SPECIAL NEEDS SUPPORT GROUP Friday DEC 12th (12:30 to 2:30 pm)

LOCATION: First Presbyterian Church, 500 Park Street, Charlottesville.

Preschool entrance at back of the parking lot, near the extended portico.

Then first Room on the Right.

Come celebrate the holiday season with parents who "get it". For Parents and Adult Family Members of Special Needs Children. We're flexible and welcoming. Come late or leave early if you need to. Please drop in and check us out! Adults only please: we are not able to provide childcare. For information, please contact:

Jess: CRAAG1@gmail.com or 434-466-7511 or Carol:ch2xa@virginia.edu or 434-924-8685

Sponsored by: Charlottesville Region Area Autism Action Group (CRAAG) and Blue Ridge Care Connection for Children (BRCCC)

"Tune In" is a parent-run support group for caregivers or parents of children or youth with ADHD. Meetings provide an opportunity to meet and share experiences with people who understand your daily struggles. We've "been there". Together we will learn, share resources, and provide support, conversation and comradery.

Meetings: 3rd Tuesday of the month @ 7PM (except December, June, July, August) Fontana Clubhouse, 111 Fontana Ct, Charlottesville, VA 22911.

Albemarle County Special Needs Kids Parent Group- join to connect with other parents and keep updated on issues affected your child's education.

Call 434-823-2219 or email: cheriesalerno@yahoo.com to join this online group.

PREP/Parent Resource Center provides information & support to families of children with disabilities.

Please contact us if we may offer assistance.

Deborah Anama, Coordinator

Parent Resource Center

Piedmont Regional Education Program

434-975-9400 x 68032

danama@k12albemarle.org

<http://www.prepivycreek.com/prc>

Please email danama@k12albemarle.org to subscribe to this newsletter.



Have a Happy Thanksgiving & Wonderful Winter Break!!