



January - February 2019



**“Bexley 55 +”
Bexley Activities Club
165 N. Parkview Ave.
Office # 614-559-4310
EMERGENCY PHONE NUMBER (614-562-7717)
(E-Mail) mdelaney@bexley.org**

IMPORTANT INFORMATION: The Waiter at Berwick mentioned that a few people ordered an entrée different from what we had ordered. IF you do not like the entrée or if you can not eat the entrée due to dietary needs, please enjoy their very extensive salad bar and soup bar as your luncheon. We do not want to get the waiter in trouble with the Chef. Thank you.

BAC - 55+ JANUARY LUNCHEON - Berwick Party House

Date: Tuesday, January 8, 2019

Time: Noon

Fee: \$12.00 - Alcoholic beverages can be ordered from your waiter and paid by you.

Menu: Full salad & soup bar is available and our entrée, Chicken Marsala will be served to you.

Entertainment: Sergeant Dawn Overly with the Bexley Police Department will be “entertaining” us (I won’t tell you how!) but she will also be discussing self-defense for older adults and the scams that have hit Bexley, especially the Older Adults. Do not miss this informative presentation.

BAC - 55+ FEBRUARY LUNCHEON - Berwick Party House

Date: Tuesday, February 5, 2019

Time: Noon

Fee: \$12.00

Menu and Entertainment to be announced next newsletter.

PLEASE NOTE: Betty Kennedy is in charge of our Sunshine Committee program. She sends “Sympathy”, “Thinking Of You”, “Get Well”, “Special Occasion” cards to our Members. IF you know of anyone who should receive one of these cards, please call Betty Kennedy at 614-253-4522 and let her know. Thank You!

FUN DAY at Bexley City Hall

January 7, 2019 “Pillow Talk” with Doris Day & Rock Hudson
A man and a woman who share a party line cannot stand each other, but he has fun romancing her with his voice disguised.



January 14, 2019 - Will Bowling and board games. Feel free to bring a game of your choice and I will also have games available. Linda Kopp will also bring the materials to make a “Winter card” - No charge!

January 28, 2019 - Movie Day featuring “Lover Come Back” with Doris Day and Rock Hudson.

TIME: Meet at City Hall (East Main St.) at 1:00 pm. Refreshments will be served. Feel free to bring your favorite snack if you want. We will be finished by 4:00 pm

JANUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 Baker's Nursery and Tuttle Crossing Mall 9:30 am (pool)	4	5
6	7 Fun Day at Bexley City Hall 1:00 pm	8 BAC luncheon at Berwick (Noon)	9	10 Mystery lunch 10:30 am (pool)	11	12
13	14 Fun Day at Bexley City Hall 1:00 pm	15	16	17	18 LaVeque Tower Tour 10:00 am (pool)	19
20	21 Offices closed	22	23 Hollywood Casino gaming & lunch 10:00 am (pool)	24	25 Silver Sneakers Flex class 12:30 pm	26
27	28 Fun Day at Bexley City Hall 1:00 pm	29	30 Trip informational meeting at City Hall - 1:00 pm	31 LaComedia Theater 9:15 am (pool)		

FEBRUARY 2019

Sun Mon Tue Wed Thu Fri Sat

					1 Silver Sneakers Flex class 12:30 pm (Mansion)	2
3	4 PixelWinx Class 6:00-8:00 pm Jeffrey Mansion	5 BAC luncheon at Berwick Party House (Noon)	6	7 Hamilton show 6:30 pm (Bexley pool)	8 Silver Sneakers Flex class 12:30 pm (Mansion)	9
10 CHER at Nationwide Arena 6:30 pm	11	12	13 Valentine Mystery lunch 10:30 am (pool)	14	15 Silver Sneakers Flex class 12:30 pm (Mansion)	16
17	18	19	20 National Vets Museum & Tommy's Diner 9:30 am (pool)	21	22 Silver Sneakers Flex class 12:30 pm (Mansion) "America" concert at Marion Theater 6:15 pm (pool)	23
24	25	26	27	28	1 Silver Sneakers Flex class 12:30 pm (Mansion)	

NEW TRIPS & EVENTS

- January 10, 2019
(Thursday) Mystery lunch - I guarantee it will be somewhere WARM! We will not be sitting out on a patio! Great clue, right? Time: Leave Bexley pool at 10:30 am . Cost: \$9.00 (bus) Lunch on own.
- January 18, 2019
(Friday) Guided tour with Sam Rosenthal of the LeVeque Tower. The 1927 Art Deco Skyscraper was listed in the National Register on March 21, 1973. The Tower underwent a certified historic rehabilitation in the 1980's. We will learn more about the history and all of the ways the building is being used now (condos, restaurant and hotel.) YES! There will be walking! However, you can do as much or as little as you want. The less walking you do, the less you will see. But you will still enjoy this historic tour. Mystery lunch following the tour. Bring your walker If you are not sure of how much walking you can do. Time: Leave Bexley pool at 10:00 am. Cost: \$9.00 (bus) Lunch on own.
- January 23, 2019
(Wednesday) Hollywood Casino lunch & gaming. There are many restaurants to choose from. They do not have a "senior citizen day" any more. However, if you spend a certain amount of money, you can get a discount at the buffet on Wednesdays. Time: Leave Bexley pool at 10:00 am. Cost: \$9.00 (bus)

NEW CONCERT AT MARION PALACE THEATER - February 22, 2019

One of the top-selling acts of the 1970's, folk-rock band, **AMERICA**, hits the stage to perform their biggest hits. Forty years later, these friends are still making music together, touring the world and singing their best-known tunes, "A Horse With No Name", "Ventura Highway", "Tin Man", "Lonely People", and "Sister Goldern Hair". TIME: Leave Bexley pool at 6:15 pm (show is at 8:00 pm) COST: \$62.00 includes bus and great seats in the Palace Theater.

SilverSneakers FLEX® - NEW FITNESS PROGRAM AT JEFFREY MANSION

Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body's resistance while also using your core muscles to improve balance and stability. Modifications will encourage all participants to be challenged at their level.

You will also learn how stretching provides flexibility and range of motion for the entire body. Our Instructor will focus on all major muscle groups with a variety of different types of stretch techniques. The goal is for your body to feel better, prevent injury and increase range of motion.

Dates: January 25 - March 1st, 2019 (FRIDAYS) - 6 week program

Time: 12:30 - 1:30 pm (Jeffrey Mansion)

Cost: Silver Sneaker Members - NO charge;

\$3.00 per class for non-members of Silver Sneakers program

Instructor: Liz Beck Wypasek, long time Bexley Resident, Fitness Coach & SilverSneakers FLEX Instructor.

Where else can you find an exercise class this inexpensive? Liz has great ideas for this class. Come and give it a try. It will definitely be FUN! and BENEFICIAL! If you have an exercise mat and/or weights you want to use, please bring them. If not, we will supply the materials.

NEW MEMBERS! Come and join us for fun activities. You won't be disappointed

Harriet Sobolewski
8251 Kingfisher Lane
Pickerington, Ohio 43147
614-783-4510

Mr. & Mrs. Mark Storer (Gail)
804 S. Remington Rd.
Bexley, Ohio 43209
614-237-4815

Mr. & Mrs. Alvin Mars (Marilyn)
505 S. Parkview Ave. #307
Bexley, Ohio 453209
614-732-4036

Debra Moscardino
4993 Birch Grove Dr.
Groveport, Ohio 43125
614-589-5801

December/January/February BIRTHDAYS - Please let me know if your birthday is incorrect. I apologize in advance.

DECEMBER

JANUARY

FEBRUARY

Mary Hooker - 1
Mae Phalen - 7
Jean Babbitt - 7
Judy Smith - 15
Sally Freeman - 16
Mary Alice Kuhn - 18
Geraldine Ellman - 19
Michael Miller - 19
Pam Shipp - 19
Dennis Blank - 20
Saralee Seckel - 21
Seena Goldman - 23
Connie Schalinske - 24
Monique Lampke - 27
Fran Son - 28
Barbara Hegler - 28
Brad Kopp - 29
Judy Blair - 31
Judy Schneider - 31



Nelson Kopp - 3
Tom Hores - 6
Dorothy Brooks - 7
Howard Morris - 7
Linda C. Miller - 8
Carol Taylor - 9
Tom Hooker - 12
Patrick Peters - 12
Mary Thurn - 17
Paul Miller - 18
Caryn Dachner - 19
Carolyn Christy - 19
Ingrid Silvian - 20
Karen Sellman - 20
Cheryl Baker - 22
John Strang - 23
Patty Moriarty - 24
Mary Gottesman - 24
Elizabeth Moser - 25
Mitzi Saeman - 25
Dede Coate - 28
Mary Hores - 28
Yetta Worley - 31

Betty Custer - 2
Doris Plaine - 2
Judi Swanson - 5
Marvin Whitman - 5
Barbara Chuko - 7
Nancy Schleppe - 8
Bill Swanson - 8
Joan Warner - 9
Reg Haymond - 11
Mary Koetz - 15
Dave Sanders - 16
Kathleen Musselman - 16
Louise Swanson - 21
Barbara Hackman - 21
Barbara Broomhall - 22
Becky DeVennish - 22
Pat Eiselt - 22
Libby Stearns - 23
Jerry Sellman - 23
Anna Marie Lisska - 23
Micki Bally - 28
Alice Levitin - 29
Judy Rollenhagen - 29

Qigong / Tai-Chi – Meditation in Motion - Call Mary Ellen at 614-562-7717 to register

Enhance your health and vitality through the principles of Tai Chi Easy and Qigong. "Qigong" means "life energy work," a way of working with the life energy. It is a healing art, a way of cultivating physical, spiritual, emotional and physical health, that originated in China. "Tai-Chi" is a series of continuous, circular, slow, relaxed and smooth flowing movements that has numerous health benefits for all. ALL ages can do this program. No experience necessary!

Location: Jeffrey Mansion

Time: 10:30 am – 11:30 am

Dates: January 24 - February 28, 2019 (Thursdays)

Cost: \$60.00

NEW TRIPS & EVENTS

- December 10th
(Monday) Baker's Nursery for Holiday gifts, personalized ornaments, If we have time, there will be other stops for last minute gifts. Breakfast/lunch will be on your own at an old time favorite! Time: Leave Bexley pool at 9:30 am. Cost: \$10.00
- December 11th
(Tuesday) Governor's Mansion & Gardens tour. There is also an art exhibit called "Spotlight. This exhibit features pieces by Ohio artists. Meet at Governor's Mansion. Time: 10:00 am
- December 13th
(Thursday) Jeff LaFevre is back! Last years holiday tour with Jeff was so enjoyable and everyone loved the food at Valter's (located in the Maennerchor). We will have Jeff take us all around the Short North and explain what is happening there, have dinner and continue downtown for a lights tour. Time: Leave Bexley pool at 4:00 pm - Cost: \$35.00 - Jeff will be with us a little longer so the price is a little higher—but definitely worth it. (Dinner on your own)
- January 3, 2019
(Thursday) **Happy New Year!** - We have to hit the "sales" after the holidays and our first stop will be Baker's Nursery! We go every year and you will be amazed at the discounted prices. Then we will visit The Mall at Tuttle Crossing where you can eat and shop for all of their sales! Don't forget all of your GIFT CARDS that you were given as gifts! Time: Leave pool at 9:30 am - Cost: \$10.00 (bus)
- January 31, 2019
(Thursday) LaComedia Dinner Theater presents, "Almost Heaven", a tribute to the beautiful, soaring songs of John Denver . You will hear 29 of Denver's songs including "Rocky Mountain High," "Sunshine on My Shoulders," "Annie's Song," "Take Me Home, Country Roads," "Thank God I'm a Country Boy," "Leaving On A Jet Plane," "Calypso" and many more. Time: Leave Bexley pool at 9:15 am Cost: \$65.00 includes full buffet, live show and bus fare.
- February 13, 2019
(Wednesday) Valentine Mystery Lunch & shopping. TIME: Leave Bexley pool at 10:30 am - COST: \$9.00 (bus) Lunch on own.

2 NEW PROGRAMS AT BEXLEY RECREATION - Please call Mary Ellen at 614-562-7717 to register on-line.

Pixelwinx: Iphone/Photo Workshop

Discover in 2 hours how to manage, organize & download your photos. What is taking up all that space on your iPhone? How do I use the PHOTOS app? We help you get the most out of your phone with tips & tricks and make sure you know how to backup your phone. We will work primarily with your iPhone but feel free to bring your laptop or iPads and cords too.

Date: February 4, 2019 Location: Jeffrey Mansion Cost: \$45.00

Time: 6:00-8:00 pm Day: Monday

Chair Yoga

Have you ever wanted to do Yoga, but didn't think you could get up and down on a mat? Or, have you done Yoga, and now have wrist or knee problems that prevent mat practice? Or do you just want to practice a gentle form of Yoga in which you will sit on or stand behind a chair? If you answer "Yes" to any of these questions, then Chair Yoga is for you.

Dates: January 11, 18, 25, February 1, 8, 15 (Fridays)

Time: 9:00 – 10:00 am

Fee: \$30

The National Veterans Memorial and Museum, officially designated by the Federal Government, is more than a Museum! It is a living tribute to over 40 million Americans who have served this Nation

There are more than 20 million living veterans throughout the United States, from our Greatest Generation to our recent heroes coming home from Afghanistan and Iraq.

And yet, there is no single monument or museum dedicated to the Veteran's experience. There are institutions that focus on specific conflicts or branches of service, but there hasn't been a place for us all to join together to celebrate and honor the sacrifice of all of our veterans, past and present...until now.

We will have a guided tour of the Museum. Yes, there will be lots of walking; however, you can see as much or as little as you are able.

DATE: February 20, 2019 (Wednesday) **TIME:** Leave Bexley pool at 9:30 am (tour is scheduled for 10:00 am). We will have lunch at Tommy's Diner following our tour. **COST:** \$12.00 - Senior Citizens (plus \$9.00 bus fare) Total of \$21.00

If you have your military ID **with you**, there is NO charge, except \$9.00 (Bus fare)

UPCOMING EVENTS - MARK YOUR CALENDARS! No money due at this time.

SHOWTIME 2019 - Lunch & show at Der Dutchman Restaurant in Plain City. There will be 5 shows this year beginning with:

April 24, 2019 - Our first "MYSTERY" show! I know you love my mystery lunches, so this show is an opportunity to experience the unexpected. Take a chance! I know what the show is and I promise you will have a great afternoon with this show and family-style luncheon.

June 18, 2019 - Ricky Nelson Remembered! As you know, Ricky died in a tragic plane crash in 1985, but his legacy lives today when Ricky's twin sons, Matthew and Gunnar, perform their father's greatest hits along with heart-warming video from the adventures of Ozzie & Harriet thru Ricky's stellar career. A dynamic tribute you can't miss!

August 7, 2019 - Ron Retzer's Classic Country! Ron is back with his NEW show, chock-full of country classics and corny comedy. Remember his side-kicks, Roger Hoard on Guitar and John Parrendo on fiddle? They are fabulous!

October 9, 2019 - A Tribute to Floyd Kramer! His distinctive style at the piano is still alive - not only in the hearts of countless fans but through the music of his grandson, **Jason Coleman**. Jason tours the country with this heart-warming tribute to his grandfather (including a touching video.) His story will arouse cherished musical memories and bring a tear to your eye.

December 2, 2019 - Christmas of Yesteryear with your favorite "Keyboard King," Ron Retzer along with the rich voices of Jennider Galownia and Bob Wolfe. They will bring you Holiday favorites and memorable songs of praise. Ron will also excite you with his mastery of the ARMONICA, a unique musical instrument invented by Ben Franklin and played by a rare few today.

EXTENDED TRIPS 2019

There will be an informational meeting at Bexley City Hall for the following THREE trips on Wednesday, January 30, 2019 at 1:00 pm

Wine, Water & Wonders - Upstate New York - "Uncork in New York"

Tour Features: 2 nights hotel at the Radisson in Corning NY with breakfast included; 1 night at Seneca Casino Niagara Falls with \$20 food credit and \$50 game play credit; 1 lunch and 1 dinner included; Admission to Corning Glass Museum; Tour and tasting at 2 wineries in Hammondsport NY; Ride the Sam Patch canal boat and have lunch on the historic Erie Canal; Maid of the Mist boat ride at Niagara Falls; Niagara State Park view of Canadian & American Falls; Deluxe charter bus, Prime Tours director with us at all times and bus driver tips and restaurant gratuities included

Dates: June 24-27, 2019

Cost: \$799.00 (double per person); \$999.00 (single); \$759.00 (triple per person)

Paris and the Great Wines of Bordeaux - October 23 - November 1, 2019

Tour features: This amazing experience includes two nights in Paris, one in the Loire Valley AND five nights on a Luxury River Cruise aboard the MS Cyrano de Bergerac starting and ending in Bordeaux. Admissions to Hennessy Cognac Experience, Chateau Chambord, Cite du Vin and so much more.

Cost for land and cruise: Middle deck (double occupancy) \$4298.00

Cambodia & Vietnam Mekong River Small Ship Cruise - From the Temples of

Angkor Wat to Saigon. Dates: January 17-27, 2020. Nine nights on Indochine II CroisiEurope Riverboat Cruise plus 2 nights on land. 60 Passenger modern ship with 28 Crew Members - VIP Experience

Cost for land and cruise - Lower Deck double occupancy: \$3999.00 per guest
Upper Deck double occupancy: \$4215.00 per guest

Add air fare pricing

If you are interested in the following two trips, please call Mary Ellen at 614-562-7717.

Irish Adventures w/ optional Post Tour of Scotland – May 12-21, 2019

Tour Features: Round-trip Airfare, professional tour director, eight night's hotel accommodations, eight full breakfasts, one lunch and five dinners featuring: Scottish evening in Edinburgh – Canal Cruise dinner and live music – Bunratty Castle Medieval Banquet. Tours include: Ferry ride across the River Shannon, farm visit for a sheep-dog demonstration. Visits and admissions to: Titanic Belfast, Book of Kells at Trinity College, Blarney Castle, Blarney Woolen Mills and the Cliffs of Moher.

Dates: May 12-21, 2019

Fee: \$3995.00 (double per person); \$4799.00 (single);

A Charming Charleston Christmas - November 30-December 5, 2019

Tour Features: Motorcoach transportation; 5 nights lodging (2 nights enroute, 3 nights in Charleston; 5 breakfasts; 6 tours/events; Step-On guides for Charleston; Boone Hall Plantation "Wine Under The Oaks"; James Island "Holiday Festival of Lights"; Charleston Strolls Holiday Walking Tour; Carriage Tour; Historic District House Tours; Middleton Place Plantation Tour & Holiday Meal; All baggage handling and taxes; All gratuities for Driver and Guide.

Dates: November 30 - December 5, 2019

Cost: \$1499.00 (double, per person); \$1899.00 (single) Optional Insurance per person is available.

RESERVATION SHEET

Please send money & reservation slip and (X) the reservations of your choice. Make check payable to **BAC Travel** and send it to: 165 North Parkview Ave. Bexley, Ohio 43209 (Attention: Mary Ellen)

REMINDERS - LAST CHANCE - Do not miss out on these!!!

REMINDERS

- Dec. 10 ___ Baker's Nursery & lunch - **TIME:** 9:30 am (pool) **COST:** \$10.00
Dec. 11 ___ Governor's Mansion tour - **TIME:** 10:00 am **COST:** No charge
Dec. 13 ___ Jeff LeFevre & dinner at Valter's - **TIME:** 4:00 pm **COST:** \$35.00
Jan. 3 ___ Baker's & Tuttle Mall shopping - **TIME:** 9:30 am (pool) **COST:** \$10.00
Jan. 31 ___ "Almost Heaven" @ LaComedia - **TIME:** 9:15 am (pool) **COST:** \$65.00
Feb. 22 ___ "America" concert - **TIME:** 6:15 pm (Bexley pool) **COST:** \$62.00

NEW TRIPS & EVENTS

- Jan. 8 ___ **BAC luncheon at Berwick Party House - TIME: Noon COST: \$12.00**
Jan. 10 ___ Mystery lunch - **TIME:** 10:30 am (Bexley pool) **COST:** \$9.00 (bus)
Jan. 18 ___ LaVeque Tower tour & Mystery lunch - **TIME:** 10:00 am (Pool) **COST:** \$9.00
Jan. 23 ___ Hollywood Casino & lunch - **TIME:** 10:00 am (Bexley) **COST:** \$9.00
Jan. 30 ___ Trip informational meeting at Bexley City Hall - **TIME:** 1:00 pm
Feb. 5 ___ **BAC luncheon at Berwick Party House - TIME: Noon COST: \$12.00**
Feb. 13 ___ Mystery lunch & shopping - **TIME:** 10:30 am (Bexley pool) **COST:** \$9.00
Feb. 20 ___ Veterans Museum & Tommy's Diner - **TIME:** 9:30 am (Bexley pool)
COST: \$21.00 (Admission & bus fare for Non-Military) - \$9.00 (bus fare) Military

NOTE: (You MUST bring proof of your Military ID)

Silver Sneakers Classes ___ Jan. 25; ___ Feb. 1; ___ Feb. 8; ___ Feb. 15;
___ Feb. 22; ___ March 1st (\$18.00 for 6 classes)

Time: 12:30 pm (Jeffrey Mansion)

___ **\$18.00 for 6 classes (unless you belong to Silver Sneakers)**

Fun Day at City Hall ___ January 7; ___ January 14; ___ January 28
Time: 1:00 pm

Phone # (Required) _____ Signature _____

Email _____ Birthdate _____

Bexley Activities Club
165 North Parkview Ave.
Bexley, Ohio 43209

