



April - May 2019



“Bexley 55 +”

Bexley Activities Club

165 N. Parkview Ave.

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EMERGENCY PHONE NUMBER (614-562-7717)

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BAC - 55+ APRIL LUNCHEON - Berwick Party House

Date: Tuesday, April 2, 2019

Time: Noon - Fee: \$12.00

Menu: Chicken Tetrazzini, full salad bar, rolls, iced tea, coffee



Entertainment: Tim Jordan, Ph.D. and Historic Site Group Leader and Acting Site Manager, Newark Earthworks will have a power point presentation on the Newark Earthworks, the largest set of geometric earthen enclosures in the world. Already a National Historic Landmark, in 2006, the State of Ohio designated the Newark Earthworks as “The Official Prehistoric Monument of the State” - He will also discuss our trip to their Open House on April 8th. (See new trips)

BAC - 55+ MAY LUNCHEON - Berwick Party House

Date: Tuesday, May 7, 2019

Time: Noon - Fee: \$12.00

Menu: Full Salad Bar, rolls, Baked fish and Red Skinned Potatoes, coffee & tea

Entertainment: **Scott Brooks** will draw inspiration from the music of the Great American Songbook -- Cole Porter, Gershwin, Johnny Mercer -- but there's no limit to the variety you'll hear during the show. He is a wonderful musician!

NEWSFLASH! This will be the COOLEST event ever! Just to give you an idea - We sold a framed picture from Trash & Treasures for \$650.00

You have heard of the “ANTIQUE ROAD SHOW”, right? Well, here’s your chance to attend the **“BEXLEY ROAD SHOW”**! Our theme for this event is: **“What’s It Worth?”**

DATE: APRIL 10, 2019 - **TIME:** 1:00 pm **LOCATION:** Wexner Heritage Village (1151 College Ave.) **PLEASE DO NOT MISS THIS AWESOME EVENT!**

Suzanne Beighley and Team from **“Everything But The House”** will present and play a game they like to call **“What’s it Worth”**. This will be a fun and informative afternoon where you will learn the current market for monetizing everything from your basic household items to your collections and family heirlooms in the world wide marketplace. Feel free to bring a small item with you if you would like to add to the conversation. And, if you decide you are ready to part with some of your treasures, they will be happy to help you through that process by taking your item with them and sell it for you OR teach **YOU** how to do it yourself. I am sure you will find this afternoon interesting and you might even get rich once people start bidding on your item! Appetizers, desserts and beverages will be available.

“What’s It Worth?”

Bexley Road Show

DATE: April 10TH @ 1:00 PM



APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Fun Day at Wexner Heritage Village 12:30 PM	2 BAC luncheon at Berwick Noon	3 Euchre 1:00 pm Kensington	4	5 Vaud-Villities 12:30 pm (pool) Silver Sneakers 12:30 pm	6
7	8 Newark Earth-Works	9	10 Bexley Road House at Wexner Village 1:00 pm	11 Broadway Show 6:45 pm (pool)	12 Ballet rehearsal 10:15 am Silver Sneakers 12:30 pm	13 Marion Palace Theater 12:30 pm (Bexley pool)
14	15 Fun Day at Wexner Heritage Village 12:30 PM	16 Car Museum & Plank's for dinner 3:30 pm (pool)	17	18 Mystery lunch 10:30 am (Pool)	19 Silver Sneakers 12:30 pm (Mansion)	20
21	22 Fun Day at Wexner Heritage Village 12:30 PM	23	24 Der Dutchman Plain City 9:15 am (pool)	25 Veterans Memorial & Museum 9:30 am (pool)	26 Silver Sneakers 12:30 pm (Mansion)	27
28	29 Fun Day at Wexner Heritage Village 12:30 pm	30 Card-making with Linda Kopp 1:00 pm— Wexner				

MAY 2019

Mon Tue Wed Thu Fri Sat

			1 Decorator Showcase at Art Museum 10:00 am (pool)	2	3 Silver Sneakers - 12:30 Mansion Everly Brothers Marion Palace 6:00 pm (pool)	4
5	6 Fun Day at Wexner Heritage Village 12:30 pm	7 BAC luncheon at Berwick Noon	8	9	10 Silver Sneakers - 12:30 Mansion	11
12	13 Fun Day at Wexner Heritage Village 12:30 pm	14	15 Snooty Fox Cincinnati, Oh 8:15 am (pool)	16	17 Silver Sneakers - 12:30 Mansion	18
19	20 Fun Day at Wexner Heritage Village 12:30 pm	21 Garra Spas at Polaris Mall 9:15 am (pool)	22	23	24 Ballet - 10:00 am (pool) Silver Sneakers - 12:30 Mansion	25
26	27 Office closed	28	29 Tranquility Salt Cave 9:00 am (pool)	30 Consignment Shopping & lunch 9:30 am (pool)	31 Silver Sneakers - 12:30 Mansion	

Notice: Betty Kennedy is in charge of our Sunshine Committee program. She sends "Sympathy", "Thinking Of You", "Get Well", "Special Occasion" cards to our Members. IF you know of anyone who should receive one of these cards, please call Betty Kennedy at 614-253-4522 and let her know. Thank You!

IMPORTANT NOTICE - Beginning on July 1st, 2019, the BEAT bus fare will be \$10.00 (instead of \$9.00) for all local, day trips (such as Mystery lunches, Ballet, Broadway Series and other day trips). BAC will continue subsidizing all additional bus fees with our Trash & Treasures profit.

FUN DAY at Wexner Heritage Village - **NEW TIME! 12:30 PM**

April 15 2019 - Will Bowling and board games. Feel free to bring a game of your choice and I will also have games available.

April 22, 2019 - Share your favorite book! I am hoping to get a "Book Club" started. If interested, please bring a favorite book for others to hear about. All games will also be available

April 29, 2019 - to be announced!

TIME: Meet at **Wexner Heritage Village** (1151 College Ave.) at **12:30 pm.** Refreshments will be served. Feel free to bring your favorite snack if you want. However, the snacks must be vegetarian. (All that really means is no meat!) We will be finished by 4:00 pm. Stop at front desk for location

NEW MEMBERS - We are so glad you have joined our BAC 55+ Group. Make sure you attend some of Mary Ellen's exciting events & trips.

Liz Beck-Wypasek
984 Chelsea Ave.
Bexley, Ohio 43209
614-314-9082

Phyllis Rhoten
904 Grandon Ave.
Bexley, Ohio 43209
614-237-0188

BROADWAY SERIES - NEXT TWO SHOWS!

"HELLO DOLLY"- May 7, 2019; **Time:** 6:45 pm (Bexley pool) **Cost:** \$77.00

"FINDING NEVERLAND"- June 7th, **Time:** 7:15 pm (pool) **Cost:** \$77.00



April, May, June BIRTHDAYS - Please let me know if your birthday is wrong. I apologize in advance.

APRIL



Steve Cartwright - 1
Clifton Marr - 4
Beth Ann Prunte - 5
Gail Rosenblum - 11
Irene Mossman - 13
Liz Wyasek - 14
Bruce Aldrich - 15
Bebe Pink - 16
Myra Hayduk - 16
David Swanson - 16
Joan Snider - 16
Stuart Son - 20
Nancy Beck - 23
Terp Musselman - 23
Jill Sculley - 24
Marge Young - 24
Helen Thomas - 27
Babette Whitman - 28

MAY



Carolyn Retzlaff - 1
Marlene Wolf - 6
Linda Miller (Mrs. Paul) - 7
Jim Welsh - 8
Mary Ellen DeLaney - 9
Connie Freundlich - 12
Caron Vernon - 14
Tina Frazier - 16
Margie Hollander - 16
Nancy Hansley - 17
Carol Pfau - 20
Craig Seckel - 20
Sarita Cohen - 24
Allan Berger - 26

JUNE



Mary Lou Kosner - 1
Jane Peden - 5
Jill Bogart - 6
Virginia Williard, -6
Aaron Yablok - 9
Marilyn Mars - 9
Ruthetta Topolosky - 9
Kathleen Smith - 11
Val Farnham - 16
Diane Gosser - 16
Karen Sue Coady - 17
Dorothy Deems - 18
Ron Hooker - 18
Bill Karn - 19
Sharon Seckel - 20
Marcella Marr - 20
Selma Kahler - 21
Judy Helsel - 28
Susan Peters - 28

NEW SHOW AT DER DUTCHMAN, PLAIN CITY, OHIO

June 18, 2019
(Tuesday)

Ricky Nelson Remembered! **WAITING LIST ONLY!** As you know, Ricky died in a tragic plane crash in 1985, but his legacy lives today when Ricky's twin sons, Matthew and Gunnar, perform their father's greatest hits, along with heart-warming video from the adventures of Ozzie & Harriet, thru Ricky's stellar career. A dynamic tribute you can't miss! You will also receive a family-style luncheon and an opportunity to shop in their gift shop which is fabulous (discount coupon included!) Time: Leave St. Charles at 9:15 am Cost: \$65.00 (bus, lunch & show) Only 15 seats available at this time! **WAITING LIST ONLY!** Please let me know if you want to be added to the waiting list in case she can get more tickets.

Upcoming Events - Mark your Calendars - Details next month

June 6 - Scioto Downs racing & Racino (Date could change! See next month)

August 16 - LaComedia Theater, Springboro, presents, "On Golden Pond"

October 3 - LaComedia Theater, Springboro, presents, "Disaster"

NOTICE: The Annual Election for certain members of the Steering Committee will be held at our May 7th dinner meeting. The Steering Committee of BAC is made of two parts and consists of 11 members: 5 officers and 6 Members-at-Large. According to the BAC Constitution, terms for the Steering Committee Membership-at-Large shall be on a two year rotating basis, with three such members to be elected each year. Our Installation will take place at our June 4, 2019 luncheon. **We need NEW members with NEW ideas!** Please take advantage of this opportunity and let me know if you are willing to serve on our Steering Committee. We have lots of fun AND only meet once a month. We have many new members and would love to have you join us! Thanks, Mary Ellen

NEW TRIPS & EVENTS

- April 8
(Mon.) **Open House at The Newark Earthworks** - We will have our own step-on guide to explain this National Historic Landmark. Those of you who want to walk and explore, you will be given the opportunity. Others will learn from the Museum and guide. TIME: Leave Bexley pool at 9:00 am COST: \$20.00
- April 13
(Sat.) **Church Basement Ladies, RISE UP OH MEN!** - Yes, this hilarious new musical is the latest addition to the Church Basement Ladies series, introducing the MEN of the church! Come and see what happens in the kitchen of the church basement in this hilarious yet touching production. TIME: Leave Bexley pool at 12:30 pm (2:00 show) COST: \$55.00 (ticket and bus fare)
- April 25
(Thurs.) **The National Veterans Memorial and Museum** - For those of you who were signed up AND paid for our previous trip which was cancelled due to weather, please let me know if this date works for you. You have first chance! Every one else who would like to go, be sure and sign up on the reservation sheet in case there is room. I am sure I will be planning another trip since this is so popular. Time: Leave Bexley pool at 9:30 am. Cost: \$21.00 (bus & admission) IF you have your military I.D. with you, the bus fare will be \$9.00. Lunch (not included) at Tommy's Diner following the tour.
- May 3
(Fri.) **Everly Brothers Experience** featuring the **ZMED BROTHERS** - Long live the Music! In January 2016, brothers Zachary and Dylan, along with drummer Burleigh Drummond, began developing the Everly Brothers experience. These brothers honor the artistry of these musical icons and pay tribute to their unique place in music history - all this while having a little fun telling their own personal story. TIME: Leave the Bexley pool at 6:00 pm (7:30 show); COST: \$55.00 (ticket & bus)
- May 21
(Tues.) **Garra Spas - A unique pedicure treatment.** The Spa offers a unique fish spa experience you won't find anywhere else! This special breed of fish, known as Garra Rufa, is attracted to the vibration in the water given off by the pulse in your body. Their movement around your feet creates a very relaxing feeling that is often described as little bubbles all over your skin. The light sensation from the tiny fins rapidly moving across your skin is what creates this relaxing feeling! GIVE IT A TRY! TREAT YOURSELF! Wait until your friends hear that you did this! Then, shop and eat (your choice of restaurants or food court in the mall) If you do not want the spa, you can come to shop at Polaris and eat. (Bus fare only!) But, don't miss out! Time: Leave Bexley pool at 9:15 am Cost: \$33.00 (w/ spa) \$10 (without)
- May 24
(Fri.) **Ballet Dress Rehearsal at Davidson Theatre - "Ballet by Liang"** This is a Mixed Rep Ballet which features 3 different ballets in 1 show, features favorite choreography from Edwaard Liang, Wunderland is a Columbus favorite and the first piece Edwaard ever taught BalletMet dancers Unfortunately, this ballet is at the Riffe Center instead of the Ohio Theater. This is also the LAST one for this season so I have been asked to schedule it. The Davidson Theatre is not as senior-friendly. Time: Leave Bexley pool lot at 10:00 am - COST: \$28.00
- May 29
(Wed.) **Tranquility Salt Cave** - Salt Therapy (halotherapy) provides many healing benefits to the human body. The salt cave is lined with Himalayan rock salt boulders, and literally tons of granulated salt rest on the floor of the cave. Salt caves are good for MANY conditions, sinus, respiratory, helps people with breathing and definitely relaxing, Please google this cave in Columbus and see how much fun we will be having. The videos will explain better than I can. Of course, lunch will follow at a great restaurant! Time: Leave Bexley pool at 9:00 am - Cost: \$29.00 includes bus & treatment

REMINDERS

- April 5, 2019
(Friday) Vaud-Villities presents, "The Magic Of Music" at Northland Performing Arts Center. These shows are so enjoyable and they planned an afternoon matinee for our convenience.
Time: Leave Bexley pool at 12:30 pm. Cost: \$25.00 (bus & ticket)
- April 11, 2019
(Thursday) Broadway Series presents, *The Play That Goes Wrong* (Palace Theater) What would happen if Sherlock Holmes and Monty Python had an illegitimate Broadway baby? You'd get The Play That Goes Wrong, and London's award-winning smash comedy! Laugh till you cry!
Time: 6:45 pm (pool) Cost: \$78.00 includes bus and main floor seats
- April 12, 2019
(Friday) Ballet Dress Rehearsal, "Cinderella" at the Ohio Theater. Race against the midnight toll with the grand return of Edward Liang's Cinderella. A fairytale full of hope, hardship and happily ever after, this lush production, set to Prokofiev's score, brings your favorite characters to life with elegance and charm. Time: Leave Bexley pool at 10:15 am
Cost: \$28.00 (bus & ticket)
- April 16, 2019
(Tuesday) Tour of Wagner-Hagans Auto Museum - Owner, Steve Wagner, says "Every Car Has A Story". Steve's cars and related cultural memorabilia are high quality and nicely reflect his knowledge and passion as a real car guy. You will see the 1956 Continental Mark II and the gorgeous 1955 Chevrolet Nomad. What you will see are all originals. We will have dinner at Planks on Parsons following tour. I hope some of our men will join us on this tour. Time: Leave Bexley pool at 3:30 pm.
Cost: \$9.00
- April 18, 2019
(Thursday) Mystery luncheon & shopping. Hopefully, it will be nice weather and we can eat outside! Time: Leave Bexley pool at 10:30 am Cost: \$9.00
- April 24, 2019
(Wednesday) Our first "MYSTERY" show at Der Dutchman! I know you love my mystery lunches, so this show is an opportunity to experience the unexpected. Take a chance! I know what the show is and I promise you will have a great afternoon with this show and family-style lunch.
Time: Leave Bexley pool at 9:15 am (shopping, lunch and show)
Cost: \$59.00 (If you need more time to pay, I can wait until next month. However, I need your commitment NOW. The deadline for signing up for this show is March 15th or it will have to be cancelled.)
- April 30, 2019
(Tuesday) Card-Making with Linda Kopp at Wexner Heritage Village. NO experience necessary. 8 cards total will be made: Mother's Day, Springtime and all occasion cards will be made. Time: 1:00 pm Cost: \$20.00
- May 1, 2019
(Wednesday) Decorator Showcase returns to the Columbus Museum of Art! Designers will re-imagine gallery space as living space and use works from the Museum's collections in their designs. Visit the Treasures & Trinkets shop. Lunch will be on your own at the Schokko Café after our guided tour. CARPOOL from the Bexley pool at 10:00 am or meet at the Museum at 10:15 am. Cost: \$15.00 (group rate)
- May 15, 2019
(Wednesday) Annual Snooty Fox trip for spring and summer bargains! We will be stopping at 4 upscale consignment shops and lunch will be catered by the Montgomery Inn. Barbecue chicken instead of pork! Treats will be given at each stop, with of course, ice cream pie at our last stop.
Time: Leave Bexley pool at 8:15 am Cost: \$60.00 (bus, lunch, treats)

SilverSneakers® BOOM MOVE™ - ANOTHER NEW CLASS!

BOOM is a revolutionary new fitness series designed for Baby Boomers and active Older Adults. Enjoy working out with others? BOOM MOVE is a higher intensity dance workout class that improves cardio endurance and burns calories. This exercise class is specially designed to help you gain energy while building all-around strength. MOVE is all about breaking a sweat and having fun. The class focuses on cardio endurance by starting with simple dance moves, then building into more complex sequences, bringing you a great cardio workout. Balance, cardio and fun come together in dance class. Studies show dance makes it less likely you'll suffer a fall. The constant need to assess movement and respond to muscle also stimulates brain activity. Remember, it's not just for the girls! MOVE it or or lose it!

Location: Jeffrey Mansion

Instructor: Liz Wypasek, Personal Fitness Coach, Silver Sneakers FLEX Instructor and 30+ year Bexley Resident

Dates: April 17 - May 22, 2019 (**Wednesdays**) Time: 12:30 -1:30 pm

Cost: \$30.00 for Non Silver Sneakers Members. Silver Sneakers members - FREE

NOTE: You must register for this particular class through Bexley Recreation with a Credit Card. Call Mary Ellen if interested and she can do it for you.

SilverSneakers FLEX® AN ADDITIONAL CLASS will be added each week beginning on **TUESDAY, MARCH 12**. This class will also go for 6 weeks (March 12, 19, 26, April 2,9,16) There is a conflict in the building on April 2 & 9th. Our class on Fridays has been so popular, that people were asking to exercise two times a week! That is GREAT! Cost: \$3.00 per class (Silver Sneaker members are FREE) Please mark these dates on your calendars!

SilverSneakers FLEX® - at Jeffrey Mansion - FRIDAYS

Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body's resistance while also using your core muscles to improve balance and stability. Modifications will encourage all participants to be challenged at their level.

Dates: March 15 - April 19, 2019 (FRIDAYS) - 6 week program

Time: 12:30 - 1:30 pm (Jeffrey Mansion)

Cost: Silver Sneaker Members - NO charge; **Bring your SILVER SNEAKER #**
NON Silver Sneaker members - 3.00 per class (\$18.00 - 6 weeks)

Instructor: Liz Beck Wypasek, long time Bexley Resident, Fitness Coach & Silver-Sneakers FLEX Instructor.

As you can see, we are trying to add in more exercise class to keep everyone healthy! Once the weather gets nice, if we need to exercise outside, we will! Liz wants to keep these classes going - as often as possible. If you know you can attend these "very inexpensive" classes, feel free to pay on your reservation sheet. This will let me know you are committed. However, due to vacations, if you know you cannot make every class, please pay accordingly. I want to be fair to Liz (who is doing a GREAT job!) as well as to all of you. Thank you in advance.

NOTE: Due to lack of space on the calendar, I will make a separate calendar for all of these classes and hand it out at the class.

LAST MINUTE TRIP YOU WON'T WANT TO MISS!

I have been asked to schedule "Consignment Shopping" all around Columbus & lunch. So, here we go!!

DATE: Thursday, May 30th - **TIME:** 9:30 am - **COST:** \$10.00

More details next newsletter. Some shops will be ones you have not been to! Others will be our regular awesome ones!

RESERVATION SHEET

Please send money & reservation slip and (X) the reservations of your choice. Make check payable to **BAC Travel** and send it to: 165 North Parkview Ave. Bexley, Ohio 43209 (Attention: Mary Ellen)

REMINDERS - LAST CHANCE - Do not miss out on these!!!

REMINDERS

- April 2 ___ BAC luncheon at Berwick Party House - **TIME**: Noon **COST**: \$12.00
April 5 ___ Vaud-Villities, "The Magic of Music" - **TIME**: 12:30 pm (pool) **COST**: \$25.00
April 10 ___ Bexley Road Show at Wexner Heritage Village - **TIME**: 1:00 pm
April 11 ___ The Play That Goes Wrong - **TIME**: 6:45 pm (Bexley pool) **COST**: \$78.00
April 12 ___ Ballet at Ohio Theater, "Cinderella" - **TIME**: 10:15 am (pool) **COST**: \$28.00
April 13 ___ Marion Palace Theater - **TIME**: 12:30 pm (Bexley pool) **COST**: \$55.00
April 16 ___ Car Museum & Plank's for dinner - **TIME**: 3:30 pm (pool) **COST**: \$9.00
April 18 ___ Mystery lunch & shopping - **TIME**: 10:30 am (pool) **COST**: \$9.00
April 24 ___ Der Dutchman lunch & show - **TIME**: 9:15 am (Bexley pool) **COST**: \$59.00
April 30 ___ Card-Making - **TIME**: 1:00 pm (Wexner Heritage Village); **COST**: \$20.00
May 1 ___ Decorator Showcase (Art Museum) - **TIME**: 10:00 am (pool) **COST**: \$15.00
May 15 ___ Snooty Fox shops (Cincinnati) **TIME**: 8:15 am (pool) **COST**: \$60.00
June 18 ___ Ricky Nelson remembered - **TIME**: 9:15 am (St. Charles) **COST**: \$65.00

NEW TRIPS & EVENTS

- April 25 ___ Veterans Museum & lunch - **TIME**: 9:30 am (pool) **COST**: \$21.00
May 3 ___ Everly Brothers Experience - **TIME**: 6:00 pm (pool) **COST**: \$55.00
May 7 ___ BAC luncheon at Berwick: - **TIME**: Noon **COST**: \$12.00
May 7 ___ "Hello Dolly" Broadway Series - **TIME**: 6:45 pm (pool) **COST**: \$77.00
May 21 ___ Garra Spas @ Polaris - **TIME**: 9:15 am (pool) **COST**: \$33.00
May 24 ___ Ballet Dress Rehearsal - **TIME**: 10:00 am **COST**: \$28.00
May 29 ___ Tranquility Salt Cave & lunch - **TIME**: 9:00 am (pool) **COST**: \$29.00
May 30 ___ Consignment shopping & lunch - **TIME**: 9:30 am - **COST**: \$10.00
June 7 ___ "Finding Neverland" - Broadway Series - **TIME**: 7:15 pm **COST**: \$77.00

Silver Sneakers Classes (FRIDAYS) ___ March 15; ___ March 22; ___ March 29;
___ April 5; ___ April 12; ___ April 19 (Time: 12:30 pm)

Silver Sneakers (NEW) (TUESDAYS) ___ March 12; ___ March 19; ___ March 26;
___ April 2; ___ April 9; ___ April 16 (Time: 12:30 pm)

Friday classes _____ \$18.00 (6 classes) (Silver Sneakers members - FREE)

Tuesday classes _____ \$18.00 (6 classes) (Silver Sneakers members - FREE)

Phone # (Required) _____ Signature _____

Email _____ Birthdate _____

Bexley Activities Club
165 North Parkview Ave.
Bexley, Ohio 43209

