



June- July 2019



**“Bexley 55 +”
Bexley Activities Club
165 N. Parkview Ave.
Office # 614-559-4310**

**EMERGENCY PHONE NUMBER (614-562-7717)
(E-Mail) mdelaney@bexley.org**

IMPORTANT NOTICE: Due to my vacation in June and many deadlines for tickets, I need you to submit your reservations as soon as possible.

BAC - 55+ JUNE LUNCHEON - Berwick Party House

Date: Tuesday, June 4, 2019

Time: Noon - **Cost:** \$15.00

Menu: Homemade Lasagna, full soup & Salad Bar, rolls, assorted miniature dessert bars, coffee & tea.

Entertainment: **History of The National Road** will be presented by Bill Smith, aka “**The Ratcatcher**”. Starting in Cumberland, Maryland and crossing 6 states, the National Road was the first federally funded interstate highway. Construction began in 1806 and used the latest technology of road construction. By 1818 it had reached Wheeling, West Virginia and by 1825 with new funds, started across Ohio. You will learn SO much from Bill and will thoroughly enjoy him!

NOTE: Our June luncheon will be our last BAC lunch at Berwick until September. No fear, I will keep you busy during the summer and “See you in September”!

DUES! DUES! DUES! are due!!! PLEASE PAY NOW!!!!

We are collecting dues for the 2019 - 2020 year. Please make out a **SEPARATE CHECK to B.A.C.** for \$15.00 (individual membership) OR \$25.00 for a couple. **Do not include this amount on your monthly check for trips & events.** The dues go into a separate account. Send your dues to: 165 N. Parkview Ave. Bexley, Ohio, 43209. **ATTENTION: MARY ELLEN.** *Dues have to be paid by June 30, 2019 in order to receive future newsletters.* **BAC’s fiscal year begins July 1st and ends June 30th.**

Thank you to those who have sent in a “donation” with their dues. We greatly appreciate your generosity in supporting BAC.

IMPORTANT NOTICE for ALL BAC 55+ MEMBERS

There will be a very important informative meeting on JUNE 5th to discuss the future of BAC as well as your involvement with the new concept of a Village in Bexley which will include Eastmoor, Berwick and Bexley. You will hear from Mayor Kessler, Mary Gottesman and Mike Price. It is VERY important that you attend this meeting and express your opinions so BAC can continue to benefit from ALL the services that are offered in Bexley. Mary Ellen has spoken numerous times on behalf of BAC, now it is YOUR turn. Please take advantage of this opportunity.

TIME: 5:00 pm

LOCATION: Columbus School For Girls

NEW TRIPS

OUR FIRST TRIP LEAVING FROM ST. CHARLES LOT WILL BE JUNE 6TH TO SCIOTO DOWNS. ALL TRIPS BEFORE JUNE 6TH LEAVE FROM THE BEXLEY POOL

- May 28 (Tues.) **Annual trip to Baker's Nursery for gorgeous plants.** You will not be disappointed in their selection - as well as their clothing, jewelry etc. We will begin with breakfast at our usual place (across the street from Baker's). We will make other stops on the way home if there is time. Time: Leave Bexley pool at 8:45 am Cost: \$10.00
- July 9 (Tues.) **Blueberry Patch** in Mansfield, Ohio. This is an old-time favorite because their lunch & muffins are out of this world, their gift shop is very large AND you can pick your own blueberries! We have a lot of fun on this trip. If you haven't been here, you should give it a try. Time: Leave St. Charles at 9:45 am Cost: \$15.00 - Lunch is on your own.
- July 11 (Thurs.) **Columbus Clippers vs. Indianapolis at Huntington Field.** I only have 14 tickets on hold at this time. I can get more but I need to have people sign up ASAP. We will be in Section 18 (good seats). Time: Leave St. Charles lot at 6:15 pm. Cost: \$25.00 (tickets & bus)
- July 18 (Thurs.) **OSU & Short North tour with Jeff LaFevre** - Jeff has a lot in store for us in the upcoming months. Join us to hear the stories of what made the 'North End' into the thriving neighborhood it was, and how it has transformed into the most vibrant and nationally recognized neighborhood in Columbus. Time: Leave St. Charles lot at 1:30 pm. Cost: \$25.00
- July 19 (Friday) **Guided tour with Sam Rosenthal of the LeVeque Tower.** The 1927 Art Deco Skyscraper was listed in the National Register Time: Leave Bexley pool at 10:00 am Cost: \$10.00. Lunch on your own at ***"The Keep"*** restaurant in the LeVeque Tower. NOTE: This trip is for those who did **NOT** get to go on the 1st trip!
- July 22 (Mon.) **Lorena Sternwheeler Cruise, Zanesville, Ohio** I know how popular this trip will be, so 1st come, 1st serve! Get your money in ASAP. Our cruise will take us up and down the Muskingum River for a relaxing ride with nice scenery and relaxation. Lunch will be amazing! We will have lunch at a lovely historical building, **Bryan Place.** Google it and see! Lunch will be on your own. Time: Leave St. Charles lot at 9:45 am. Cost: \$30.00 includes bus for all day & Cruise.
- July 24 (Wed.) **Mystery lunch & shopping** - We might be going a little farther this time. Bring a jacket. Time: 10:15 am (St. Charles) Cost: \$10.00
- July 30 (Tues.) **Ohio State Fair - Senior Day** - Come & enjoy the performers, exhibits, displays, shopping, FOOD and of course, the famous Butter Cow! We will also enjoy a tribute to JOHN DENVER in the WCOL Celeste Center (no extra charge!) Time: Leave St. Charles lot at 10:00 am. Cost: \$15.00 (bus & admission). I MUST have your reservation by **June 20th!** **We will be home around 3:00 pm.**
- August 14 (Wed.) **Cleveland Indians vs. Boston Red Sox** in Cleveland, Ohio Come and cheer on your team and enjoy the excitement at one of these games. I believe they are having a "Beach Bag" give-away on this day! (If we arrive fairly early.) Time: Leave St. Charles lot at 9:00 am Cost: \$59.00

REMINDERS

- May 21, 2019
(Tues.) **Garra Spas** - A unique pedicure treatment. The Spa offers a unique fish spa experience you won't find anywhere else! This special breed of fish known as Garra Rufa, is attracted to the vibration in the water given off by the pulse in your body. Their movement around your feet creates a relaxing feeling that is often described as little bubbles all over your skin, causing a sensation from the tiny fins rapidly moving across your skin is what creates this relaxing feeling! Then, shop and eat (your choice of restaurants or food court in the mall) If you do not want the spa, you can come to shop at Polaris and eat. (Bus fare only!) But, don't miss out! Time: Leave Bexley pool at 9:15 am Cost: \$33.00 (w/ spa) \$10 (without)
- May 23, 2019
(Thurs.) **IN MOTION movement classes at BALLET MET** for adults over 50. The Instructors use movement and dance to develop strength, coordination, flexibility and creativity. Each class begins with a seated warm-up, and includes set movement sequences, improvisation and choreography exercises. Classes last one hour and are followed by snacks, and conversation with Ballet Met Instructors. WHAT FUN! Time: Leave Bexley pool at 10:00 am (carpool to save on bus money) Cost: Donation of \$5.00. If you feel you need your walker, no problem! I will need volunteers to drive downtown to Ballet Met.
- May 24, 2019
(Fri.) **Ballet Dress Rehearsal at Davidson Theatre - "Ballet by Liang"** This is a Mixed Rep Ballet which features 3 different ballets in 1 show, features favorite choreography from Edwaard Liang. Wunderland is a Columbus favorite and the first piece Edwaard ever taught BalletMet dancers. Unfortunately, this ballet is at the Riffe Center instead of the Ohio Theater. This is also the LAST one for this season so I have been asked to schedule it. The Davidson Theatre is not as senior-friendly. Time: Leave Bexley pool lot at 10:00 am - Cost: \$28.00
- May 29, 2019
(Wed.) **Tranquility Salt Cave** - Salt Therapy (halotherapy) provides many healing benefits to the human body. The salt cave is lined with Himalayan rock salt boulders, and literally tons of granulated salt rest on the floor of the cave. Salt caves are good for MANY conditions, sinus, respiratory, helps people with breathing and definitely relaxing, Please google this cave in Columbus and see how much fun we will be having. The videos will explain better than I can. Of course, lunch will follow at a great restaurant! Time: Leave Bexley pool at 9:00 am - Cost: \$29.00 includes bus & treatment.
- June 6
(Thurs.) **Scioto Downs racing & gaming is back!** Dinner on your own in The Clubhouse or at Eldorado Casino. Time: Leave St. Charles at 4:30pm - Cost: \$9.00 (bus)
- June 10
(Monday) **Annual trip to Lebanon, Ohio** Golden Lamb for lunch & shops, Outlet Mall or Casino, Consignment Shop, Dorothy Lane Market . Time: Leave St. Charles at 8:45 am. Home around 6:00 pm. Cost: **\$30.00 (all day bus fare)**
- June 18
(Tues.) **Ricky Nelson Remembered! - WAITING LIST ONLY!** Time: Leave St. Charles at 9:15 am - Cost: \$65.00 (lunch, bus, show) I will be out of town (unfortunately!) for this show, so please be on time or you could be left behind.

EXCITING NEW TRIP - “DINE WITH DIANA”

We will be having lunch in Blue Ash, Ohio where we will meet an author Rich McDonough, who wrote the book, **“A Cincinnati PRIVATE EYE Protecting PRINCESS DI”**. Princess Di came to Cincinnati Ohio, totally unannounced to anyone, Her secret mission was to personally help locate and return to England the kidnapped son of her best friend. He was abducted in 1991 by the biological father, a well-known drug underworld boss in the Greater Cincinnati area. **Princess Di** risked her life for her friend in doing this. Traveling without her normal body guard entourage, for secrecy and safety, she selected Rich McDonough of Shamus Detective Agency. His book reveals dangerous close calls, high speed chases and some hilarious fun times, along the way. Join your BAC friends for a one-day trip to Cincinnati to meet Rich who will talk about the “case of a lifetime” for him.

Date: Monday, June 3rd **Time:** Leave Bexley pool at 9:00 am
Lunch will be on your own (great restaurant, very reasonable prices)

Cost: \$45.00 includes bus & program.

P.S. We will also have time to shop at the **Kenwood Mall of Cincinnati** which is by far, one of the best malls with the best stores. CALL ME at 614-559-4310 if interested and leave a message. We already have 10 reservations by “word of mouth”.

UPCOMING TRIPS - DETAILS NEXT MONTH. MARK YOUR CALENDARS!!

DATES “COULD” change, but hopefully not!

August 1 - **“Secret Columbus East Side tour”** with **Jeff LaFevre AND Anietra**

Hamper (Book: “Secret Columbus: A Guide to the Weird, Wonderful & Obscure”)

August 7 - **Ron Retzer**, Der Dutchman show & family style lunch

August 9 - **Buckeye Lake tour & lunch**

August 16 - **“On Golden Pond”** - LaComedia Dinner Theater, Springboro, Ohio

August 20 - **Decorative Arts Center - Selections from the Pizutti Collection**



June & July BIRTHDAYS - Please let me know if your birthday is wrong. I apologize in advance.

JUNE



Mary Lou Kosner - 1
Jane Peden - 5
Jill Bogart - 6
Virginia Williard, -6
Marilyn Mars - 9
Ruthetta Topolosky - 9
Kathleen Smith - 11
Val Farnham - 16
Diane Gosser - 16
Karen Sue Coady - 17
Dorothy Deems - 18
Ron Hooker - 18
Bill Karn - 19
Sharon Seckel - 20
Marcella Marr - 20
Selma Kahler - 21
Judy Helsel - 28
Susan Peters - 28



JULY



Elizabeth Cartwright- 2
Sonia Hallet -3
Barbara Brown - 4
Faye Lichtenstein -8
Kay Holley - 10
Hugh Bohn - 14
Sue Cohen - 17
Bruce Herrmann - 17
Crystal Salt - 19
Catherine Adamescu - 22
Lois Ungar - 23
Mary Hosfeld - 23
Trudy Oliver - 26
Beverly Sandidge -28
JoAnn Hanners -28
Vonnie Kriebel -31
Tom Gearhart - 30

NEW MEMBERS - We are so glad you have joined our BAC 55+ Group. Make sure you attend some of Mary Ellen's exciting events & trips.

Susan Brehm
6278 Maria's Point Ln.
Columbus, Ohio 43213
614-395-6080

LOST AND FOUND! LAST CHANCE TO CLAIM YOUR JELLY

BEANS Believe it or not, I have someone's purchase from our AMISH trip which was last OCTOBER! I do not like to throw things away! IF you are missing a LINT ROLLER and black jelly beans, I HAVE THEM! Never fear!

NOTICE: Betty Kennedy is in charge of our Sunshine Committee program. She sends "Sympathy", "Thinking Of You", "Get Well", "Special Occasion" cards to our Members. IF you know of anyone who should receive one of these cards, please call Betty at 614-253-4522 and let her know. Thank You!

ANOTHER IMPORTANT NOTE: I am going to update our e-mail list for those of you who want to receive the newsletters by e-mail (as well as a hard copy) and for those who want to have their e-mail published in the next Roster. PLEASE fill in your e-mail on the reservation sheet (last page) Even if you THINK I have your e-mail, please fill it in this time so I have them all together. Thanks. ALSO, please do not forget to ALWAYS include your phone number on the reservation sheet. That is how I can record ALL of your reservations. You are not just a **NUMBER** to me, but to the program I have to use, You are! Lol THANKS!



JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Dine with Diana presentation with lunch & shopping 9:00 am (BEXLEY POOL)	4 BAC luncheon at Berwick Noon	5 Euchre Club at Kensington 1:00 pm TOWN HALL meeting—5:00 pm at	6 Scioto Downs 4:30 pm (St. Charles)	7	8
9	10 Summer trip to Lebanon & Outlet Mall 8:45 am (St.. Charles)	11	12 Kingswood Gardens tour 8:30 am (St. Charles)	13	14 Mary Ellen Vacation	15
16	17 Mary Ellen Vacation	18 Der Dutchman 9:15 am (St. Charles) Mary Ellen Vacation	19 Mary Ellen Vacation	20 Mary Ellen Vacation	21 Mary Ellen Vacation	22
23	24 Mary Ellen Vacation	25 Mary Ellen Vacation	26 Mary Ellen Vacation	27 Mystery lunch 10:15 am (St. Charles)	28	29

JULY 2019

Mon Tue Wed Thu Fri Sat

	1	2	3	4 Bexley Parade	5	6
7	8	9 Blueberry Patch lunch 9:45 am (St. Charles)	10	11 Columbus Clippers 6:15 pm (St. Charles)	12	13
14	15	16	17	18 Jeff LaFevre tour of OSU & area 1:30 pm (St. Charles)	19 LeVeque tour with Sam Rosenthal 10:00 am (St. Charles)	20
21	22 Sternwheeler Cruise, Zanesville 9:45 am (St. Charles)	23	24 Mystery lunch & shopping 10:15 am (St. Charles)	25	26	27
28	29	30 OSU Fair 10:00 am (St. Charles)	31		5	6

REMINDERS (continued)

June 12 **Kingswood Gardens & Mansion Tour**, Mansfield, Ohio. The Gardens (Wed.) are a historic 42-acre estate with a mansion, gardens and greenhouses. Beautiful in June! Lunch will be on your own at a very reasonably priced restaurant. We will also have time for a ride on the ***Richland Carousel*** as well as shopping in their quaint shops! **Time:** 8:30 am (St. Charles lot.) **Cost** \$40.00. Lunch on your own.

June 27 **Mystery lunch** - **Time:** Leave St. Charles @ 10:30 am **Cost:** \$9.00 (Thurs.)

NOTE: **ALL Silver Sneaker classes will be held at Bexley United Methodist Church BEGINNING on JUNE 4th! LOWER LEVEL - Enter through back door, where the canopy is. Ring the door bell and follow the signs.**

SilverSneakers® BOOM MOVE™

BOOM is a revolutionary new fitness series designed for Baby Boomers and active Older Adults. Enjoy working out with others? BOOM MOVE is a higher intensity dance workout class that improves cardio endurance and burns calories. This exercise class is specially designed to help you gain energy. Remember, it's not just for girls! MOVE it or lose it!

Location: Bexley United Methodist Church

Instructor: Liz Wypasek, Personal Fitness Coach, Silver Sneakers FLEX Instructor and 30+ year Bexley Resident

Dates: May 29 - July 3rd, 2019 (**Wednesdays**) Time: 12:30 -1:30 pm

Cost: \$30.00 for Non Silver Sneakers Members. Silver Sneakers members - FREE

NOTE: You must register for this particular class through Bexley Recreation with a Credit Card. Call Mary Ellen if interested and she can do it for you.

SilverSneakers FLEX® - at Bexley United Methodist Church

Cost: \$3.00 per class (Silver Sneaker members are FREE) **TUESDAYS**

___ June 11: ___ June 18: ___ June 25: ___ July 2: ___ July 9: ___ July 16

SilverSneakers FLEX® - at Bexley United Methodist Church

Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body's resistance while also using your core muscles to improve balance & stability.

___ June 7: ___ June 14: ___ June 21: ___ June 28: ___ July 5: ___ July 12

Time: 12:30 - 1:30 pm - **FRIDAYS**

Cost: Silver Sneaker Members - NO charge; **Bring your SILVER SNEAKER #**
NON Silver Sneaker members - 3.00 per class (\$18.00 - 6 weeks)

RESERVATION SHEET

Please send money & reservation slip and (X) the reservations of your choice. Make check payable to **BAC Travel** and send it to: 165 North Parkview Ave. Bexley, Ohio 43209 (Attention: Mary Ellen)

REMINDERS

- May 21 ___ Garra Spas @ Polaris - TIME: 9:15 am (pool) COST: \$33.00
- May 23 ___ *In Motion* classes at Ballet Met! - TIME: 10:00 am (pool) COST: \$5.00
- May 24 ___ Ballet Dress Rehearsal - TIME: 10:00 am (pool) COST: \$28.00
- May 29 ___ Tranquility Salt Cave & lunch - TIME: 9:00 am (pool) COST: \$29.00
- May 30 ___ Consignment shopping & lunch - TIME: 9:30 am - COST: \$10.00
- June 6 ___ Scioto Downs racing & gaming - TIME: 4:30 pm (St. Charles) COST: \$9.00
- June 10 ___ Lebanon one-day trip - TIME: 8:45 am (St. Charles) COST: \$30.00
- June 12 ___ Kingswood Gardens - TIME: 8:30 am (St. Charles) COST: \$40.00
- June 18 ___ Ricky Nelson remembered - TIME: 9:15 am (St. Charles) COST: \$65.00
- June 27 ___ Mystery lunch - TIME: 10:30 am COST: \$9.00 (bus fare)

NEW TRIPS

- May 28 ___ Baker's Nursery & breakfast - TIME: 8:45 am (Pool) COST: \$10.00
- June 3 ___ "Dine with Diana", Cincinnati, OH - TIME: 9:00 am (pool) COST: \$45.00
- June 4 ___ BAC luncheon at Berwick - TIME: Noon at Berwick COST: \$15.00**
- July 9 ___ Blueberry Patch, Mansfield TIME: 9:45 am (St. Charles) COST: \$15.00
- July 11 ___ Columbus Clippers game - TIME: 6:15 pm (St. Charles) COST: \$25.00
- July 18 ___ Jeff LaFevre tour of OSU - TIME: 1:30 pm (St. Charles) COST: \$25.00
- July 19 ___ LeVeque Tower #2 & lunch - TIME: 10:00 am (St. Charles) COST: \$10.00
- July 22 ___ Lorna Sternwheeler Cruise - TIME: 9:45 am (St. Charles) COST: \$30.00
- July 24 ___ Mystery lunch & shopping - TIME: 10:15 am (St. Charles) COST: \$10.00
- July 30 ___ Ohio State Fair Senior Day - TIME: 10:00 am (St. Charles) COST: \$15.00
- Aug. 14 ___ Cleveland Indians game - TIME: 9:00 am (St. Charles) COST: \$59.00

Silver Sneakers (NEW) (TUESDAYS) ___ June 11; ___ June 18; ___ June 25;
___ July 2; ___ July 9; ___ July 16 (Time: 12:30 pm) (2nd session)

Silver Sneakers Classes (FRIDAYS) ___ June 7; ___ June 14; ___ June 21;
___ June 28; ___ July 5; ___ July 12 (Time: 12:30 pm)

Tuesday classes ___ \$18.00 (6 classes) (Silver Sneakers members - FREE)

Friday classes ___ \$18.00 (6 classes) (Silver Sneakers members - FREE)

Phone # (Required) _____ Signature _____

Email _____ Birthdate _____

Bexley Activities Club
165 North Parkview Ave.
Bexley, Ohio 43209

