August - September 2019

“Bexley 55 +”
Bexley Activities Club
165 N. Parkview Ave.
Office # 614-559-4310
EMERGENCY PHONE NUMBER (614-562-7717)
(E-Mail) mdelaney@bexley.org

### TRASH & TREASURES ANNUAL FUND-RAISER FOR “BAC”

| DATES: | SUNDAY, September 1 and MONDAY, September 2nd |
| TIMES: | 10:00 am (Sunday); 12:00 (Monday) |
| LOCATION: | JEFFREY MANSION (RAIN OR SHINE) |

In order for this one and only fund-raiser to be a success, we need your “treasures!” We have to be a little more selective in what people give to us because it is harder each year to find someone who will take the “leftovers”. So, we hope when you are getting your items together, you will keep in mind that we cannot take electronics that are outdated, NO TV’s unless they are flat screen and easy for families to use for their gaming as well as watching. NO outdated couches because we do not have enough room and NO huge cabinets that you “just want to get rid of”. We wish we had more room to take everything you have to offer, but we do not. THANK YOU for understanding. Please call me and we will begin picking up your items immediately!

### DUES! DUES! DUES! are due!!! PLEASE PAY NOW!!!!

We are collecting dues for the 2019 - 2020 year. Please make out a **SEPARATE CHECK to B.A.C.** for $15.00 (individual membership) OR $25.00 for a couple. **Do not include this amount on your monthly check for trips & events.** The dues go into a separate account. Send your dues to: 165 N. Parkview Ave. Bexley, Ohio, 43209. **ATTENTION: MARY ELLEN.** **Dues have to be paid by July 30, 2019 in order to receive future newsletters.** Thank you to those who have sent in a “donation” with their dues. We greatly appreciate your generosity in supporting BAC.

### NOTE FROM MARY ELLEN

I can’t find the words to thank you for your attendance and your involvement at our BAC meeting at City Hall. You mean the world to me! Your dedication means the world to me. I will continue to do whatever I can to keep “BAC” a major part of your future!

Many people have asked for a “Summary” of the meeting which was held on June 5th. Here’s what I can tell you. Mary Gottesman explained the Village Concept for 43209 which includes Bexley, Eastmoor and Berwick. The Village Concept will be beneficial for many older adults. There will be services offered that could help those people who are more confined to their homes and need additional services to what I offer. The general feeling from our BAC members was they feel the City should always provide the 55+ adults with a Coordinator to provide social activities for all those who can travel and also offer programs that are educational, health-related, financial and motivational as I have offered for 32 years.. Also, a Senior Center is needed and deserved to have in Bexley. Keep your eyes open for any space that is accessible and has ample parking.
REMINDER: ALL “BAC” TRIPS LEAVE FROM ST. CHARLES LOT UNTIL FURTHER NOTICE!

July 18  **OSU & Short North tour with Jeff LaFevre - waiting list only!**  
(Thurs.)  
  *Time:* Leave St. Charles lot at 1:30 pm.  
  *Cost:* $25.00

July 19  **Guided tour with Sam Rosenthal of the LeVeque Tower.**  
(Friday)  
  *Waiting list only.*  
  *Time:* Leave St. Charles at 10:00 am  
  *Cost:* $10.00.  
  Lunch on your own at “The Keep” restaurant in the LeVeque Tower.  
  *NOTE:* This trip is for those who did NOT get to go on the 1st trip!

July 22  **Lorena Sternwheeler Cruise, Zanesville, Ohio---Waiting list only!**  
(Mon.)  
  Lunch will be amazing! We will have lunch at a lovely historical building, **Bryan Place.** Google it and see! I believe I have called everyone and I have your menus. You can pay me $13.00 that day or before. (I have to pay with a credit card since we have 40 people signed up! TWO busses! Do not be late!  
  *Time:* Leave St. Charles lot at 9:45 am.  
  *Cost:* $33.00 includes bus for all day & Cruise.

July 24  **Mystery lunch & shopping - Waiting list only!**  
(Wed.)  
  *Time:* 10:15 am (St. Charles)  
  *Cost:* $10.00

July 30  **Ohio State Fair - Senior Day** - Come & enjoy the performers, exhibits, displays, shopping, FOOD and of course, the famous Butter Cow! We will also enjoy a tribute to JOHN DENVER in the WCOL Celeste Center (no extra charge!  
  *Time:* Leave St. Charles lot at 10:00 am.  
  *Cost:* $15.00 (bus & admission). I have 3 tickets left! Call me if interested.  
  **We will be home around 3:00 pm.**

Aug.14  **Cleveland Indians vs. Boston Red Sox** in Cleveland, Ohio  
(Wed.)  
  Come and cheer on your team and enjoy the excitement at one of these games. I believe they are having a “Beach Bag” give-away on this day!  
  *(If we arrive fairly early.)*  
  *Time:* Leave St. Charles lot at 9:00 am  
  *Cost:* $59.00

I NEED 8 MORE PEOPLE! PLEASE ASK YOUR FRIENDS TO JOIN US FOR THIS FUN OUTING!

UPCOMING TRIPS - MARK YOUR CALENDARS! NO MONEY YET - Hopefully, these dates will not change, BUT THEY COULD! Please check next month for confirmed dates!  

BAC September luncheon at Berwick Party House - September 10, 2019 - Menu and entertainment in next newsletter.

Der Dutchman - October 9, 2019 - Nashville Legacy! - Meagan Taylor, Chet Atkins, niece joins Jason Coleman’s tribute to Floyd Cramer to present Nashville Legacy.  

Jeff LaFevre - October 16, 2019 - Spooky Columbus

Amish Trip - October 23, 2019 - This was so successful last year that we will have a very similar trip again. If you have any ideas that we did NOT manage to get to last year, let me know so I can adjust the itinerary a little.

Snoopy Fox - November 13, 2019 - Our annual Snoopy Fox consignment shops in Cincinnati Ohio area. If you have not been on this trip, you will love it! It is the best and cheapest way to get your winter coats as well as your winter wardrobe!
Aug. 1  (Thurs.)  “Secret Columbus East Side tour” with Jeff LaFevre AND Anietra Hamper  (Book: “Secret Columbus: A Guide to the Weird, Wonderful & Obscure”) - What a treat we are going to have on this outing!

Take an unforgettable journey with former TV News Anchor and Secret Columbus book author Anietra Hamper to uncover a side of Columbus most people have never seen, or even knew existed. With Secret Columbus’s author as your guide, along side Columbus City Adventures owner Jeff Lafever, you will visit some of the hidden, fascinating, and unusual places in Columbus that are revealed in the book. In a special partnership with career investigative journalist Anietra Hamper, Columbus City Adventures offers several tours created from the topics and stories from Secret Columbus that will make you go home with a new perspective on the Capital City.  

**Time:** Leave St. Charles parking lot at 1:30 pm.  
**Cost:** $35.00 (This trip is a little more than the others because of Anietra Hamper joining us.)

Aug. 6  (Tues.)  Decorative Arts Center - Selections from the Pizzuti Collection - Lancaster  

Selections from the Pizzuti collection will showcase the works of twenty-six different artists including both contemporary masters and emerging faces keen on leaving their mark on the art world. Local and international artists whose mediums range from painting and printmaking to sculpture and fiber art will be exhibited, highlighting a collection that is diverse, vibrant and provides a window into this moment in time.  

**Time:** Leave St. Charles lot at 9:00 am.  
**Cost:** $18.00

Aug. 7  (Wed)  Ron Retzer, Der Dutchman show & family style lunch - Ron is back with his NEW Country show! With Ron and his side-kicks, Roger Hoard on guitar and John Parrendo on fiddle, you are in for a hand clap'n, toe tap'n good time! Re-live the sounds of country stars like Charlie Rich, Conway Twitty, Johnny Cash, George Jones, Glen Campbell, Ronnie Milsap, Ray Stevens and more.  

**Time:** Leave St. Charles at 9:15 am.  
**Cost:** $65.00

Aug. 8  (Thurs.)  Card-Making with Linda Kopp - We will be making Birthday, Sympathy, Thinking of You and Thank You cards.  

**Time:** 1:00 pm at Wexner Center (2nd floor)  
**Cost:** $20.00  

Aug. 16  (Fri.)  “On Golden Pond” - LaComedia Dinner Theater, Springboro, Ohio  

A classic American comedy/drama that's every bit as touching, warm and witty today as when it debuted on Broadway in 1979.  

**Time:** Leave St. Charles lot at 8:30 am  
**Cost:** $65.00   

Sept. 5  (Thurs.)  Annual trip to Scioto Downs racing & gaming - We have no choice but to go on this date (even tho' we are exhausted after Trash & Treasures. The racetrack closes on Sept. 8th.)  

**Time:** Leave Bexley pool at 5:00 pm  
**Cost:** $10.00. We are leaving a little bit later so it is not such a long night.

Sept. 19  (Thurs.)  3rd tour of the LeVeque Tower with Sam Rosenthal - Here we go again!  

The 1927 Art Deco Skyscraper was listed in the National Register  

**Time:** Leave Bexley pool at 10:00 am  
**Cost:** $10.00. Lunch on your own at “The Keep” restaurant in the LeVeque Tower.

Sept. 22  (Sun.)  “Kiss Me Kate” starring Cabot Rea, Directed by Bill Goldsmith  

Northland Performing Arts Center & Vaud-Villities are thrilled to have Cabot Rea returning to star in this classic Broadway hit.  

**Time:** Leave Bexley pool at 1:30 pm  
**Cost:** $30.00 (ticket & bus)
**BEST TRIPS EVER!** These two trips will be trips you won’t want to miss! However, I need to know ASAP if you are interested because if we get less than 25 people, Valley Vineyards will not let us plan our private tour. It is so hectic on week-ends, that I would rather go during the week and have the place to ourselves.

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<th>September 24 (Tues.)</th>
<th><strong>DINNER AT VALLEY VINEYARDS &amp; BREWERY</strong></th>
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<td>Our first stop on the way to Valley Vineyards will be Tanger Outlet Mall at Washington Court House exit on I-71. They have new stores since we were there last year, (such as T.J. Max). It should be nice weather so the non-shoppers can “people watch” or go to the food court. BUT, don’t eat because we will be heading to Valley Vineyards &amp; Brewery, which is located in Warren County (Lebanon exit) You will get to taste a couple of different wines or beer so you can decide which 2 drinks you want with your dinner. Our dinner will be “grill-it-yourself” salmon, shrimp or steak on their outside grills (If you do not want to grill your own, we will help you.) Then your dinner includes a buffet with potatoes, green bean almandine, as well as desserts. <strong>Time:</strong> Leave Bexley pool at 12:30 pm. <strong>Cost:</strong> $59.00 includes tasting, fabulous dinner and bus.</td>
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<th>November 7 (Thurs.)</th>
<th><strong>DICKEN’S VICTORIAN VILLAGE &amp; LIGHT SHOW EXPERIENCE!</strong></th>
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<td>We finally get to take part in this wonderful event! Our tour will include a step-on-guide for the day who will be wonderful! We will be stopping at the Welcome Center which is the heart of the Dickens Victorian Village experience. The Welcome Center is home to the Curiosity Shoppe, The Imagination Station and the Educational Side of Dickens. The Curiosity Shoppe is a unique gift shop with many handcrafted items. The Imagination Station offers you the opportunity to dress in period costume and have photos taken!! Our tour will also be a driving tour to see over 100 statues which will take your breath away - they are so life-like! You will feel like you are back in a time ... long ago! You will also have time to get up close and personal with these amazing mannequins. Our lunch will be with Queen Victoria at the Country Club. This will be a “4-course tea luncheon” - In between the courses, the Queen tells her life story. You will definitely feel like you just had tea with the Queen. We will be stopping at the National Museum of Cambridge Glass. We will have a guide and the museum features a Christmas Tree decorated with Cambridge Glass! Their gift shoppe is incredible with glass jewelry, holiday decorations etc. We will NOT forget to stop at “KENNEDY’S BAKERY”, which has been a landmark in downtown Cambridge for over 70 years. Apparently, no bakery can compare with Kennedy’s! You will have extra time to walk around and shop, of course! We will end this exciting day with their phenomenal Courthouse light show with thousands of pulsating lights synchronized to holiday music. Yes, it is a full day, but you can do as little or as much walking as you want. Dress accordingly! <strong>Time:</strong> Leave Bexley pool at 8:15 am (prompt). <strong>Cost:</strong> $89.00 includes bus fare, all admissions, step-on-guide, lunch with the Queen and snacks on the bus. I will try to get the bus we use for the Columbus tours, but only if we get more than 20 sign-ups In other words, sign up NOW</td>
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**NOTICE:** Sorry but the Buckeye Lake Tour has been cancelled for this year. Hopefully, next year we can get there!
July/August BIRTHDAYS - Please let me know if your birthday is wrong. I apologize in advance.

**JULY**

- Elizabeth Cartwright - 2
- Sonia Hallet - 3
- Barbara Brown - 4
- Faye Lichtenstein - 8
- Kay Holley - 10
- Hugh Bohn - 14
- Sue Cohen - 17
- Bruce Herrmann - 17
- Crystal Salt - 19
- Catherine Adamescu - 22
- Lois Ungar - 23
- Mary Hosfeld - 23
- Trudy Oliver - 26
- Beverly Sandidge - 28
- JoAnn Hanners - 28
- Vonnie Kriebel - 31
- Tom Gearhart - 30

**AUGUST**

- Jeannine Lee - 2
- Kent Holley - 4
- Ray Pauken - 4
- Carla Cefaratti - 5
- Gloria Miller - 5
- Betty Frank - 5
- Laurie Hatler - 8
- Jane Baldwin - 9
- Beverly Matteson - 9
- Norma Tausk - 9
- Jackie Brown - 10
- Joan Bircher - 10
- Lucretia Williams - 16
- Rosemarie Gearhart - 17
- Barbara Hoyer - 18
- Carol Lassel - 18
- Helen Miller - 18
- Barbara Driver - 18
- Jodo Tomes - 22
- James Bally - 25
- Pam Beck - 27
- Jan Zupnick - 27 (male)
- Mark Storer - 29

**BROADWAY SERIES** - I will be scheduling ALL of the upcoming Broadway Series shows. Details will be in the next newsletter. I was not able to plan the 1st show: However, **IF you are interested, please call me**. I am trying to reserve seats for **Sept. 17 or 18th - evening**. But I couldn’t wait any longer. The newsletter must be mailed! I will also send out an e-mail as soon as my contact returns my call.

- **1st SHOW - DEAR EVAN HANSEN** - A letter that was never meant to be seen, a lie that was never meant to be told, a life he never dreamed he could have. Evan Hansen is about to get the one thing he’s always wanted: a chance to finally fit in.

**NEW MEMBERS** - We are so glad you have joined our BAC 55+ Group. Make sure you attend some of Mary Ellen’s exciting events & trips.

- Maureen Mazzotta
- Sandy Ungar
- 341 S. Graham St.
- 73 N. Parkview Ave.
- Pittsburgh, PA 15232
- Bexley, Ohio 43209
- 412-477-4585
- 614-832-0661

**NOTICE:** Betty Kennedy is in charge of our Sunshine Committee program. She sends “Sympathy”, “Thinking Of You”, “Get Well”, “Special Occasion” cards to our Members. IF you know of anyone who should receive one of these cards, please call Betty at 614-253-4522 and let her know. Thank You!

**TWO Mystery lunches coming up!**

- **August 22** - Mystery lunch and shopping - **TIME:** 10:30 am  **COST:** $10.00
- **September 12** - Mystery lunch & shopping - **TIME:** 10:30 am  **COST:** $10.00

**NOTE from Jennifer Kuhn.** As part of my volunteer work at Grant Medical Center, we are always looking for volunteers. If you have some extra time, please call me and visit www.ohiohealth.com/volunteer/ for more information. Thank you.
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NOTE: ALL Silver Sneaker classes will be held at Bexley United Methodist Church until you are told differently. LOWER LEVEL - Enter through back door, under the canopy. Ring the door bell and follow the signs.

SilverSneakers® BOOM MOVE™

BOOM is a revolutionary new fitness series designed for Baby Boomers and active Older Adults. Enjoy working out with others? BOOM MOVE is a higher intensity dance workout class that improves cardio endurance and burns calories. This exercise class is specially designed to help you gain energy. Remember, it’s not just for girls! MOVE it or lose it!

Location: Bexley United Methodist Church

Instructor: Liz Wypasek, Personal Fitness Coach, Silver Sneakers FLEX Instructor and 30+ year Bexley Resident

Dates: July 10 - August 14, 2019 (Wednesdays) Time: 12:30 -1:30 pm

Cost: $3.00 per class. You can pay Liz at each class or make it easier for everyone and pay $18.00 for all 6 classes (if you do not want to carry CASH each week. Just send the check to BAC and I will get it to Liz each session

SilverSneakers FLEX® - at Bexley United Methodist Church

Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body’s resistance while also using your core muscles to improve balance & stability.

TUESDAYS: Cost: $3.00 per class (Silver Sneaker members are FREE)


Time: 12:30 - 1:30 pm - FRIDAYS

SilverSneakers FLEX® - at Bexley United Methodist Church

FRIDAYS: Cost: $3.00 per class (Silver Sneaker members are FREE)


Time: 12:30 - 1:30 pm - FRIDAYS

Cost: Silver Sneaker Members - NO charge; Bring your SILVER SNEAKER #

ADULT WATER AEROBICS AT BEXLEY POOL

If you have not tried this class, you really should! Every Doctor recommends water aerobics because it is so gentle to all of your body parts! You do not even feel like you are exercising, but you are. Please give this a try! Gail Rosenblum (which you all know) has been our Instructor for years and the class keeps growing because she is so FANTASTIC!

DATES: July 20 - August 10 (Saturdays)

TIME: 10:00 - 10:45 am

COST: $40.00 - NOTE: Please make this check payable to: Bexley Recreation. We will TRY and add a few more classes if Gail is available and if the pool is available. Stay tuned!

Let’s make this class even larger this year! You won’t be disappointed. If the weather is “threatening”, we will let you know if the class is cancelled.
REMINDERS

July 18____ Jeff LaFevre tour of OSU - **TIME**: 1:30 pm (St. Charles) **COST**: $25.00
July 19____LeVeque Tower #2 & lunch - **TIME**: 10:00 am (St. Charles) **COST**: $10.00
July 22____Lorna Sternwheeler Cruise - **TIME**: 9:45 am (St. Charles) **COST**: $33.00
July 24____Mystery lunch & shopping - **TIME**: 10:15 am (St. Charles) **COST**: $10.00
July 30____Ohio State Fair Senior Day - **TIME**: 10:00 am (St. Charles) **COST**: $15.00
Aug. 14____ Cleveland Indians game - **TIME**: 9:00 am (St. Charles) **COST**: $59.00

NEW TRIPS & EVENTS

July 20____Water Aerobics with Gail - **TIME**: 10:00 - 10:45 am (pool) **COST**: $40.00
Aug. 1 ___ Jeff LeFevre & Anietra Hamper tour, **TIME**: 1:30 pm (St. Charles) **COST**: $35
Aug. 6 ___ Pizutti Exhibit - **TIME**: 9:00 am (St. Charles) **COST**: $18.00
Aug. 7 ___ Ron Retzer show & lunch - **TIME**: 9:15 am (St. Charles) **COST**: $65.00
Aug. 8 ___ Card-Making with Linda Kopp - **TIME**: 1:00 pm (Wexner) **COST**: $20.00
Aug. 16 ___ LaComedia theater - **TIME**: 8:30 am (St. Charles) **COST**: $65.00
Aug. 22 ___ Mystery lunch & shopping – **TIME**: 10:30 am (St. Charles) **COST**: $10.00
Sept. 5 ___ Scioto Downs racetrack & gaming - **TIME**: 5:00 pm (Pool) **COST**: $10.00
Sept. 10___BAC lunch at Berwick Party House - **TIME**: Noon **COST**: $ 12.00
Sept. 12 ___Mystery lunch & shopping - **TIME**: 10:30 am (pool) **COST**: $10.00
Sept. 19 ___LaVeque Tour - **TIME**: 10:00 am (Bexley Pool) **COST**: $10.00
Sept. 22 ___ “Kiss Me Kate” show - **TIME**: 1:30 pm (Bexley Pool) **COST**: $30.00
Sept. 24 ___ Valley Vineyards dinner - **TIME**: 12:30 pm (Bexley pool) - **COST**: $59.00

CHOOSE ONE: ____STEAK: ___SALMON: ___SHRIMP

Silver Sneakers (TUESDAYS) ___July 23; ___July 30; ____Aug. 6; ___Aug. 13; ____Aug. 20; __Aug. 27 ____Time: 12:30 pm (3rd session)

Silver Sneakers Classes (FRIDAYS) ___July 19; ___July 26; ____Aug. 2; ____Aug. 9; ___Aug. 16; ___Aug. 23 ____Time: 12:30 pm

Tuesday classes ______$18.00 (6 classes) - Silver Sneakers members - FREE
Wednesday classes ______$18.00 (6 classes - Silver Sneakers members - FREE
Friday classes ______$18.00 (6 classes) -Silver Sneakers members - FREE

Phone # (Required) __________________Signature _______________________
Email ___________________________ Birthdate________________

Bexley Activities Club
165 North Parkview Ave.
Bexley, Ohio 43209

Trash & Treasures Sale