



**October - November 2019**



**“Bexley 55 +”  
Bexley Activities Club  
165 N. Parkview Ave.  
Office # 614-559-4310**

**EMERGENCY PHONE NUMBER (614-562-7717)  
(E-Mail) mdelaney@bexley.org**

**OCTOBER LUNCHEON AT BERWICK PARTY HOUSE**



Date: Tuesday, October 1, 2019

Time: Noon

Cost: \$12.00

Location: Berwick Party House - (3250 Refugee Rd.)

Menu: Full salad bar, Homemade meat manicotti, rolls, iced tea or coffee

Entertainment: **Vicki Fox, from the Columbus Fire Department** will be sharing with us a program that all older adults will benefit from and they are **FREE!** They have 9-Volt batteries as well as smoke alarms and CO detectors that the CFD personnel install for you! They also have knox boxes which are installed on the outside of a residents front door in case of you needing rapid access due to medical assistance and reduces forced entry property damage. You must have an existing medical/ physical condition that renders them unable to open a locked door. This is all FREE from a Federal Grant. Please come and find out all of these benefits for you.

**NOVEMBER LUNCHEON AT BERWICK PARTY HOUSE**



Date: Tuesday, October 1, 2019

Time: Noon

Cost: \$12.00

Location: Berwick Party House - (3250 Refugee Rd.)

Menu: Full salad bar, Turkey, dressing, mashed potatoes, veggie, dessert

Entertainment: **High Street Stompers Dixieland Band was formed in 1987.** We are fortunate to have their trio who will entertain us with all kinds of music, especially OSU music to get us ready for the OSU/MICHIGAN game!

**NEW MEMBERS** - We are so glad you have joined our BAC 55+ Group. Make sure you attend some of Mary Ellen’s exciting events & trips.

Laurene & Lynn Baum  
1040 Grandon Ave.  
Bexley, Ohio 43209  
614-525-0509

Brookie Martin  
500 S. Parkview Ave. #205  
Bexley, Ohio 43209  
614-899-9497

Pat & Tom James  
865 Francis Ave.  
Bexley, Ohio 43209  
614-231-9046

Jo Daugherty  
2809 East Moreland Dr.  
Columbus, Ohio 43209  
614-266-8078

**2019-2020 Rosters**

2019-2020 Bexley Activities Club Rosters are printed! I will have them with me on all of our trips, our BAC luncheons at Berwick Party House and in my car as often as I can. IF you find an error, please let me know so I can put the correction in the following newsletter.

Mary Ellen already found a **HUGE** mistake! Luckily, Margie Harris has a GREAT sense of humor. Why? Because I put her name on a page where it does **NOT** belong! Margie Harris is **NOT** deceased! She is alive and well! She has paid her dues and will join us soon on a BAC event. So sorry, Margie!!

## **REMINDERS - LAST CHANCE TO SIGN UP!!!**

- Sept. 19  
(Thurs.) **3rd tour of the LeVeque Tower with Sam Rosenthal - [Waiting list only](#)**  
Time: Leave Bexley pool at 10:00 am Cost: \$10.00. Lunch on your own at *"The Keep"* restaurant in the LeVeque Tower.
- Sept. 22  
(Sun.) **"Kiss Me Kate" starring Cabot Rea, Directed by Bill Goldsmith**  
Northland Performing Arts Center & Vaud-Villities are thrilled to have Cabot Rea returning to star in this classic Broadway hit. Time: Leave Bexley pool at 1:30 pm - Cost: \$30.00 (ticket & bus)
- Sept. 24  
(Tues.) **DINNER AT VALLEY VINEYARDS & BREWERY- [Waiting list only](#)**  
GOOD NEWS! We have enough for the 30 passenger bus!!  
Our first stop on the way to Valley Vineyards will be Tanger Outlet Mall at Washington Court House exit on I-71. They have new stores since we were there last year, (such as T.J. Max. BUT, don't eat because we will be heading to Valley Vineyards & Brewery, which is located in Warren County (Lebanon exit) Our dinner will be "grill-it-yourself" salmon, shrimp or steak on their outside grills (If you do not want to grill your own, we will help you.) Then your dinner includes a buffet with potatoes, green bean almandine, as well as desserts. Time: Leave Bexley pool at 12:30 pm. Home around 8:30 pm Cost: \$59.00 includes tasting, fabulous dinner and bus.
- Sept. 27 **Twisted 3 - Ballet Dress Rehearsal - [CANCELLED!](#)**
- Oct. 4  
(Fri.) **Cincinnati Museum Center lands Smithsonian Apollo exhibit.**  
There are a number of items that will be displayed at the exhibit . This traveling exhibit; *"Destination Moon: The Apollo 11 Mission"* will include the actual command module. Along with the Command Module Columbia, there will be things that Neil Armstrong wore on his million-mile roundtrip: different documents and parts of the aircraft. Price also includes an Omnimax film about the exhibit. Lunch will be on your own at Incline Public House - great food and a panoramic view of the Ohio River and downtown Cincinnati. Time: Leave Bexley pool at 8:45 am Cost: \$49.00 includes admission to exhibit, movie and bus fare.
- Oct. 15  
(Tues.) **Card-Making with Linda Kopp.** We will be making Halloween and Thanksgiving cards. Plenty of time to mail them to your family & friends. You will LOVE sending these cards. They are unique and made especially by YOU (even though Linda does most of the work!)  
Time: 1:00 pm at JEFFREY MANSION Cost: \$20.00 (8 cards)  
**NOTE:** [Linda has a special surprise for us! Be sure & come.](#)
- Oct. 16  
(Wed.) **"Spooky Columbus" tours with Jeff LaFever - [Waiting list only!](#)**  
Tour includes: The Insane asylum cemetery, One of the oldest and largest cemeteries in Ohio, and a soldier's grave that was "lost" for over 90 years. Also included is a visit to the final resting place for over 2,000 Confederate Soldiers, and an exclusive private tour of the showpiece of the Columbus Mausoleum Company and resting place for over 400, including world renown magician Howard Thurston. Time: Leave Bexley pool at 1:30 pm. Cost: \$35.00 includes bus & guide.
- Oct. 22  
(Tues.) **Mystery lunch & shopping** - Fall luncheon at a beautiful venue and great food. Time: Leave Bexley pool at 10:30 am - Cost: \$10.00

Oct. 25  
(Fri.) **Be MOVED Ballet dress rehearsal at the Davidson Theater.**  
Be MOVED is a mixed-rep ballet which are several unrelated short ballets, similar to a collection of short stories. These are works by 3 of the top choreographers in the world. There will also be live music (electric violin and string quartet) Time: Leave Bexley pool at 10:15 a.m. Cost: \$29.00 includes ticket & bus fare

Nov. 7  
(Thurs.) **DICKEN'S VICTORIAN VILLAGE & LIGHT SHOW EXPERIENCE!**  
**GOOD NEWS!** We will be taking the 30 passenger bus and it is FULL! **Waiting list only.** Feel free to be put on a waiting list and I will let you know if anyone cancels.  
Time: Leave Bexley pool at 8:15 am (prompt). We should be home by 8:30 pm! Cost: \$89.00 includes bus fare, all admissions, step-on-guide, lunch with the Queen and snacks on the bus.

### **NEW TRIPS & EVENTS**

Oct. 9  
(Wed.) **SHOWTIME 2019 - NEW LOCATION!!! VILLA MILANO on SHROCK ROAD.** "Nashville" - Meagan Taylor, Chet Atkins niece, joins Jason Coleman's tribute to Floyd Cramer to present Nashville Legacy.  
Time: Leave Bexley pool at 10:45 am. Cost: \$56.00 includes lunch, show & bus fare. (The price is much lower since we will not be driving to Der Dutchman in Plain City. The show is the same, the food will be good and the Venue is closer to Bexley.)

Oct. 30  
(Wed.) **"Annual Amish Tour"** with a step-on guide you have met before! (ME) Our trip last year was such a success and this one will be similar with **one added surprise stop you will definitely enjoy.** Our goal will be to stop at Guggisberg Cheese, Hershberger's Farm & Bakery, Troyer's Market, hopefully the Holmes County Flea Market and whatever else time will allow. Time: Leave Bexley pool at 8:00 am - Cost: \$40.00 (Bus fare went up) "Adult drinks" & snacks will be available on bus.  
Plan on a long, but relaxing day. Lunch will be on your own.

Nov. 1  
(Fri.) **4th & last tour (at least in 2019) of the LeVeque Tower!** The people who were closed out of the September 19th tour will get to sign up 1st. You must let me know if this date will work with your schedule.  
Time: Leave Bexley pool at 10:00 am Cost: \$10.00. Lunch on your own at **"The Keep"** restaurant in the LeVeque Tower.

Nov. 12  
(Tues.) **Thanksgiving Mystery lunch.** Join your BAC friends for lunch to celebrate Thanksgiving. We are so fortunate to have so many friends in BAC. Time: Leave Bexley pool lot at 10:30 am Cost: \$10.00 (bus) Lunch is on your own.

Nov. 14  
(Thurs.) **NEW DATE! Our annual Snooty Fox consignment shops**  
If you have not been on this trip, you will love it! It is the best way to get your winter coats as well as your winter wardrobe at very reasonable prices. We will stop at 4 consignment shops and our lunch will be included. It will be catered by the Montgomery Inn and will be Bar-b-que chicken, salad, shrimp and their wonderful chips! Treats at every stop we make. Time: Leave Bexley pool at 8:15 am Cost: \$60.00

Nov. 19  
(Tues.) **The Ohio Presidents - Surprising Legacies at Decorative Arts**  
Center, Lancaster, Ohio. This exhibit will include items related to the lives of the Presidents and their wives. Time: Leave Bexley pool at 9:15 am. Cost: \$18.00 (Lunch on your own) New location!

**UPCOMING TRIPS - Mark your calendars!**

**NO PAYMENTS AT THIS TIME!**

- Dec. 2  
(Mon.) **SHOWTIME 2019** presents **Christmas of Yesteryear with Ron Retzer, Jennifer Galownia and Bob Wolfe at Villa Milano** This show will be a heart-warming celebration of old-time Holiday favorites and memorable songs & praise. Ron will also excite us with his mastery of the **ARMONICA**, a unique instrument invented by Ben Franklin. Time: Leave Bexley pool at 10:45 am
- Dec. 5  
(Thurs.) Spend the afternoon at **Yellow Springs** (Weather permit) shopping at their unique little shops, early dinner at **Youngs' Dairy**, and of course, the best holiday light show ever at **Clifton Mills**.
- Dec. 6  
(Fri.) **Vaud-Villities Holiday Tea & show**. This was a lovely event last year. - "**Finding Christmas**" with **Cabot Rea**. Time: 11:30 am
- Dec. 9  
(Mon.) **Annual trip to Baker's Nursery** - The best **personalized holiday ornaments** you will ever find! They personalize them while we shop! We will BEGIN with breakfast at Hella's diner (across the street from Baker's) BEST home-cooked meals! IF we have time after shopping at the beautiful gift shoppe at Baker's, we will make a "new" stop on the way home. Time: Leave Bexley pool lot at 9:30 am
- Dec. 11  
(Wed.) **Annual holiday trip to Pine Tree Barn & Smucker's!** Lunch will be on your own (best French Onion soup ever!) and muffins that are out of this world! Holiday gift shopping for unique gifts and clothes. Next, we will go to Smucker's which is NOT just jams & jellies. We have been amazed with all the items you can find here. AND a free sundae to enjoy before heading home. Time: Leave Bexley pool at 9:00 am

**EXTENDED TRIPS**

The Tropical Caribbean Cruise in January 2020 has been **cancelled**. Let me know if you are interested in either of these upcoming trips for 2020.

**HEART OF TEXAS - SEPTEMBER 14-18, 2020**

**Itinerary Overview includes:** Day 1 - Fort Worth; Day 2 - Dallas; Day 3 - Fort Worth and Dallas; Day 4 - Waco; Day 5 - Return Flight. **Included features:** Round-trip airfare from Columbus to Dallas; Deluxe motor coach transportation; Breakfast daily, one lunch, 3 dinners; Dallas City tour, George W. Bush Presidential Library, Southfork Ranch, VIP AT & T Stadium tour, Fort Worth Stockyard District, cattle drive, HGTV tour (including Magnolia Markets & Harp Design Co.); Luggage handling, taxes, service charges & gratuities. Cost: \$1699.00 (double occupancy); \$2059.00 (single occupancy)

**ICELAND & NORTHERN LIGHTS HUNT - OCTOBER 17-24, 2020**

Pre-Tour to Washington D.C. ~~Monuments and memorials~~City Tour ~Overnite Reykjavik, Iceland (Blue Lagoon, Lava Restaurant, City Tour)  
Day at Leisure in Reyjavik or Optional Glacier Tour ~~Full day exploring Iceland's Golden Circle ~~South Shore Tour ~~ Viking Trail Tour  
Breakfast included daily, 5 lunches and 4 dinners ~~Travel Protection will be available.  
Cost: \$3995.00 (Double occupancy); \$4895.00 (single occupancy)

Please let me know if you want me to schedule an informational meeting about either one of these trips.



CORRECTION FROM LAST MONTH: Norman Hanners - September 23rd

**OCTOBER**



Dorothy Baroff - 2  
J. Ware Ricketts - 4  
Doug Taylor - 6  
Marcia Kehrer - 6  
Kay Smith - 6  
Esther Ponzani - 8  
Vicki Eberle - 13  
Sandra Lutz -15  
Laverne Morris - 19  
Mary Ellen Spence-21  
Sally Woodyard -25  
Betty Kennedy - 29

**NOVEMBER**

Teri Roberts - 4  
Tom Beck - 4  
Bev Southworth - 6  
Linda Zupnick - 6  
Marilyn Noll - 7  
Jean Babbitt - 7  
Linnea Blanchard - 12  
Karen Johnson - 13  
Bobbie Malone - 13  
Jeane Zettler -14  
Sally Freeman - 16  
Mary Jo Loftus - 17  
Grace Mickey - 22  
Steve Coate - 22  
Dan Schleppe - 25  
Marci Meizlish - 30

**DECEMBER**

Judy Smith - 15  
Geraldine Ellman - 19  
Michael Miller - 19  
Pam Shipp - 19  
Saralee Seckel - 21  
Seena Goldman - 23  
Connie Schalinski - 24  
Monique Lampke - 27  
Susan Brehm - 28  
Fran Son - 28  
Barbara Hegler - 28  
Brad Kopp - 29  
Patricia Howland - 30  
Judy Blair - 31

**BROADWAY SERIES - I need money NOW for Oct. 23, Nov. 20th**  
**September 17, 2019 - Dear Evan Hansen (Ohio Theater) No more tickets at this time. Time: 6:45 pm (pool) Cost: \$157.00 (includes bus)**

**October 23, 2019 - Mean Girls (Ohio Theater)** New York Magazine cheers, "MEAN GIRLS delivers with immense energy, a wicked sense of humor and joyful inside-jokery." Direct from Broadway, MEAN GIRLS is the hilarious hit musical from an award-winning creative team, including book writer TINA FEY ("30 Rock), composer JEFF RICHMOND ("Unbreakable Kimmy Schmidt"), lyricist NELL BENJAMIN (Legally Blonde) and director CASEY NICHOLAW (The Book of Mormon). Time: 6:45 pm (Bexley pool) Cost: \$82.00 (includes bus)

**November 20, 2019 - Les Miserables (Ohio Theater)** With its glorious new staging and dazzlingly reimagined scenery inspired by the paintings of Victor Hugo, this breathtaking new production has left both audiences and critics awestruck, cheering "Les Miz is born again!" (NY1). Set against the backdrop of 19th-century France, *Les Misérables* tells an enthralling story of broken dreams and unrequited love, passion, sacrifice and redemption – a timeless testament to the survival of the human spirit. Time: 6:45 pm (Bexley pool) Cost: \$78.00 (includes bus)

**January 11, 2020 - Jersey Boys (Palace Theater)** They were just four guys from Jersey, until they sang their very first note. They had a sound nobody had ever heard... and the radio just couldn't get enough of. But while their harmonies were perfect on stage, off stage it was a very different story -- a story that has made them an international sensation all over again. Time: 1:15 pm (Bexley Pool) Cost: \$89.00 (includes bus)

**January 29, 2020 - Anastasia (Ohio Theater)** This musical draws on the score of the beloved animated film and includes the memorable melodies of Once Upon A December and Journey To The Past. Time: 6:45 pm (Bexley pool) Cost: \$78.00 (Includes bus)

# OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 BAC lunch at Berwick NOON	2 Euchre Club at Kensington 1:00 pm	3	4 Apollo Exhibit Cincinnati 8:45 am (pool)	5
6	7	8	9 Villa Milano lunch & show 10:45 am (Bexley pool)	10	11	12
13	14	15 Card-Making with Linda 1:00 pm (Jeffrey)	16 Spooky Columbus tour 1:30 pm (Bexley pool)	17	18	19
20	21	22 Mystery lunch & shopping 10:30 am (Bexley)	23 "Mean Girls" at Ohio Theater 6:45 pm (Bexley pool)	24	25 Ballet Dress Rehearsal  10:15 am (Bexley pool)	26
27	28	29	30 Annual Amish tour 8:00 am (Bexley pool)	31		

# NOVEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1 4TH LaVeque tour 10:00 am (POOL)	2
3	4	5 BAC lunch at Berwick (NOON)	6	7 Dickens trip to Cambridge 8:15 am (POOL)	8	9
10	11	12 Mystery lunch 10:30 am (POOL)	13	14 Snooty Fox trip 8:15 am (POOL)	15	16
17	18	19 Lancaster trip 9:15 am (POOL)	20 Les Miserables 6:45 pm (POOL)	21	22	23
24	25	26	27	28 	29	30

**OCTOBER - NOVEMBER 2019**  
**SILVERSNEAKERS FLEX CLASSES FOR 55+ AND ALL WHO WANT TO GET MOVING!**

**BACK AT THE MANSION FOR FALL, WINTER AND SPRING! See you in the Garden Room on the first level of Jeffrey Mansion!**

**Instructor: Liz Wypasek**

**Email: [Liz@SilverStrongCoaching.com](mailto:Liz@SilverStrongCoaching.com)**

**Phone: 614-314-9082**

Liz is passionate about fitness, especially for the 55+ group. She is a Personal Fitness Coach, Group Fitness Coach, Certified Nutrition Coach & Silver Sneakers FLEX Instructor and is a 30+ year Bexley Resident. Feel free to call Liz to talk about fitness!

\*\*\*UNDER CONSTRUCTION...COMING NEXT YEAR!

We are creating a NEW SilverSneakers Fitness & Nutrition Class - Eat Healthy, Stay Fit, & Live Well over 50! \*\*\*\*

**FALL SESSION - SilverSneakers FLEX® STRENGTH & BALANCE**

**Dates: Oct. 22- Nov. 26, 2019**      **TUESDAY CLASSES**      **Time: 12:30 -1:30 pm**  
**Dates: Oct. 25 – Nov. 22, 2019**      **FRIDAY CLASSES**      **Time: 12:30 -1:30 pm**  
**Cost: \$3.00 per class**      \*\*\*Silver Sneaker members are FREE! Mary Ellen or Liz can add you as SilverSneakers!

Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body's resistance while also using your core muscles to improve balance & stability.

**FALL SESSION - SilverSneakers® FLEX BOOM MOVE™**

**Dates: Oct. 23 – Nov. 27, 2019**      **WEDNESDAY CLASSES**      **NEW CLASS TIME: 1:00 -1:45 pm**  
**Cost: \$3.00 per class**      \*\*\*SilverSneakers members are FREE! Mary Ellen or Liz can add you as SilverSneakers!

BOOM is a revolutionary new fitness series designed for Baby Boomers and active Older Adults. BOOM MOVE is a higher intensity dance workout class that improves cardio endurance and burns calories. This class is specially designed to help you gain energy. Remember, it's not just for girls! MOVE it or lose it!

**FALL SESSION - SilverSneakers® FLEX CIRCUIT/INTERVAL TRAINING**

**Dates: Oct. 23 – Nov. 27, 2019**      **WEDNESDAY CLASSES**      **Class Time: 2:00-3:00 pm**  
**Cost: \$3.00 per class**      \*\*\*SilverSneakers members are FREE! Mary Ellen or Liz can add you as SilverSneakers!

**NEW! CIRCUIT/INTERVAL TRAINING** is an interval type of physical training that involves medium/high intensity exercise alternated with rest periods and is highly effective in conditioning the cardiovascular system while increasing muscle strength. Active rest between medium/high intensity training allows the heart rate to drop, giving the participant the opportunity to recover before the next high intensity interval. These types of workouts can include a mix of cardio exercises with resistance training. Modifications given for each participant as needed.

**FALL SESSION - SilverSneakers® FLEX STABILITY**

**Dates: Oct. 24 – Nov. 21, 2019**      **WEDNESDAY CLASSES**      **CLASS TIME: 12:30-1:30 pm**  
**Cost: \$3.00 per class**      \*\*\*SilverSneakers members are FREE! Mary Ellen or Liz can add you as SilverSneakers!

**NEW! STABILITY** is a group exercise class designed specifically to keep participants "safe on their feet". Understanding the primary risk factors associated with falling and knowing what exercises will be beneficial in decreasing the risk for a fall provides substantial knowledge and practical work for class members to increase function and long-term independence. This is a skills & drills class and we will have fun and get fit together!

<b>STRENGTH &amp; BALANCE</b>	
<b>Tuesday 12:30 – 1:30 pm</b>	
Week 1	10/22/19 _____
Week 2	10/29/19 _____
Week 3	11/05/19 _____
Week 4	11/12/19 _____
Week 5	11/19/19 _____
Week 6	11/26/19 _____
TOTAL \$ _____	

<b>BOOM MOVE</b>	
<b>Wednesday 1:00 – 1:45 pm</b>	
Week 1	10/23/19 _____
Week 2	10/30/19 _____
	11/06/19 NO CLASS
Week 3	11/13/19 _____
Week 4	11/20/19 _____
Week 5	11/27/19 _____
TOTAL \$ _____	

<b>CIRCUIT/INTERVAL TRAINING</b>	
<b>Wednesday 2:00 – 3:00 pm</b>	
Week 1	10/23/19 _____
Week 2	10/30/19 _____
	11/06/19 NO CLASS
Week 3	11/13/19 _____
Week 4	11/20/19 _____
Week 5	11/27/19 _____
TOTAL \$ _____	

<b>STABILITY</b>	
<b>Thursday 12:30 – 1:30 pm</b>	
Week 1	10/24/19 _____
Week 2	10/31/19 _____
Week 3	11/07/19 _____
Week 4	11/14/19 _____
Week 5	11/21/19 _____
TOTAL \$ _____	

<b>CIRCUIT/INTERVAL TRAINING</b>	
<b>Friday 2:00 – 3:00 pm</b>	
Week 1	10/25/19 _____
Week 2	11/01/19 _____
Week 3	11/08/19 _____
Week 4	11/15/19 _____
Week	11/22/19 _____
TOTAL \$ _____	

<b>STRENGTH &amp; BALANCE</b>	
<b>Friday 12:30 – 1:30 pm</b>	
Week 1	10/25/19 _____
Week 2	11/01/19 _____
Week 3	11/08/19 _____
Week 4	11/15/19 _____
Week 5	11/22/19 _____
TOTAL \$ _____	

# RESERVATION SHEET

Please send money & reservation slip and (X) the reservations of your choice. Make check payable to **BAC Travel** and send it to: 165 North Parkview Ave. Bexley, Ohio 43209 (Attention: Mary Ellen)

### REMINDERS

- Sept. 17 \_\_\_ "Dear Evan Hansen" - **TIME:** 6:45 pm (Bexley pool) **TIME:** \$157.00
  - Sept. 19 \_\_\_ LaVeque Tour - **TIME:** 10:00 am (Bexley Pool) **COST:** \$10.00
  - Sept. 22 \_\_\_ "Kiss Me Kate" show - **TIME:** 1:30 pm (Bexley Pool) **COST:** \$30.00
  - Sept. 24 \_\_\_ Valley Vineyards dinner - **TIME:** 12:30 pm (Bexley pool) - **COST:** \$59.00
- CHOOSE ONE:** \_\_\_ **STEAK:** \_\_\_ **SALMON:** \_\_\_ **SHRIMP**

Sept. 27 \_\_\_ "Twisted 3" Ballet - **CANCELLED**

- Oct. 1 \_\_\_ **BAC lunch at Berwick Party House - TIME: Noon COST: \$12.00**
- Oct. 4 \_\_\_ Apollo Exhibit in Cincinnati - **TIME:** 8:45 am (Bexley pool) **COST:** \$49.00
- Oct. 9 \_\_\_ VILLA MILANO show & lunch - **TIME:** 10:45 am (Bexley pool) **COST:** \$56
- Oct. 15 \_\_\_ Card-Making with Linda - **TIME:** 1:00 pm (Jeffrey Mansion) **COST:** \$20
- Oct. 16 \_\_\_ "Spooky Columbus" tour - **TIME:** 1:30 pm (Bexley pool) **COST:** \$35.00
- Oct. 22 \_\_\_ Mystery lunch & shopping - **TIME:** 10:30 am (Bexley pool) **COST:** \$10.00
- Oct. 23 \_\_\_ "Mean Girls" @ Ohio Theater - **TIME:** 6:45 pm (Bexley pool) **COST:** \$82
- Oct. 25 \_\_\_ "Be MOVED" Ballet - **TIME:** 10:15 am (Bexley pool) **COST:** \$29.00
- Oct. 30 \_\_\_ Annual Amish Trip - **TIME:** 8:00 am (Bexley pool) **COST:** \$40.00
- Nov. 7 \_\_\_ Dickens Victorian Village - **TIME:** 8:15 am (Bexley pool) **COST:** \$89.00
- Nov. 14 \_\_\_ Annual Snooty Fox Trip - **TIME:** 8:15 am (Bexley pool) **COST:** \$60.00

### NEW TRIPS

- Nov. 1 \_\_\_ 4th LeVeque Tower tour - **TIME:** 10:00 am (Bexley pool) **COST:** \$10.00
- Nov.5 \_\_\_ **BAC luncheon at Berwick Party House - TIME: Noon COST: \$12.00**
- Nov. 12 \_\_\_ Thanksgiving Mystery lunch - **TIME:** 10:30 am (pool) **COST:** \$10.00 (bus)
- Nov. 19 \_\_\_ The Ohio Presidents Exhibit - **TIME:** 9:15 am (Bexley pool) **COST:** \$18.00
- Nov. 20 \_\_\_ "Les Miserables" Show - **TIME:** 6:45 pm (Bexley pool) **COST:** \$78.00

**Silver Sneakers Strength & Balance** - Tuesdays - 12:30 pm – 1:30 pm (6 classes)  
\_\_\_ 10/22; \_\_\_ 10/29; \_\_\_ 11/5; \_\_\_ 11/12; \_\_\_ 11/19; \_\_\_ 11/26

**Silver Sneakers BOOM** - Wednesdays - 1:00 - 1:45 pm (5 classes)  
\_\_\_ 10/23; \_\_\_ 10/30; \_\_\_ 11/13; \_\_\_ 11/20; \_\_\_ 11/27

**Silver Sneakers Strength & Balance** Fridays - 12:30 pm – 1:30 pm (5 classes)  
\_\_\_ 10/25; \_\_\_ 11/01; \_\_\_ 11/08; \_\_\_ 11/15; \_\_\_ 11/22;

**Circuit/Interval Training** - Wednesdays - 2:00 - 3:00 pm (5 classes)  
\_\_\_ 10/23; \_\_\_ 10/30; \_\_\_ 11/13; \_\_\_ 11/20; \_\_\_ 11/27

**Stability** - Thursdays - 12:30 - 1:30 pm (5 Classes)  
\_\_\_ 10/24; \_\_\_ 10/31; \_\_\_ 11/07; \_\_\_ 11/14; \_\_\_ 11/21

**Circuit Interval Training** - Fridays—2:00 - 3:00 pm (5 classes)  
\_\_\_ 10/25; \_\_\_ 11/01; \_\_\_ 11/08; \_\_\_ 11/15; \_\_\_ 11/22

**Phone # (Required)** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Email** \_\_\_\_\_ **Birthdate** \_\_\_\_\_

**Bexley Activities Club**  
**165 North Parkview Ave.**  
**Bexley, Ohio 43209**

