“50/50 RAFFLE” at our BAC Luncheons! Besides our Birthday celebrations and our Raffle for attending the luncheon, we thought it would be fun to have a 50/50 raffle. Everyone loves MONEY, right? Well, bring money and you possibly could WIN money as well as decide which charity you would like for us to give the other half of the “pot of gold” to. The more you give, the more you can receive. Be thinking about your favorite charity also! **TICKETS WILL BE $1.00 OR 6 FOR $5.00**

Our February 50/50 raffle winner was Paul Miller! Congrats. Paul and Linda chose the Bexley Recreation Scholarship Fund to receive 50% of the pot.

**APRIL 2020**

**BAC 55+**

**165 N. Parkview Ave.**

**Office # 614-559-4310**

**EMERGENCY PHONE NUMBER (614-562-7717)**

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**MARCH LUNCHEON AT BERWICK PARTY HOUSE**

**Date:** Tuesday, March 3, 2020

**Time:** Noon

**Cost:** $12.00

**Location:** Berwick Party House - (3250 Refugee Rd.)

**Menu:** Full salad bar, rolls, corned beef & cabbage, potatoes, veggie, dessert

**Entertainment:** Route 161-Happy Wanderers, your premiere Oktoberfest Party duo! From traditional German to unexpected polka beats for pop hits. Their outfits alone are worth coming for besides their St. Paddy’s music.

**Invocation:** Father Dennis WILL join us for lunch & give the Invocation.

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**MARY ELLEN’S “FAREWELL” APRIL LUNCHEON**

**Date:** Tuesday, April 7, 2020

**Time:** Noon

**Cost:** $12.00

**Location:** Berwick Party House - (3250 Refugee Rd.)

**Menu:** Choose one of the following entrees: Fettuccini Alfredo w/ Grilled Chicken, Italian green beans OR Beef Brisket w/ gravy, mashed potatoes & Italian green beans.

Each entrée will include full salad bar & rolls, iced tea, coffee

**IF you have already signed up for this meal, please choose your menu choice on reservation sheet or call me and leave a message which entrée you want.**

**Entertainment:** The Comedy Magic of Rory Rennick. His magic has been described as “Eddie Murphy meets David Blaine” with a little “Mind Freak” to boot (without the Goth and cursing!) Rory has appeared on NBC’s “America’s Got Talent” - What a treat you won’t want to miss.

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**MAY LUNCHEON AT BERWICK PARTY HOUSE**

Details next month for May & June luncheons. I just wanted you to know who our entertainment will be! **NO money due now!**

**Date:** Tuesday, May 5, 2020

**Location:** Berwick Party House - (3250 Refugee Rd.)

**Entertainment:** We are fortunate to have **Bill Foley** entertain us. Bill is the gentlemen who was in the restaurant and attacked with a machete a few years ago. He was a hero that day saving others, but he did get hurt in the process. We never thought he would be able to play the guitar again, but with perseverance and lots of therapy he is still playing. The one phrase you will be saying during his performance is, “Oh my Gosh, I LOVE this song!”

More details next month. Payment is not due until next newsletter.

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**JUNE LUNCHEON AT BERWICK PARTY HOUSE**

**Date:** Tuesday, June 2, 2020

**Time:** Noon

**Location:** Berwick Party House - (3250 Refugee Rd.)

**“Innervision”** (the fantastic group that had to cancel in February) will be our entertainment.

More details next month! Payment is not due until next newsletter.

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"50/50 RAFFLE" at our BAC Luncheons! Besides our Birthday celebrations and our Raffle for attending the luncheon, we thought it would be fun to have a 50/50 raffle. Everyone loves MONEY, right? Well, bring money and you possibly could WIN money as well as decide which charity you would like for us to give the other half of the “pot of gold” to. The more you give, the more you can receive. Be thinking about your favorite charity also! **TICKETS WILL BE $1.00 OR 6 FOR $5.00**
**BAC ELECTIONS:** This Spring, BAC members will elect the following: President, Vice-President, Treasurer, and three (3) At-Large members of the Steering Committee. Each is to be elected to serve a 2-year term beginning July 1. If you or someone you know would like to stand for election to one of these positions, please inform Mary Ellen DeLaney no later than March 20th. This includes the current Officers & steering committee members. I need to know your plans. The names of all those nominated will be available at the April 7th luncheon and announced in the following newsletter. The election will be at the May 5th luncheon, and installation at the June 2nd luncheon. If you would like more information about the Steering Committee responsibilities, please contact Mary Ellen or Paul Miller. We hope you will take this opportunity to become more involved in your club and help “steer” us toward more wonderful activities.

**NEW PROGRAM YOU WON’T WANT TO MISS!** Grand Prix Karting INDOOR ENTERTAINMENT! Come discover the excitement of indoor kart racing with fast karts and 3/10th’s of a mile track. I am hoping to start this “experience” before I retire and hopefully it will grow into a huge event for many. Come take a tour of their facility and see the fun you will have. GIVE IT A TRY! It is a blast!

**Date:** March 19, 2020 (Thurs.) **Time:** 11:00 am **Location:** 1300 Alum Creek Dr. (you will turn left into the parking lot after you go past I-70) If you want to carpool from the pool, please be there at 10:30 am

**UPCOMING EVENTS**

March 4 (Wed.) **Orchid Mania**– Orchids have captivated humans for centuries. People have gone to extraordinary lengths to obtain rare and elusive species of orchids, as described in Susan Orlean’s fascinating book *The Orchid Thief*. Learn about these wonderful flowers as Dr. Mark Miller from the Franklin Park Conservatory and Botanical Gardens discusses orchid mania. **Time:** 7:00 pm - 8:00 pm - No charge. **Location:** Bexley Library

April 6 (Mon.) **CELEBRATION OF LIFE** in honor of Helen Thomas
First, I would like to thank you for your donations. You are all so thoughtful and generous. Second, we will have a “party” with videos, pictures, lots of food including Helen’s favorite - chicken tenders & fries and side dishes from Shades on the Canal in Canal Winchester. Come and relax with your BAC friends at Jeffrey Mansion. **Time:** 4:00 pm - 6:00 pm.

April 15 (Wed.) “Mystery” breakfast/lunch followed with a tour of The Ohio Statehouse
You will be able to get breakfast or lunch. Be sure and come hungry. Also, bring your ID for our tour. **Time:** Leave Bexley pool at 10:15 am **Cost:** $10.00 (bus) Lunch on your own.

April 16 (Thurs.) **Spring Flower Arrangement Class** - Matt Weinstein brings all the supplies and flowers and greenery and you bring a vase. You might also bring a box to put your flower arrangement in while you drive home. **Time:** 12:30 pm (Mansion) **Cost:** $25.00
EXTENDED TRIPS

NEW TRIPS for 2020 with Prime Tours - Informational meeting will be held at City Hall on March 26, 2020 at 11:00 am
This meeting will include, New York in the Fall, Hawaii Cruise, History and the Holidays

New York in the Fall - October 5-8, 2020 featuring a 3 night stay at the Edison Hotel just steps away from Times Square. You will see the major sites of New York City including the Statue of Liberty, Ellis Island, Central Park and the 9/11 Museum. We will tour NBC Studios and enjoy the view from the top of Rockefeller Center. We will also attend a Broadway play, yet to be determined. **Cost:** $1279.00 (double occupancy) Triple & Quad rate: $1135.00; Single rate: $1399.00

Hawaii Cruise - November 12–21, 2020 featuring a 2-night stay in Oahu followed by a 7-night Norwegian Cruise. You will see 4 Islands with many excursions to choose from so you can plan your own adventure. Plus 2 nights in Honolulu, tours to Pearl Harbor and beautiful North Shore of Oahu. Rates begin at $4099.00 (depending on cabin

History and the Holidays - December, 2020 featuring a motorcoach tour. We will travel to the birthplace of Abraham Lincoln in Kentucky and Andrew Jackson’s Hermitage Plantation near Nashville. Two of the nights will be at the spectacular Gaylord’s Opryland Hotel where you will have a Christmas dinner and show. A second evening in Nashville features a riverboat cruise on the General Jackson Riverboat. **Cost:** $1199.00 per person (double); $1025.00 (triple); $1429.00 (single)

WORLD OF TRAVEL TRIPS - WONDERS OF THE WEST - MAY 28 - JUNE 5, 2020
**Itinerary Overview includes:** Fly from Columbus, OH to Rapid City, SD; Deadwood, SD; Cody, WY; Yellowstone National Park & Jackson WY;蒙特利尔, ID. Visit the Badlands, Wall Drug, Crazy Horse, Mt. Rushmore, sight-seeing tour of Deadwood. All entry fees to National Parks, monuments etc. are included; 4 dinners, a buffet breakfast daily, travel protection and more. **Cost:** $3295.00 (double occupancy); $4279.00 (single occupancy)

HEART OF TEXAS - SEPTEMBER 14-18, 2020
**Itinerary Overview includes:** Day 1 - Fort Worth; Day 2 - Dallas; Day 3 - Fort Worth and Dallas; Day 4 - Waco; Day 5 - Return Flight. **Included features:** Roundtrip airfare from Columbus to Dallas; Deluxe motor coach transportation; Breakfast daily, one lunch, 3 dinners; Dallas City tour, George W. Bush Presidential Library, Southfork Ranch, VIP AT&T Stadium tour, Fort Worth Stockyard District, cattle drive, HGTV tour (including Magnolia Markets & Harp Design Co.); Luggage handling, taxes, service charges & gratuities. **Cost:** $1699.00 (double occupancy); $2059.00 (single occupancy)

ICELAND & NORTHERN LIGHTS HUNT - OCTOBER 17-24, 2020
Pre-Tour to Washington D.C. ~~Monuments and Shore Tour ~~Viking Trail Tour Breakfast included daily, 5 lunches and 4 dinners ~~Travel Protection will be available. Reykjavik, Iceland (Blue Lagoon, Lava Restaurant, City Tour) Day at Leisure in Reyjavik or Optional Glacier Tour ~~Full day exploring Iceland’s Golden Circle ~~South, (Secret Lagoon) **Cost:** $3995.00 (Double occupancy); $4895.00 (single occupancy)

If you are interested in any of these 3 trips with World of Travel and you missed our first presentation, let me know and I will schedule another one.
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<tr>
<th>Date</th>
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<tr>
<td>March 10</td>
<td>Amazon tour and the Nutcracker restaurant for lunch.</td>
<td>Last chance for most of these trips. You also must bring a driver’s license or Government I.D. with you. Lunch will follow after tour. Time: Leave Bexley pool at 10:15 am. Cost: $10.00 (bus fare) Lunch on your own. Only 20 spots! Waiting list only.</td>
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<td>March 16</td>
<td>St. Patrick’s Day mystery lunch &amp; shopping.</td>
<td>Time: Leave Bexley pool at 10:30 am. Cost: $10.00 (bus fare)</td>
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<td>March 18</td>
<td>Ohio Valley Antique Mall (largest in the Cincinnati area), Lunch on your own at Caruso’s (wonderful restaurant!) and tour of Jungle Jim’s International Market (Fairfield, Ohio). You will have time to shop &amp; we will have coolers to keep your items cold on the way home. Time: Leave Bexley pool at 8:15 am. Cost: $30.00</td>
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<td>March 24</td>
<td>Amazon Tour &amp; Nutcracker Restaurant for Lunch. Same itinerary as March 10th. See above details. Waiting list only.</td>
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<td>March 30</td>
<td>Card-Making Class with Linda Kopp at Wexner Heritage House. We will be making an assortment of Spring cards which can be used for many occasions. Linda does most of the work - you come and enjoy! TIME: 1:00 pm (Wexner) COST: $20.00</td>
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<td>April 3</td>
<td>“Carmen” Ballet Dress rehearsal at Davidson Theater (Vern Riffe Center) -</td>
<td>Time: Leave Bexley pool at 10:15 am - Cost: $32.00</td>
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<td>April 9</td>
<td>Annual trip to Lebanon, Ohio for shopping, Golden Lamb for lunch, (or your choice of other places for lunch. We will have a special stop in Lebanon for dessert before heading to the Monroe Outlet Mall (or Miami Valley Casino). Our final stop will be at the Original Dorothy Lane Market in Oakwood, Ohio. Time: Leave Bexley pool at 9:00 am. Cost: $35.00 (Bus fare &amp; dessert)</td>
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<td>April 14</td>
<td>SHOWTIME 2020 presents “Tapestry - Music from the Carole King songbook” &amp; catered lunch at Villa Milano. If you have not been to Villa Milano, this is the show to see. There will be a souvenir for everyone and door prizes will be given out. Time: 10:00 am (pool) Cost: $ 58.00 (includes bus, food, show)</td>
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<td>April 20</td>
<td>Valley Vineyards trip - This trip was so popular and I was asked to plan it again for those who did not get to go (and of course for those who want to go again!) We will stop at Tanger Outlet mall before heading to Valley Vineyards. Our dinner will be “grill-it-yourself” salmon, shrimp or steak on their outside grills (If you do not want to grill your own, we will help you.) Then your dinner includes a buffet with potatoes, green bean almandine, as well as desserts. Time: Leave Bexley pool at 12:30 pm Cost: $60.00 includes bus, dinner, 2 glasses of wine. This trip was definitely a FAVORITE!</td>
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<td>April 22</td>
<td>Clippers vs. Indianapolis at Huntington Park. We will be sitting in Section 18 and will have 8 handicap seats &amp; 12 box seats in front of the handicapped seats. Time: 5:45 pm (pool) Cost: $27(Bus &amp; ticket)</td>
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BROADWAY SERIES - ALL money had to be in for the following 2 shows. If you are interested, let me know. I can always TRY to get a ticket for you.

March 12, 2020 - “My Fair Lady” - Experience the magic of this timeless classic. (Thurs.) Time: Leave Bexley pool at 6:45 pm. Cost: $110.00 (bus & ticket)

May 14, 2020 “Wicked” is coming back to Columbus. (Thurs.) Wicked, Columbus' most popular musical, looks at what happened in the Land of Oz...but from a different angle. Time: Leave Bexley pool at 6:45 pm. Cost: $110.00 (bus & seats on main floor - Rows S & T!)

********************************************************************************

NEW MEMBERS! Welcome to Bexley Activities Club 55+ - You will enjoy our outings and making new friends. Please Mary Ellen know if you have any questions: (614-559-44310)

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<td>BAC lunch At Berwick Noon</td>
<td>Euchre Club 1:00 pm Kensington 7:00 pm - Orchid Mania @ Library</td>
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<td>Amazon tour &amp; lunch 10:15 am (pool)</td>
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<td>Mystery lunch 10:30 am (pool)</td>
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<td>Ohio Antique Mall, lunch &amp; Jungle Jims 8:15 am (pool)</td>
<td>Grand Prix Kart tour Meet at track at 11:00 am or 10:30 am - pool</td>
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<td>Amazon tour #2 &amp; lunch 10:15 am (pool)</td>
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<td>Trip presentation at City Hall 11:00 am</td>
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<td>Card-Making 1:00 pm (Wexner)</td>
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**APRIL 2020**

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<td>Helen Thomas Party 4:00 - 6:00 pm Jeffrey Mansion</td>
<td>BAC lunch - noon Berwick Party House</td>
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<td>Lebanon, Ohio trip Outlet Mall &amp; more 9:00 am (pool)</td>
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<td>14 Showtime 2020 @ Villa Milano 10:00 am (pool)</td>
<td>15 Mystery breakfast/lunch &amp; Ohio Statehouse 10:15 am (pool)</td>
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<td>Flower-Arranging Class - 12:30 pm at Jeffrey Mansion</td>
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**NOTE FROM MARY THURN**

Dear Members,
Many thanks to all the members who sent me cards for my 90th birthday. The cards were a surprise and greatly appreciated.

Thank You, Mary Thurn
INSTRUCTOR: Liz Wypasek  Email: Liz@SilverStrongCoaching.com  Phone: 614-314-9082
Liz is passionate about fitness, especially for the 55+ group. She is a Personal Fitness Coach, Group Fitness Coach, Certified Nutrition Coach & Silver Sneakers FLEX Instructor and is a 30+ year Bexley Resident. Feel free to call Liz to talk about fitness!

***UNDER CONSTRUCTION...COMING NEXT YEAR! We are creating a NEW SilverSneakers Fitness & Nutrition Class - Eat Healthy, Stay Fit, & Live Well over 50! ****

WINTER SESSION - SilverSneakers FLEX® STRENGTH & BALANCE

Dates: Jan. 28 - March 31, 2020 TUESDAY CLASSES Time: 12:30 -1:30 pm
Dates: Jan. 31 - March 27, 2020 FRIDAY CLASSES Time: 12:30 -1:30 pm
Cost: $3.00 per class  ***Silver Sneaker members are FREE! Mary Ellen or Liz can add you as SilverSneakers!
Strength and balance is important in everyday life and this class will help you improve your ability to feel strong and stable. Strength exercises may include lifting hand-held weights, stretching resistance tubing and using your own body’s resistance while also using your core muscles to improve balance & stability.

WINTER SESSION - SilverSneakers® FLEX BOOM MOVE™

Dates: Jan. 29 – March 25, 2020 WEDNESDAY CLASSES : 1:00 -1:45 pm
Cost: $3.00 per class  ***SilverSneakers members are FREE! Mary Ellen or Liz can add you as SilverSneakers!
BOOM is a revolutionary new fitness series designed for Baby Boomers and active Older Adults. BOOM MOVE is a higher intensity dance workout class that improves cardio endurance and burns calories. This class is specially designed to help you gain energy. Remember, it’s not just for girls! MOVE it or lose it!

WINTER SESSION - SilverSneakers® FLEX CIRCUIT/INTERVAL TRAINING

Dates: Jan. 15 - March 25, 2020 WEDNESDAY CLASSES - NEW TIME: Class Time: 12:15 pm - 1:00 pm
Cost: $3.00 per class  ***SilverSneakers members are FREE! Mary Ellen or Liz can add you as SilverSneakers!
NEW! CIRCUIT/INTERVAL TRAINING is an interval type of physical training that involves medium/high intensity exercise alternated with rest periods and is highly effective in conditioning the cardiovascular system while increasing muscle strength. These types of workouts can include a mix of cardio exercises with resistance training. Modifications given for each participant as needed.
REMINDERS

Feb. 27 ____ Book Talk & BINGO @ Jeffrey Mansion - TIME: 1:00 pm  COST: FREE
March 3 ____ March luncheon at Berwick - TIME: Noon  COST: $12.00
March 10 ____ Amazon Tour & lunch - TIME: 10:15 am (Bexley pool)  COST: $10.00
March 12 ____ “My Fair Lady” - Ohio Theater - TIME: 6:45 pm (Bexley pool)  COST: $110
March 16 ____ St. Patrick’s Day mystery lunch - TIME: 10:30 am (pool)  COST: $10.00
March 18 ____ Antique Mall, Jungle Jim’s & lunch - TIME: 8:15 am (pool)  COST: $30.00
March 24 ____ Amazon Tour & lunch - TIME: 10:15 am (Bexley pool)  COST: $10.00
March 30 ____ Card-Making w/ Linda @ Wexner - TIME: 1:00 pm  COST: $20.00
April 3rd  ____ Carmen”) Ballet dress rehearsal - TIME: 10:15 am (pool)  COST: $32.00
April 9 ____ Annual Lebanon trip - TIME: 9:00 am (pool)  COST: $35.00
April 14 ____ SHOWTIME 2020 presents “Tapestry” - TIME: 10:00 am  COST: $58.00
April 20 ____ Valley Vineyards & outlet mall - TIME: 12:30 pm (pool)  COST: $60.00

CHOOSE ONE ENTRÉE: ____STEAK;  ____SALMON;  ____SHRIMP

April 22 ____ Clipper’s ball game - TIME: 5:45 pm (pool)  COST: $27.00
April 24 ____ Vaud-Villities show - TIME: 1:15 pm (pool)  COST: $30.00 (bus & ticket)
April 27 ____ Baker’s & lunch at Bogie Inn - TIME: 9:30 am (pool)  COST: $10.00
April 28 ____ Snooty Fox annual trip - TIME: 8:15 am (pool)  COST: $60.00

May 14 ____ “Wicked” at the Ohio Theater - TIME: 6:45 pm (pool)  COST: $110.00

NEW TRIPS & EVENTS

March 4 ____ Orchid Mania at Bexley Library - TIME: 7:00 pm - No charge
March 19 ____ Grand Prix tour - TIME: 11:00 am (meet at Alum Creek) or 10:30 am (pool)
March 26 ____ Trip presentation at City Hall - TIME: 11:00 am
April 6 ____ Helen Thomas party at Jeffrey Mansion - TIME: 4:00-6:00 pm - No cost
April 7 ____ April luncheon at Berwick - TIME: Noon  COST: $12.00  (Pick a menu)

CHOOSE ONE: _____Fettuccini Alfredo w/ Chicken;  _____Beef Brisket

April 15 ____ Mystery breakfast & Ohio Statehouse - TIME: 10:15 am - COST: $10.00
April 16 ____ Flower-Arranging Class at Mansion - TIME: 12:30 pm  COST: $25.00

NOTE: To those who are attending either of the AMAZON trips, I must have your complete name and birthdate as it appears on your driver's license. Please call me as soon as you can.

Phone # (Required) __________________ Signature __________________
Email__________________________  Birthdate_____________________

Bexley Activities Club
165 North Parkview Ave.
Bexley, Ohio 43209