



900 Carillon Parkway, Suite #311 • St. Petersburg, FL 33716
 Phone: (727) 573-KOCO (5626) • Fax: (727) 573-5627
 www.EatonOrtho.com

PATIENT MEDICAL HISTORY

Please answer all questions – Print all information. If uncertain, use a questions mark (?).

NAME - LAST, FIRST, MIDDLE	BIRTHDATE	AGE	BIRTH PLACE	TODAY'S DATE
OCCUPATION	EMPLOYED BY	MARITAL STATUS S M D W		HEIGHT
REASON YOU ARE BEING SEEN HERE?	IS THIS THE RESULT OF AN INJURY?		DATE OF INJURY	
DID THIS INJURY HAPPEN AT WORK?	IS THIS INJURY RELATED TO CAR ACCIDENT?		DATE OF ACCIDENT	
HAVE YOU HAD PAIN IN THE AFFECTED AREA PRIOR TO THE ACCIDENT/INJURY? _____			WHO REFERRED YOU TO OUR PRACTICE? _____	

PAST HISTORY: GIVE AGE AT ONSET OF ANY OF FOLLOWING ILLNESSES YOU HAVE HAD.

Heart Disease	High Blood Pressure	Neuropathy	Asthma	Ulcers
Stroke	High Cholesterol	Fibromyalgia	Pneumonia	Kidney Stones
Atrial Fibrillation	Anemia	Anxiety	Tuberculosis	Kidney Disease
Seizure	Gout	Multiple Sclerosis	Polio	Liver Disease
Aneurysm	Sexually Transmitted Disease	Eye Disorder	Rheumatic Fever	Thyroid Disease
Cancer What Organ?	Diabetes Type?	Mental Illness	COPD	Arthritis? Rheumatoid?

Have you tested Positive for HIV? _____ Have you tested Positive for Hepatitis? _____ If so what kind? _____

Do you have a history of Deep Vein Thrombosis or Pulmonary Embolism (blood clots)? _____

FEMALES: Are you pregnant? _____

Last menstrual period: _____ Cycle Length: _____ Age menses started: _____ Stopped: _____

INJURIES: LIST ALL SERIOUS INJURIES. INCLUDE BROKEN BONES, HEAD OR BACK INJURIES, AND DISLOCATIONS. GIVE YEAR OCCURRED

1. _____ 2. _____ 3. _____

4. _____ 5. _____ 6. _____

SURGERY: LIST ANY OPERATIONS.

1. _____ 2. _____ 3. _____

4. _____ 5. _____ 6. _____
DAILY

DO YOU USE TOBACCO NOW? _____ IN THE PAST? _____ TYPE _____ AMOUNT? _____ HOW LONG? _____

DO YOU USE ALCOHOLIC BEVERAGES? _____ IN THE PAST? _____ TYPE _____ AMOUNT? _____ HOWLONG? _____

HAND DOMINANCE: (Circle One) L R

MEDICATIONS: LIST ALL MEDICATIONS THAT YOU TAKE REGULARLY OR FREQUENTLY. INCLUDE PRESCRIBED DRUGS, VITAMINS, ANTACIDS, BIRTH CONTROL PILLS, ETC. ALSO INCLUDE FREQUENCY OF USE AND REASONS FOR USE.

MEDICATION	DOSAGE	REASON YOU'RE TAKING

PLEASE CONTINUE ON BACK IF NECESSARY

ALLERGIES: LIST ALL KNOWN ALLERGIES TO MEDICATION, TYPE OF REACTION AND/OR STOMACH TROUBLE DUE TO MEDICATIONS.

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____
 7. _____ 8. _____ 9. _____

PLEASE CONTINUE ON BACK IF NECESSARY.

HOSPITALIZATIONS: DO NOT LIST ANY NORMAL PREGNANCIES

<u>MONTH & YEAR</u>	<u>REASON FOR HOSPITALIZATION</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

IMMUNIZATIONS/DATE:

TETANUS _____ MEASLES _____ HEPATITIS B _____ PNEUMONIA _____ TB SKIN TEST _____

LIST DATES OF MEDICAL TEST	RESULTS
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

FAMILY HISTORY:

FAMILY HISTORY RELATION	AGE	STATE OF HEALTH	IF DECEASED, CAUSE OF DEATH	AGE AT DEATH
FATHER				
MOTHER				
BROTHERS AND SISTERS				
SPOUSE				
CHILDREN				

CHECK IF ANY BLOOD RELATIVE HAS EVER HAD: AND LIST RELATION

ILLNESS	✓	RELATION	ILLNESS	✓	RELATION	ILLNESS	✓	RELATION
DIABETES TYPE?			THYROID			ANEURYSM		
HIGH BLOOD PRESSURE			TUBERCULOSIS			ASTHMA		
HEART TROUBLE			EPILEPSY			ANEMIA		
STROKE			ARTHRITIS			GASTRIC ULCERS		
CANCER WHAT ORGAN?			PARKINSON'S DISEASE			MALIGNANT HYPEROTHERMIA		
KIDNEY TROUBLE			MENTAL ILLNESS			HIV		
DVT / PE / BLOOD CLOT			BLOOD DISEASE			MULTIPLE SCLEROSIS		

By signing below, I hereby certify that to the best of my knowledge all the information I have furnished on this form is complete, true and accurate.

Patient/Legal Guardian Signature _____ Date _____



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PRESCRIPTION DRUG POLICY

The law requires responsible usage of prescription drugs by physicians and patients. If you accept a prescription from one of our physicians, you are also accepting responsibility to use the drug for yourself and only as prescribed. Our responsibility is to prescribe medications in appropriate dosages and amounts, with clear instructions. We will also inform you of the reason we are prescribing the drug, the expected benefits from its use and the major precautions and side effects. We will answer any questions you may have about the prescription drug you are being given.

Prescription drugs have potential for abuse and are regulated closely by state and federal agencies. Certain more closely controlled drugs (narcotic pain medications and tranquilizers) require even more responsibility on your part. We will accept **NO** excuses for their loss or theft and will not order replacements. We will not prescribe them if you are using them other than exactly as prescribed or receiving them from another source. We expect you to notify our office if you change drug stores or are getting medication from another source, so we may discontinue your prescription.

Many prescriptions drugs are appropriate for short-term use only. If and when we feel it is not in your best interest to continue a medication, we will tell you. If we cannot agree about your continued use of a substance, then we will require additional consultation with other specialists to help decide on the correct course of action.

Our office also requires a 24-48 hour call-in policy for the refill of your prescriptions. When your medications are getting low and you feel you need a refill, please call our office with the name of your pharmacy and pharmacy phone number 24 to 48 hours prior so that we will have ample time to ask your treating physician and call your medication in to your pharmacy.

Failure to follow these policies will force our office to terminate our professional relationship with you and may require us to file a report with the Department of Professional Regulation (DPR) or the local police.

If you are in agreement with all of the information as provided above, please sign below that you agree to abide by these policies.

SIGNED:

Patient/Guardian Signature & Date

Pharmacy Name: _____

Street Address: _____ City _____ State _____ Zip _____

Phone No.: _____



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PATIENT NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be disclosed. Please review it carefully.

Eaton Orthopaedics, LLC will use your medical information for the following:

1. TREATMENT: Including providing your medical records to consulting clinicians and insurance companies.
2. PAYMENT: We will file necessary claims to insurance companies in your name to obtain payment. They may request part or all of your medical record(s) to pay the claim.
3. HEALTH CARE OPERATIONS: Any others involved in your healthcare.

The entire PRIVATE POLICY NOTICE of Eaton Orthopaedics, LLC, is posted in the waiting room for your perusal.

QUESTION #1, 2, AND #3 MUST BE COMPLETED

In conjunction with these practices you will need to provide us with the following information:

1. Name of person(s) we may speak to regarding your health
(i.e. spouse, child, etc. Including phone number)

2. Emergency Contact: (relative not living with you)

Name: _____

Address: _____

Phone Number: (_____) _____

3. May we leave a message regarding your health or upcoming appointments on your answering machine?

(Home) Yes: _____ No: _____

(Work) Yes: _____ No: _____

Signature of Patient or Legal Guardian

Relationship to Patient

Print Patient's Name or Legal Guardian

Patient's Date of Birth



PATIENT INFORMATION RECORD

Koco Eaton, M.D. – Sports Medicine, Orthopaedic Surgery
Douglas Carlan, M.D. – Hand and Upper Extremity, Orthopaedic Surgery
900 Carillon Parkway, Suite 311
St. Petersburg, FL 33716
Phone (727) 573-KOCO
Fax (727) 573-5627

Patient Name _____ Email Address _____
First Middle Last

Street Address _____ Apt # _____ City _____ State _____ Zip _____

Out of State Address _____ Apt # _____ City _____ State _____ Zip _____

Date of Birth ____/____/____ Age _____ Gender M F Marital Status S M W D Sep

Social Security Number _____ - _____ - _____ Cell Phone _____ Home Phone _____

This information is required by the State of Florida and will be reported to the Agency for Health Care Administration. http://ahca.myflorida.com
Please complete the following:
 African American Asian Alaskan Native Hispanic Multiracial Native American Other
 Pacific Islander Patient Declined Unknown by Patient White
Language:
 Cantonese English French German Indie Italian Japanese Mandarin
 Portuguese Russian Spanish Vietnamese Other

Occupation _____ Employer _____ Phone _____

Street Address _____ Suite _____ City _____ State _____ Zip _____

Patients Primary Doctor _____ Phone _____

Street Address _____ Suite _____ City _____ State _____ Zip _____

Referred by _____ Phone _____

Spouse (or Parent, if minor) _____
First Middle Last

Date of birth ____/____/____ Social Security Number _____ - _____ - _____ Phone _____

Street Address _____ Apt # _____ City _____ State _____ Zip _____

Occupation _____ Employer _____ Phone _____

Street Address _____ Suite _____ City _____ State _____ Zip _____

Emergency Contact _____ Relationship _____ Phone _____
Street Address _____ Apt # _____ City _____ State _____ Zip _____

<p>Primary Insurance Company _____ Phone _____ Street Address _____ Suite _____ City _____ State _____ Zip _____ ID # _____ Policy # _____ Group # _____ Policy Holder's Name (Required) _____ Date of birth (Required) ____/____/____ Policy Holder's Address (if other than patient's): Phone _____ Relationship to Patient _____ Street Address _____ Apt # _____ City _____ State _____ Zip _____ Policy Holder's Employer (if other than patient's): _____ Phone _____ Street Address _____ Suite _____ City _____ State _____ Zip _____</p>
<p>Other Insurance Company _____ Phone _____ Street Address _____ Suite _____ City _____ State _____ Zip _____ ID # _____ Policy # _____ Group # _____ Policy Holder's Name (Required) _____ Date of birth (Required) ____/____/____ Policy Holder's Address (if other than patient's): Phone _____ Relationship to Patient _____ Street Address _____ Apt # _____ City _____ State _____ Zip _____ Policy Holder's Employer (if other than patient's): _____ Phone _____ Street Address _____ Suite _____ City _____ State _____ Zip _____</p>

AUTHORIZATION TO RELEASE INFORMATION AND ASSIGNMENT OF BENEFITS I authorize payments of medical benefits to the provider of services, rendered or to be rendered in the future, without obtaining my signature on each claim submitted, and the signature will bind me as though I personally signed the claim. I also authorize the release of any medical information necessary. I UNDERSTAND I AM RESPONSIBLE FOR ALL CHARGES. If this account SHOULD BE REFERRED TO A COLLECTION AGENCY, I will be responsible for any collection and/or legal fees. I have read and understand the office policy and procedures.

Responsible Party Signature

Relationship

Date



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Patient Financial Policy – Insured

Thank you for choosing Eaton Orthopaedics, LLC. Due to patient questions regarding their payment vs. insurance responsibility for services rendered, we have developed this financial policy. We encourage you to ask us any questions you may have about our policy.

Insurance: We participate in most insurance plans, including Medicare. If you are not insured by a plan that we currently accept, or you do not have a valid insurance card, you are welcome to take advantage of our self pay rates.

Co-Payments and Deductibles: All co-payments and deductibles must be paid in full at the time of service. This arrangement is part of your contract with your insurance company. Failure on our part to collect co-payments and deductibles from our patients can be considered fraud. Please help us uphold our agreement with your insurance company by paying your co-payment and/or deductible at each visit.

We always collect the **anticipated** office visit portion of your visit at check-in. This estimated fee amount **only** covers your time with the physician and/or any radiology needed. There are instances where additional, or less, time is required than anticipated and the actual fee will be adjusted when the claim is paid by your insurance company and a refund will be issued.

Non-Covered Services: Please be aware that some, and perhaps all, of the services you receive may not be covered or considered reasonable or necessary by Medicare or other insurers. You must pay for these services in full at the time of visit.

Proof of Insurance: All patients must complete our patient information form before seeing the doctor. We must obtain a copy of your valid driver's license and current valid insurance card as proof of insurance. If you fail to provide us with the correct insurance information in a timely manner you may be responsible for the balance of your claim.

Claims Submission: We will submit your claims and assist you in any way we reasonably can to help get your claims paid. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with their request. Please be aware that the balance of your claim is your responsibility whether or not your insurance company pays your claim. Your insurance benefit is a contract between you and your insurance company since we are not party to that contract.

Coverage Changes: If your insurance changes, please notify us before your next visit so we can make the appropriate changes to help you receive your maximum benefits. If you do not provide us with the correct insurance information in a timely manner, you will be responsible for the entire balance.

Nonpayment: If your account is over 120 days past due, you will receive a letter stating that you have 30 days to pay your account in full. Partial payments will not be accepted unless otherwise arranged. Please be aware that if a balance remains unpaid, we may refer your account to a collection agency.

Outstanding Balances: It is your responsibility to keep your account with us current. This includes all outstanding balances due resulting from co-pays, deductibles, non-covered services, billing adjustments, etc. that are reflected in your Explanation of Benefits received from your insurance company and billing statements received from us. You must pay these outstanding balances in full prior to seeing the physician for your next appointment. **Non-receipt of a statement(s) from us does not excuse your obligation to pay your outstanding balance.**

Signature of Patient or Legal Guardian

Relationship to Patient

Print Patient's Name or Legal Guardian

Date

KOOS KNEE SURVEY

Today's date: ____ / ____ / ____ Date of birth: ____ / ____ / ____

Name: _____

INSTRUCTIONS: This survey asks for your view about your knee. This information will help us keep track of how you feel about your knee and how well you are able to perform your usual activities.

Answer every question by ticking the appropriate box, only one box for each question. If you are unsure about how to answer a question, please give the best answer you can.

Symptoms

These questions should be answered thinking of your knee symptoms during the **last week**.

S1. Do you have swelling in your knee?

Never Rarely Sometimes Often Always

S2. Do you feel grinding, hear clicking or any other type of noise when your knee moves?

Never Rarely Sometimes Often Always

S3. Does your knee catch or hang up when moving?

Never Rarely Sometimes Often Always

S4. Can you straighten your knee fully?

Always Often Sometimes Rarely Never

S5. Can you bend your knee fully?

Always Often Sometimes Rarely Never

Stiffness

The following questions concern the amount of joint stiffness you have experienced during the **last week** in your knee. Stiffness is a sensation of restriction or slowness in the ease with which you move your knee joint.

S6. How severe is your knee joint stiffness after first wakening in the morning?

None Mild Moderate Severe Extreme

S7. How severe is your knee stiffness after sitting, lying or resting **later in the day**?

None Mild Moderate Severe Extreme

Pain

P1. How often do you experience knee pain?

Never	Monthly	Weekly	Daily	Always
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What amount of knee pain have you experienced the **last week** during the following activities?

P2. Twisting/pivoting on your knee

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P3. Straightening knee fully

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P4. Bending knee fully

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P5. Walking on flat surface

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P6. Going up or down stairs

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P7. At night while in bed

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P8. Sitting or lying

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

P9. Standing upright

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Function, daily living

The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities please indicate the degree of difficulty you have experienced in the **last week** due to your knee.

A1. Descending stairs

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A2. Ascending stairs

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

For each of the following activities please indicate the degree of difficulty you have experienced in the **last week** due to your knee.

A3. Rising from sitting

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A4. Standing

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A5. Bending to floor/pick up an object

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A6. Walking on flat surface

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A7. Getting in/out of car

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A8. Going shopping

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A9. Putting on socks/stockings

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A10. Rising from bed

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A11. Taking off socks/stockings

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A12. Lying in bed (turning over, maintaining knee position)

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A13. Getting in/out of bath

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A14. Sitting

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A15. Getting on/off toilet

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

For each of the following activities please indicate the degree of difficulty you have experienced in the **last week** due to your knee.

A16. Heavy domestic duties (moving heavy boxes, scrubbing floors, etc)

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A17. Light domestic duties (cooking, dusting, etc)

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Function, sports and recreational activities

The following questions concern your physical function when being active on a higher level. The questions should be answered thinking of what degree of difficulty you have experienced during the **last week** due to your knee.

SP1. Squatting

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SP2. Running

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SP3. Jumping

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SP4. Twisting/pivoting on your injured knee

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SP5. Kneeling

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Quality of Life

Q1. How often are you aware of your knee problem?

Never	Monthly	Weekly	Daily	Constantly
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q2. Have you modified your life style to avoid potentially damaging activities to your knee?

Not at all	Mildly	Moderately	Severely	Totally
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q3. How much are you troubled with lack of confidence in your knee?

Not at all	Mildly	Moderately	Severely	Extremely
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q4. In general, how much difficulty do you have with your knee?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you very much for completing all the questions in this questionnaire.



Knee Pain Questionnaire

Name: _____ Age: _____ Date: _____

Which knee has pain? Right Left Both

When did your present pain start (approximately what date)? _____

Was there a related injury/accident? Yes No Please explain: _____

Please describe how your pain started: No apparent cause

Have you had similar pain in the past? Yes No If yes, when? _____

Where is the pain located? Inside Outside Front Back

Please indicate how severe your pain is now (0=no pain to 10=worst pain) _____

Which of the following activities produces pain?

stairs squatting kneeling pivoting sitting getting up walking

How far can you walk before needing to rest? _____

Other _____

Which of the following symptoms do you have?

locking clicking swelling giving way none

Which of the following treatments have you used?

ice/heat NSAIDS (Motrin, Aleve, Celebrex) Tylenol physical therapy

Glucosamine/chondroitin sulfate Cortisone Injection

How much relief was provided? _____ How long did it last? _____

Do you use any of the following assistive devices?

brace crutches cane walker

Signature _____ Date _____