

Colorful Chickpea Lemon Salad

- 3 cans chickpeas, drained and rinsed
- 1 small red onion, finely diced
- 1 red bell pepper, finely diced
- ¼ cup roughly chopped flat leaf parsley
- ¼ cup extra virgin olive oil
- Juice from ½ lemon
- Salt & pepper to taste

Combine all ingredients & marinate for 4 hours minimum in the refrigerator. Bring to room temperature and adjust seasonings before serving.