

About

Julie Orlov has worked as a psychotherapist, coach, trainer, speaker, and consultant for over 24 years, helping people transform their lives. She started her career in clinical social work, treating individuals, couples, and families in private practice, guiding them to learn the importance of understanding and acceptance. She shows us that “understanding and accepting who we are today, empowers us to transform and create the life we choose.” In 1993, Julie created “Parenting Helpline” that served families in the South Bay area of Los Angeles, California. She has also served on the Alternative Dispute Resolution Panel of the Los Angeles Superior Court, providing mediation services.

As her career progressed, Julie began to work with leaders and teams so that relationships could thrive in organizations and businesses alike. As a consultant and trainer, she strongly believes in helping leaders develop the capabilities to make a positive difference in the lives of those they lead. She has worked with corporations, educational institutions, non-profit organizations, and small businesses, coaching and training people in various capacities including front line employees, educators, supervisors and managers, and CEO’s. She assesses the current business state, individual capabilities, and team building skills and helps organizations achieve their business goals.

While her life’s work has taken many paths, she is passionate about empowering others to create relationships that work. Julie continues to expand the ways in which she contributes to the community. She has written and published a variety of articles and has appeared on radio and television. Her books, programs and services provide an opportunity for people to grow and thrive within the context of human relationships. Her vision is to help create a global community in which we are all committed to each other’s well-being.

Julie Orlov holds a master’s degree in organizational leadership from Chapman University, a master’s degree in social work from University of Southern California, and a bachelor’s degree in psychology from University of California, Los Angeles. She is a member of the National Association of Social Workers and the American Society of Training and Development, Los Angeles, where she served as the 2010 president on the board of directors. She has also served as foundation chair for KindredSPIRITS, a humanitarian organization located in San Pedro, California.