

LAKE COUNTY INDIANA N.E.C.A. – I.B.E.W. HEALTH & BENEFITS PLAN

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PREVENTIVE HEALTH SCREENINGS

Dear Members, Retirees and Spouses,

We have contracted with Life Line Screening to offer complimentary state-of-the-art ultrasound screenings to members, retirees and their spouses over forty years old.

Life Line Screening's healthcare professionals will be conducting screenings at the IBEW Local 697 office building 7200 Mississippi Street, Merrillville, IN., Friday April 29th and Friday May 13th from 8am to 3:30pm.

How: You will be contacted by a Life Line Screening Customer Service Reps to help you to schedule into the event day that is convenient for you. You can also sign up by calling the toll free number, (866) 636-4359.

This package is a set of highly valuable screening services that will help you stay healthy. Eligible members will receive these screenings as a benefit. Life Line Screening will be conducting the Chronic Disease Screening package for covered individuals 40 years old and older, at no cost to you.

Chronic Disease Screening Package:

Four vascular screenings:

- 1) Carotid Artery/Stroke - Non-invasive ultrasound screening which detects plaque build-up in the major arteries of the neck, which is a leading cause of stroke.*
- 2) Abdominal Aortic Aneurysm (AAA) - Non-invasive ultrasound screening to detect an enlargement of the abdominal aorta, the largest artery in the body.*
- 3) Peripheral Arterial Disease (PAD) - Non-invasive Ankle-Brachial Index calculation to screen for lower extremity vascular disease, which is a significant risk factor for heart attack and stroke.*
- 4) Atrial Fibrillation - Non-invasive limb-lead EKG to screen for a common heart arrhythmia, which increases the risk of stroke 5-fold.*

Screenings Can Save Lives

Screenings can help to identify disease risk in the earliest stage, before it becomes life threatening. In most cases, disease can be avoided with simple life style changes and working with your personal physician. Take advantage of these important services provided to you. **All results are CONFIDENTIAL AND SENT ONLY TO YOU.**

Don't pass up this opportunity to take charge of your health.

Sincerely,

