

Welcome to the Transgender/GNC Resource List for the Last Frontier!

Information compiled by Mister Gay Alaska 2011-2012; 2015-2016 Danny Cockring of the Imperial Court of All Alaska

If you have Updates on information included in this packet please email Danny at danny_ashton2010@yahoo.com with TRP_UPDATE in the subject line.

If you are a Provider and would like to add or remove your information please email Danny at danny_ashton2010@yahoo.com with TRP_PROV_URGENT in the subject line.

If you belong to an Organization seeking permission on usage of this packet or a desire to include a link on another website please email Danny at danny_ashton2010@yahoo.com with TRP_ORG in the subject line.

For all other inquiries please email Danny at danny_ashton2010@yahoo.com with TRP_? in the subject line.

Last Updated: June 2018

ANCHORAGE RESOURCES

	Name	Phone #	Address	Website	Notes
Medical/ Therapy	Dr. Tracey Wiese Full Spectrum Health	907-229-9766	307 E Northern Lights Ste 201 Anchorage, AK 99503	www.fullspectrumhealthak.com	Accepts Medicaid
Medical	Providence Family Medicine	907-212-9300	1201 E. 36th Ave	https://alaska.providence.org/locations/f/providence-family-medicine-center	
Medical	Kimberly D. Kubick CNM, FNP Avante Medical Center LLC	907-770-6700	3851 Piper St. Anchorage, AK 211 E. Northern Lights Anchorage, AK	www.avantemedicalcenter.com	
Medical	Dr. Jeffery Kim Dr. Konrad Kaltenborn Endocrinologist	907-279-8486 907-272-2571	718 K. St. Anchorage, AK		Diabetic speciality
Medical	Dr. Merkouris Gynecologist	907-336-6375	AK Regional Hospital	http://www.merkouris.net/	
Medical	Planned Parenthood		Lake Otis	https://www.plannedparenthood.org/health-center/alaska/anchorage/99508/anchorage-health-center-3254-91810	
Medical	Dr. Lescher @ Southcentral Foundation	907-729-2689	4201 Tudor Centre Drive Anchorage, AK	https://www.southcentralfoundation.com/senices/	
Medical	Dr. Teresa Bormann	907-562-9229	1201 E. 36th Ave		
Medical	Maureen Brown ANP-C	907-561-1195	4050 Lake Otis Parkway Suite 111		
Medical	Dr. John Gillis	907-279-8486	2211 E. Northern Lights Blvd		
Medical	Dr. Jill Gaskill	907-279-8486	2211 E. Northern Lights Blvd		
Medical	Dr. Ulyana Stiassny	907-276-2803	188 W. Northern Lights Blvd		
Medical	Providence Acute Care or ER Dept. w/ Julia	907-212-5981			
Pediatric Medical	Polar Pediatrics	907-522-5437	603 W. Tudor Anchorage, AK 99503	https://www.polarpediatrics.com/	
Pediatric Medical	Dr. Susan Beesley	907-562-2423	3340 Providence Dr. Ste 500		
Pediatric Medical	Dr. Daniel Hibberd	907-777-1800	2925 Debarr Road #230		
Pediatric Medical	Dr. Mary Ann Jacob	907-274-0274	2841 Debarr Road Ste 45		
Pediatric Medical	Dr. Laurie Montano	907-770-7800	4048 Laurel St. Ste 306		
Pediatric Medical	Dr. Michele O'Fallon	907-770-7800	4048 Laurel St. Ste 306		
Pediatric Medical	Dr. Matthew Serna	907-562-2423	3340 Providence Dr. Ste 500		
Pediatric Therapy	Catherine Holt	907-952-0097	4400 Business Park Blvd Bld B. Suite 11 Anchorage, AK 3003 Minnesota St. #204 Anchorage, AK 99503	https://www.psychologytoday.com/us/the-rapists/catherine-anne-holt-anchorage-ak/285658	
Therapy	Chris Reynolds	907-279-9274	1400 W. Benson Suite 315 Anchorage, AK 99503	http://www.reynoldstherapy.com	
Therapy	Greatland Clinical Associates	907-929-4009	1400 W. Benson Suite 315 Anchorage, AK 99503	http://greatlandclinicalassociates.com/	
Therapy Therapy (trauma speciality)	Dr. Sylvia Condy Licensed Clinical Psychologist White Raven Center	907-333-5333 907-333-4478	505 W. Northern Lights Ste 112 Anchorage, AK 99503	https://www.topnpi.com/ak1619099439/dr-sylvia-condy http://www.whiteravencenter.org	

Therapy	Ebony McClain-Owens	907-602-0305	1130 W. 6th Ave Ste. 101 Anchorage, AK 99501	https://www.ebonycounseling.com/	
Therapy	Eden Lunsford & Fireweed Counseling	907-830-9633	4141 B. St. Suite 301 Anchorage, AK 99503	https://fireweedcounselingandwellness.com/about/	
Therapy (tuma speciality)	Christine Sam	907-868-3677	431 W. 7th Ave Suite 106 Anchorage, AK 99501	http://www.anchoragetraumacounseling.com/	Spanish speaking as well
Therapy	Sarah Leavitt	907-227-8001	110 W. 15th Ave Suite A Anchorage, AK 99501	https://www.counselinganchorage.com/	
Therapy	Tami Lubitsh	907-317-9442	324 5th Ave Anchorage, AK 99501	http://www.lubitsh.com/	
Therapy	AEON Counseling	907-562-4606	4325 Laurel St. Suite 297A Anchorage, AK	http://www.aeoncounseling.com/index.php?option=com_content&view=frontpage&Itemid=1	
Therapy	Arctic Owl Counseling, LLC	907-223-4374	4325 Laurel St. Suite 297B Anchorage, AK	www.arcticowlcounseling.com	
Therapy	Chantal Cohen Therapy, LLC	907-346-0252		ChantalCohenTherapy.com	
Chiropractic	Parliament Chiropractic David Parliament	907-222-5100	2665 East Tudor Rd. Suite 201 Anchorage, AK 99507	http://parliamentchiropractic.com/	
Optometry	Adventures in Eye Care Brian Cin, OD	907-333-6040	6901 Debarr Rd, Suite 1C	http://www.adventuresineyecare.com/#4	
Massage	Hands On Health & Wellness	907-317-5311	2601 Boniface Parkway Suite 4 Anchorage, AK 99504	https://www.facebook.com/HandsOnHealthandWellness/	by appointment only; most insurance accepted
Hair	Regis Hair Salon Shawn McLyons	907-279-7009	5th Ave Mall		
Hair	Salon DaVinci	907-562-4247	808 E. 36th Ave	www.salondavinciak.com	
Nails	Today's Nails & Spa Tom	907-272-7979	1370 W. Northern Lights Blvd Anchorage, AK		
Day Spa	The Skin Bar	907-720-7828	510 W. Tudor Rd. Anchorage, AK	https://www.theskinbar.net/contact-2/	
Laser Hair Removal	Solar Laser Sonata Spa	907-562-0951	3901 Old Seward Hwy Anchorage, AK	http://solarlaser.com/	
Electrolysis	Nataliya	907-279-7190	4050 Lake Otis Parkway	https://sonataspa.com/	
Gastric Bypass	Dr. Michael Todd Alaska Bariatric Center	907-929-4263	1200 Airport Heights Dr. Suite 278 Anchorage, AK 99508	www.alaskabariatriccenter.com	
HIV/AIDS Case Management	Alaskan Aids Assistance Association (4As)	907 263-2050	1057 W. Fireweed, Suite 102 Anchorage, AK	www.alaskanids.org	
Fitness	Planet Fitness Gym	907-444-4400	Various	www.planetfitness.com	
Sexuality	Alaska Center for Alternative Lifestyles (ACAL)		430 W. 3rd Ave Anchorage, AK	http://alaskakink.com/contact-us/	
Sexuality	Pure Romance with Tara	907-646-7892		https://www.pureromance.com/special-pages/consultant/consultant-profile?Name=TaraLampert	
Bar	Mad Myrna's	907-276-9762	530 E. 5th Ave Anchorage, AK	https://www.facebook.com/pg/madmyrnasak/about/	
Bar	The Raven	907-276-9672	708 E. 4th Ave Anchorage, AK	https://www.facebook.com/TheRavenAK	
Spirituality	MCC Last Frontier	907-764-1954	2311 Pembroke St. Anchorage, AK, 99504	http://www.mcclastfrontier.org/	Sundays 3-4pm

GREATER ALASKA RESOURCES

	Name	Phone #	Address	Website
Medical	Northwoods Family Medicine	907-357-9400	1301 E. Palmer-Wasilla Hwy, suite B Wasilla, AK	www.nwfm-ak.com
Medical	Dr. Moll	907-264-2000	Wasilla	
Therapy	Sirpa T. Gorman	907-720-1878	Eagle River	http://www.alaskatherapy.com/
Case Management	Four A's of Juneau	907-586-6089	174 S. Franklin Street, #207 Juneau, AK	www.alaskan aids.org
Medical	Planned Parenthood of Alaska		Various	
Medical	Mayer Clinic	(907) 457-5050	1867 Airport Way Suite 120B Fairbanks, AK 99701	http://www.mayerclinic.net
Medical	Chena Health	907-456-8191	1919 Lathrop Street, Suite 222 Fairbanks, AK 99701	https://www.chenaobgyn.com/

must say the patient is trans when booking your first appointment because she won't take new patients otherwise.

WEBSITE RESOURCES

Name	Website	Resource Type
Alaska 211: Information & Referral Specialists	www.alaska211.org	Information on medical info in AK
Endocrine Society	www.endo-society.org	Hormone Health
FTM International	www.ftmi.org	FTM Life
Underworks	www.underworks.com	Binders & Undergarments
Gender Odyssey	http://www.genderodyssey.org/	Conferences
GLADD	https://www.glaad.org/transgender	National News & Connections
Human Rights Campaign	http://www.hrc.org/hrc-story	National News & Connections
Transgender Road Map	http://www.tsroadmap.com/index.html	How-To & Legal Info
Transgender Health	http://www.trans-health.com/	Health Resources
Phillidelphia Center for Surgery	http://www.thetransgendercenter.com/	Surgery
Allure Esthetic w/Dr. Sajan	https://www.allureesthetic.com/transgender/	Surgery
Change of Name	http://www.courts.alaska.gov/shc/family/shcname.htm	Legal
Social Security Offices	http://ssofficeLocations.com/Alaska/	Legal
DMV for Name & Gender Change	http://doa.alaska.gov/dmv/	Legal
Voter Registration	https://voterregistration.alaska.gov/Registration/RegistrationDetails?haveValidAKDL=true	Legal
Voter Registration Update	https://myvoterinformation.alaska.gov/	Legal
Alaska Court Legal Forms Home	http://courts.alaska.gov/forms/index.htm	Legal
Change of Name Packet	https://public.courts.alaska.gov/web/forms/docs/civ-699.pdf	Legal
	https://public.courts.alaska.gov/web/forms/docs/civ-700.pdf	Legal
	https://public.courts.alaska.gov/web/forms/docs/vs-405.pdf	Legal
Request to Waive Posting Adult Name Change	https://public.courts.alaska.gov/web/forms/docs/civ-708.pdf	Legal
Request to Waive Posting Child Name Change	https://public.courts.alaska.gov/web/forms/docs/civ-709.pdf	Legal
Request to Seal Records	https://public.courts.alaska.gov/web/forms/docs/ff-800.pdf	Legal
Remove from Courtview	https://public.courts.alaska.gov/web/forms/docs/ff-805.pdf	Legal
Exemption from Payment of Fees	https://public.courts.alaska.gov/web/forms/docs/ff-920.pdf	Legal
Marriage License Info	https://public.courts.alaska.gov/web/forms/docs/vs-361.pdf	Legal
Marriage License Application	http://dhss.alaska.gov/dph/VitalStats/Documents/marriage/Marriage_License.pdf	Legal
Birth Certificates in Alaska	http://dhss.alaska.gov/dph/VitalStats/Pages/birth/default.aspx	Legal
Vital Records for Other States	https://www.cdc.gov/nchs/w2w/index.htm	Legal

TRANS GROUPS & SUPPORT

Organization	Contact Info			
Gay & Lesbian Community Center/ Identity	907-929-4528	336 East 5th Ave Anchorage, AK	www.identityalaska.org	
ATC- Anchorage Transgender Community	907-929-4528	336 East 5th Ave Anchorage, AK	https://identityalaska.org/gender-identity/support-groups/	Meetings on Fridays @ 6pm
TLA- Transgender Leadership Alaska	transleadershipalaska@gmail.com		https://www.facebook.com/TransLeadershipAlaska/	Meetings vary- please check FB
Imperial Court of All Alaska		Mad Myrna's	http://www.impcourtak.org/	Meetings vary- please check FB or website
Gender Pioneers - Fairbanks			www.genderpioneers.org	
Pride Foundation			https://www.pridefoundation.org/	
Last Frontier Mens Club			http://lffmc.com/	
Transparent			https://identityalaska.org/event/transparent-7/	
Translution			https://identityalaska.org/youth/translution/	
SAGE (GLBTQA+ Elders)			https://identityalaska.org/sage-alaska/about-sage-alaska/	
GLBTQA+ AA Group	907-929-4528	336 East 5th Ave Anchorage, AK	https://identityalaska.org/resources/	Meetings on Mondays @ 6pm
Snow Queens			https://www.facebook.com/snowqueensofalaska/	
GLBTQA+ Veteran Care Coordinator			https://www.patientcare.va.gov/LGBT/index.asp	
Connecting the Gap				
SEAGLA - south east			https://www.seagla.org/	
Community Roots Wrangle			https://www.facebook.com/groups/409237052751232/?fref=gc&dti=1720665804823452&hc_location=ufi	
Alaskans Together for Equality			http://www.alaskanstogether.org/	
STAR	907-276-7279	1057 W. Fireweed Lane, Suite 230 Anchorage, AK	http://www.staralaska.com/	
Aurora Pride				
Qclub Anchorage			https://identityalaska.org/youth/q-club-anchorage/	
Qclub in the Valley			https://identityalaska.org/youth/q-club-valley/	
Christians for Equality			http://christiansforequality.org/	
UAF Generation Action			https://www.facebook.com/Generation-Action-at-UAF-302067735017/	
UAF Gender & Sexuality Allianxe			https://www.facebook.com/gsa.uaf/	
Teen Shelter- Fairbanks (The Door)			https://www.fairbanksyouthadvocates.org/the-door/	
UAA Generation Action & Drag +			https://www.facebook.com/generationactionuaa/	
UAA Safe Zone			https://www.facebook.com/UAAsafezone/	
COR (GLBTQA+ Teen Housing)			http://www.choosingourroots.org/	
Transmen of the North			https://www.facebook.com/TransMenOfTheNorth/	

SUICIDE PREVENTION HOTLINES

Name	Phone #	Website
24 hour Alaska Crisis Hotline	907-563-3200 1-877-266-HELP Text "4help" to 839863 to text (text hours Tuesday – Saturday 3pm-11pm)	www.carelinealaska.com
AK Careline		
National Suicide Prevention Lifeline	1-800-273-8255	www.suicidepreventionlifeline.org
Trans Lifeline Suicide Prevention	1-877-565-8860	
Trevor Project GLBT Youth Specific	1-866-488-7386	
Unsañ Jan – CITC Suicide Prevention Program	907-793-3224	http://citci.org/recovery/unsah-jan-prevention/
Crisis Intervention Team (CIT Officers)	907-786-8900 or 911	
Alaska 211: Information & Referral Specialists	211	www.alaska211.org